

**January 8, 2026**

- 9:00-10:30 AM Coalition Meeting
- 10:30-11:00 AM Board Meeting

## AGENDA

- I. Welcome & Introductions
- II. Presentation: Nicole MacHattie, Lived Experience Story: Overcoming Trauma and the Strength to Keep Going
- III. CTSAB Business Reports (Minutes approval)
  - Statewide News/Updates from Tri-Chairs – State Plan
  - Suicide-related Grant Initiative Updates – Comprehensive Suicide Prevention Grant
  - Statewide Announcements of Upcoming Events/Trainings to highlight from Regional Suicide Advisory Boards (RSABs), Committees and Foundations
- IV. Review of Activities since last report out
  - Committees
    - Armed Forces – Governor’s Challenge
    - Data to Action
  - RSABs
    - Southern – Region 1 – Catalyst | The Hub
    - South Central – Region 2 – BHCare | Alliance for Prevention and Wellness
- V. Updates from Awareness Campaign/Website/Outreach efforts
- VI. Close of Coalition Meeting
- VII. Board Meeting

### 2026 Meeting Dates/Presentations (2<sup>nd</sup> Th. monthly):

2/12: (state holiday, no meeting)

3/12: Dena Miccinello-Barbarula The Intersectionality of Suicide Prevention and Problem Gambling

4/9: Megan Avery and Laura Vandermeulen, DMHAS MSW Interns, Research on AI and Youth Mental Health

5/14: State Conference (*Registration required*)

6/11: Christine Cha, Ph.D., Yale Child Study Center, New Research in the Field of Suicide and Capturing the Youth Perspective

7/9: TBD

8/13: James Geisler, Ph.D., JG Consulting, Joiner Theory and New Research

9/10: (World Suicide Prevention Day) Paula Gill-Lopez, Self Care and Wellness Practices for Suicide Prevention and Mental Health Specialists

10/8: Lisette Rimer, Author, Back From Suicide: Personal Story of Suicide Loss

11/12: Elisha Logan, Suicide prevention and use of the Columbia Suicide Severity Rating Scale (C-SSRS) in the veteran population

12/10: Year End Committee Summaries

### Join Zoom Meeting

Meeting ID: 817 2710 9264

Passcode: 520558

One tap mobile

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(New York)

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## Regional Suicide Advisory Board Contacts

### Contact for meeting details

#### **Region 1-Southern:**

*Caitlyn Koripsky, Program Manager*

*Catalyst CT | The Hub*

*2470 Fairfield Ave., 3rd fl.*

*Bridgeport, 06605*

*Ph. 203-579-2727*

*Email [ckoripsky@catalystct.org](mailto:ckoripsky@catalystct.org)*

*Website [www.catalystct/the-hub.org](http://www.catalystct/the-hub.org)*

*Towns: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton*

#### **Region 2-South Central:**

*Pamela A. Mautte, Director*

*Taylor Gainey, Suicide Prevention Coordinator*

*Alliance for Prevention & Wellness (APW)/*

*A Program of BH Care*

*127 Washington Ave. 3rd Fl. West*

*North Haven, CT 06483*

*Ph. 203-736-8566*

*Fx. 203-736-2641*

*Email [pmautte@bhcare.org](mailto:pmautte@bhcare.org) or [tgainey@bhcare.org](mailto:tgainey@bhcare.org)*

*Website [www.apw-ct.org](http://www.apw-ct.org)*

*[www.facebook.com/apwct](http://www.facebook.com/apwct)*

*[www.twitter.com/apwct](http://www.twitter.com/apwct)*

*Towns: Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge.*

#### **Region 3-Eastern:**

*Mark Irons, Executive Director*

*Danielle Amaral, Program Manager*

*Southeastern Regional Action Council (SERAC)*

*228 West Town St.*

*Norwich, CT 06360*

*Ph. 860-848-2800*

*Email [mirons@seracct.org](mailto:mirons@seracct.org) and [damaral@seracct.org](mailto:damaral@seracct.org)*

*Website [www.seracct.org](http://www.seracct.org)*

*Towns: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, East Lyme, Eastford, Franklin, Griswold, Groton, Hampton, Killingly, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Montville, New London, North Stonington, Norwich, Old Lyme, Plainfield, Pomfret, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Willington, Windham, Woodstock.*

#### **Region 4-North Central:**

*Allyson Nadeau, Executive Director*

*Nicole Bengtson, Program Manager*

*Amplify, Inc.*

*178 Oakwood Drive*

*Glastonbury, CT 06033*

*Ph. 860-267-5439 (860-Amp-lify)*

*Email [anadeau@amplifyct.org](mailto:anadeau@amplifyct.org) or [nbengtson@amplifyct.org](mailto:nbengtson@amplifyct.org)*

*Website [www.amplifyct.org](http://www.amplifyct.org)*

*Towns: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Kensington, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks.*

#### **Region 5-Western:**

*Allison A. Fulton, Executive Director*

*Abby Wood Maldonado, Behavioral Health Director*

*Western CT Coalition*

*27 Siemon Company Drive, Suite 304 West*

*Watertown, CT 06795*

*Ph. 203-743-7741*

*Email [afulton@WCTCoalition.org](mailto:afulton@WCTCoalition.org) or [amaldonado@wctcoalition.org](mailto:amaldonado@wctcoalition.org)*

*Website [www.WCTCoalition.org](http://www.WCTCoalition.org)*

*Towns: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Winsted, Wolcott, and Woodbury.*

