

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** October 9, 2025

**Location:** Zoom Virtual Meeting

**Present:** Zachary Adams (United Way CT), Dani Amaral (SERAC), Gillian Anderson (My Friend Abby), Megan Avery (DMHAS), Gerry Baird (Clifford Beers), Jeanette Baker (United Way CT), Scott Barton (SPRC), Rebekah Behan (CHDI), Nicole Bengtson (Amplify), Kate Bohannon (CSDE), Kevin Borrup (CT Children’s), Stephanie Bozak (DCF), Haley Brown (DMHAS), Shykina Brown (Yale), Kevin Burns (CT DOT), Kali Cavanaugh (JBCSSD), Kathleen Chapman (CT Psychological Assn.), Heather Clinger (Wheeler), Sara Darlagiannis, Alice Demeo (DCF), Anastasiya Domnich-Kovalesky (Torrington Area Health District), Amy Evison (CHR), Brianna Herrera (Norwalk Health Dept.), Emma Hollis (Western CT Coalition), Russ Iger (Coventry PD), Kevin Iglesias (Catalyst CT/Western CT Coalition), Mark Irons (SERAC), Angela Jimenez (DPH), Angie Karwowski (Bristol-Burlington Health District), Caitlyn Koripsky (Catalyst CT), Amanda Kriz (Carelon Behavioral Health), Kelly Leppard (DMHAS), Elisha Logan (Homes for the Brave), Susan Logan (DPH), Steve MacHattie (Charter Oak Family Ctr), Mike Makowski (DPH), Abby Maldonado (Western CT Coalition), Lesley Mara (CSCU), Jessica Markure (VHA), Patrick McCormack (Uncas Health District), Amanda Mihaly (UConn SSW/DMHAS), Wendy Mill (Governor’s Prevention Partnership), Allyson Nadeau (Amplify), Katie O’Neil, Lucy Orellano (OCA), Ashley Perreira (Hartford Healthcare), Natasha Randolph (VA CT), Marie Lisette Rimer (Author), Richard Siddall (SMART Recovery), Cathy Sisco (Wheeler), Rebecca Sorornejad, Alyeska Tilly (United Way CT), Laura Vandermeulen, Kristen Volz-Spessard (CT Children’s), Emmalyn Walenda (SERAC), Marissa White (CHQIS) and LoriBeth Williams (DSS).

| AGENDA ITEM/TOPIC   | SUMMARY OF DISCUSSION  | OUTCOME/ACTION /RESPONSIBLE |
|---|--|-----------------------------|
| <b>I. Welcome and Introductions</b>   | CTSAB tri-chair Stephanie Bozak welcomed attendees   |                             |
| <b>II. Presentation</b><br><br><i>Serving Youth with Suicidal Ideation</i><br>Shykina Brown, PsyD<br>Juvenile Justice Mental Health Program<br>Assistant Professor<br>Yale School of Medicine<br><br><a href="mailto:shykina.brown@yale.edu">shykina.brown@yale.edu</a> | <ul style="list-style-type: none"> <li>- Dr. Brown is a licensed Clinical Psychologist, the program director for Yale’s Juvenile Justice Mental Health Program, and Assistant Professor at Yale School of Medicine</li> <li>- Juvenile Justice and Mental Health Program is contracted by the Judicial Branch Court Services Division</li> <li>- <b>Presentation: Dialectical Behavioral Therapy (DBT) for Justice-Involved Youth</b> <ul style="list-style-type: none"> <li>o Introduction:                             <ul style="list-style-type: none"> <li>▪ Suicide is one of the leading causes of death among youth</li> <li>▪ Suicide prevention in Justice settings require structure</li> <li>▪ DBT allows us to give youth tools needed to manage crises skillfully rather than just containment</li> </ul> </li> <li>o Why Justice-involved Youth?                             <ul style="list-style-type: none"> <li>▪ Experience many overlapping issues: trauma, neglect, exposure to community violence, system inequities, stressful and unpredictable environments, emotional dysregulation, etc.</li> <li>▪ Overrepresentation of youth from marginalized communities</li> </ul> </li> </ul> </li> </ul> |                             |

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|                   | <ul style="list-style-type: none"> <li>▪ There is a need for a focus on skill-building</li> <li>○ Core principles of DBT               <ul style="list-style-type: none"> <li>▪ Developed by Dr. Marsha Linehan for chronic suicidality and self-harm                   <ul style="list-style-type: none"> <li>• Combines ideas of acceptance and validation</li> <li>• Targets emotional dysregulation through structured training</li> </ul> </li> </ul> </li> <li>○ Core principles of DBT               <ul style="list-style-type: none"> <li>▪ Individual therapy, coaching support, skills training groups, consultation team                   <ul style="list-style-type: none"> <li>• Frontline staff are also engaged in this effort to prevent burn-out and allow staff to come together to discuss how the model is being used with youth</li> </ul> </li> </ul> </li> <li>○ 4 core skills of DBT Module– Mindfulness, Distress Tolerance, Emotion Regulation, Interpersonal Effectiveness               <ul style="list-style-type: none"> <li>▪ <b>Chain analysis</b> – used after an incident to identify precursing triggers, thought patterns, or decision points to understand how to prevent similar situations in the future</li> </ul> </li> <li>○ DBT and suicide prevention               <ul style="list-style-type: none"> <li>▪ Suicide prevention is an integration of treatment</li> <li>▪ Skills are applied before, during, and after high-risk moments</li> <li>▪ Crisis → DBT intervention → Coping</li> </ul> </li> <li>○ Crisis skills in action               <ul style="list-style-type: none"> <li>▪ <b>STOP Skill:</b> Stop, take a step back, observe, proceed mindfully</li> <li>▪ <b>TIP Skill:</b> work to change body temperature; intense exercise, paced breathing, dipping face in cold water or using an icepack                   <ul style="list-style-type: none"> <li>• Changes physiological response to distract from the emotional thoughts and behaviors that may follow</li> </ul> </li> <li>▪ <b>Self-soothing:</b> using senses to manage distress</li> </ul> </li> <li>○ Cultural responsiveness in DBT               <ul style="list-style-type: none"> <li>▪ Critical to make DBT work                   <ul style="list-style-type: none"> <li>• E.g. adapt the language, cultural identity and community context</li> </ul> </li> <li>▪ Address systemic mistrust and stigma in justice-involved populations</li> <li>▪ Use culturally relevant metaphors</li> </ul> </li> </ul> |                             |

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|                   | <ul style="list-style-type: none"> <li>▪ Include family or mentors in coaching sessions</li> <li>▪ Recognize racism, discrimination, and socioeconomic stressors</li> <li>▪ Cultural responsiveness allows more engagement and trust, therefore more likely to apply what is learned</li> <li>○ Evidence and impact               <ul style="list-style-type: none"> <li>▪ Studies show DBT reduces self-harming behaviors and suicidal attempts in adolescents                   <ul style="list-style-type: none"> <li>• Improved emotional stability and greater engagement in programs in judicial system</li> </ul> </li> <li>▪ System-level benefits</li> <li>▪ Enhances rehabilitation outcomes and reduces recidivism risk</li> <li>▪ Supports safer environments for staff and youth</li> <li>▪ Facilitates smoother reentry and community integration</li> </ul> </li> <li>○ Implementation considerations               <ul style="list-style-type: none"> <li>▪ Implementation takes commitment                   <ul style="list-style-type: none"> <li>• Staff training and ongoing consultation are essential</li> <li>• Fidelity monitoring ensures quality and sustainability</li> </ul> </li> <li>▪ Integration with existing trauma-informed and behavioral health programs</li> <li>▪ Support from leadership is important</li> </ul> </li> <li>○ Summary:               <ul style="list-style-type: none"> <li>▪ DBT transforms moments of crisis into opportunities for change</li> <li>▪ Justice involved youth benefit from structure, validation and accountability</li> <li>▪ Clinical and cultural adaptation is essential</li> </ul> </li> <li>- Questions:               <ul style="list-style-type: none"> <li>○ Stephanie Bozak: Could you touch on the differences between self-harm and suicidal ideation and how they are not always related?                   <ul style="list-style-type: none"> <li>▪ Answer-Youth experience self-harm and ideations. Difference is self-harm can be attached to behavioral need or behavioral component – understand where self-harm is coming from.</li> </ul> </li> <li>○ Marissa White: Can you speak about the bridge to reentry and how DBT is maintained once individuals go back into the community?                   <ul style="list-style-type: none"> <li>▪ Answer- focus on real life examples – when allowing kids to bring in own examples, they can apply skills in a more realistic manner – they have home passes, going out to get jobs or experiencing</li> </ul> </li> </ul> </li> </ul> |                             |

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|  | <p>outings where they can use the skill and come back to the therapist to talk about their application of skills / how they can improve. Helps us understand youth and provide applicable skills versus what we think is necessary.</p> <ul style="list-style-type: none"> <li>○ Jeanette Baker – Would one of goals be getting other communities to implement this? <ul style="list-style-type: none"> <li>▪ Answer – Judicial system does a good job streamlining with kids in the centers and back to residential programs. Some step-down programs are using DBT. DBT training is easy to get, and great tool set to have when talking about suicide prevention in this population.</li> </ul> </li> </ul> <p>To view the presentation, visit: <a href="https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/DBT_and_JJ_Youth_Presentation-CTSAB.pdf">https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/DBT_and_JJ_Youth_Presentation-CTSAB.pdf</a></p>   |                             |
| <p><b>III. CTSAB Business Reports (Minutes approval)</b></p> | <p>Cathy Sisco moved to approve the September 11, 2025, minutes. Lesley Mara seconded. Minutes approved.</p> <p><b>Statewide News/Updates from Tri-Chairs - State Plan</b></p> <ul style="list-style-type: none"> <li>- CT State Suicide Prevention Plan 2030 is continuing to be worked on</li> <li>- Efforts to ensure new plan is not as academic as past plans</li> <li>- Making it streamlined to use as a guide to utilize in all settings or functions</li> </ul> <p><b>Suicide-related Grant Initiative Updates – 988 Contact Center Specialist Workforce Education</b></p> <ul style="list-style-type: none"> <li>- <b>Zachary Adams – Training and Outreach Manager at United Way of Connecticut</b><br/><a href="mailto:Zachary.Adams@ctunitedway.org">Zachary.Adams@ctunitedway.org</a></li> <li>- 988 Crisis contact specialist training overview <ul style="list-style-type: none"> <li>○ In-Person Training structure <ul style="list-style-type: none"> <li>▪ Week 1: Orientation for all staff <ul style="list-style-type: none"> <li>• All departments in health and human services</li> <li>• Training on how to provide empathy, respect to callers, work with challenging callers, become mandated reporters, core required trainings, and more</li> </ul> </li> <li>▪ Week 2 and 3 : Crisis and Basic Needs staff receive core I&amp;R training</li> </ul> </li> </ul> </li> </ul> |                             |

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|                   | <ul style="list-style-type: none"> <li>• All staff learn to assess information and provide appropriate resources through 211 data bases</li> <li>• Resources include topics of food, income, employment, disabilities, youth, older adults, substance use, domestic violence, etc.</li> <li>▪ Week 4-5 : Crisis staff go to core crisis training               <ul style="list-style-type: none"> <li>• Independent online lifeline modules, supplemented with live in person training</li> </ul> </li> <li>▪ Week 5-8 : Staff are taking live crisis calls with coach               <ul style="list-style-type: none"> <li>• Staff start mock calls and simulation practice</li> <li>• Week 8 : Staff will sit for approval with supervisor</li> </ul> </li> <li>○ Training mediums used to touch on all different learning styles:               <ul style="list-style-type: none"> <li>▪ E.g., enhanced PowerPoints, videos, mock calls, interactive listening, discussion groups, games, hands on activities, 988/Reflex AI simulations, call shadowing, call handling w/ coach support, third party programs (Kahoot, ReflexAI, Relias), 988 lifeline learning trainings</li> </ul> </li> <li>○ Process improvement               <ul style="list-style-type: none"> <li>▪ Feedback forms on overall training, individual training, and the individual trainer/coach</li> <li>▪ All trainings are periodically reviewed/shadowed by training team</li> </ul> </li> <li>○ Positive outcomes               <ul style="list-style-type: none"> <li>▪ Orientation satisfaction average rating of 4.8 / 5</li> <li>▪ Overall training satisfaction average rating 4.6 / 5</li> </ul> </li> </ul> <p>To view the presentation, visit: <a href="https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_Presentation_United_Way.pdf">https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_Presentation_United_Way.pdf</a></p> <p><b>Statewide Announcements of Upcoming Events/Trainings to highlight from Regional Suicide Advisory Boards (RSABs), Committees and Foundations</b></p> <ul style="list-style-type: none"> <li>- CT Clearinghouse educational forums               <ul style="list-style-type: none"> <li>○ Educational Forums:                   <ul style="list-style-type: none"> <li>▪ October 16<sup>th</sup> - Survivor-Centered, Trauma-Informed Complexities and Considerations for Working with Domestic Violence Survivors</li> </ul> </li> <li>○ In-person Mental Health First Aid training coming soon</li> </ul> </li> </ul> |                             |

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|  | <ul style="list-style-type: none"> <li>○ <a href="#">CT Clearinghouse Calendar of Events   CT Events &amp; Trainings</a></li> <li>○ October is Prevention Month, Overdose Awareness month and Domestic Violence Awareness month</li> <li>- My Friend Abby               <ul style="list-style-type: none"> <li>○ Fundraising event October 24<sup>th</sup> - “Share your Light” at Two Roads Brewery in Stratford, CT</li> <li>○ Speakers include– Stephanie Szostak (Author and Actress), Dr. Kristin Rodriguez (Yale School of Nursing), and Caitlyn Koripsky (Catalyst CT)</li> <li>○ Tickets found at <a href="http://www.myfriendabby.org">www.myfriendabby.org</a></li> </ul> </li> <li>- Marie Lisette Rimer – Presentation at Putnam Library, Wednesday, November 5, 2025               <ul style="list-style-type: none"> <li>○ Speaking about her book <i>Back From Suicide: Before and After the Essential Patrick</i>, her son’s story, suicide theory, and a discussion of suicide and attempts in the eastern CT area</li> </ul> </li> </ul>  |                             |
| <p><b>IV. Review of Activities since last report out</b></p> | <p><b><u>Committees</u></b></p> <ul style="list-style-type: none"> <li>- <b>Education and Advocacy</b> <ul style="list-style-type: none"> <li>○ Focused on booking speakers for 2026</li> <li>○ Trying to get ahead of legislative session</li> <li>○ Working to prepare toolkits and resources for individual advocacy efforts</li> <li>○ Next meeting is Thursday, November 6, 1:00pm</li> </ul> </li> <li>- <b>Lethal Means</b> <ul style="list-style-type: none"> <li>○ Continuing work on firearms education and awareness</li> <li>○ Working on scheduling webinar in partnership with NSSF</li> <li>○ Creating a 6-minute PowerPoint to be added into any training (e.g. permit classes or law enforcement training)</li> <li>○ Signage program               <ul style="list-style-type: none"> <li>▪ Tracking QR code data to see if signs are used for information and support</li> </ul> </li> <li>○ Hoping to publicize work of signage group to get more information through articles or presentations</li> </ul> </li> <li>- <b>Zero Suicide</b> <ul style="list-style-type: none"> <li>○ Had an in-person meeting on September 24 with 28 attendees</li> <li>○ Presentations were well received and elicited helpful discussion</li> </ul> </li> </ul> |                             |

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|   | <ul style="list-style-type: none"> <li>▪ Discussed pathways to care</li> <li>▪ Prevention panel from RSABs</li> <li>▪ Treatment Panel</li> </ul> <p><b><u>RSABs</u></b></p> <ul style="list-style-type: none"> <li>- <b>Eastern – SERAC</b> <ul style="list-style-type: none"> <li>○ Serve 41 towns in Eastern CT</li> <li>○ Regional Suicide Advisory Board meets on the first Tuesday of the month at 9:00am</li> <li>○ Recent presentations involved: veteran community, affirming care in suicide prevention in LGBTQIA+, and support groups for family members, caregivers and loved ones struggling with suicidal ideation and self-harm</li> <li>○ Offers a menu of suicide and postvention training throughout the region</li> <li>○ Highlights                             <ul style="list-style-type: none"> <li>▪ QPR Training with Scouts of America in Ashford, Cornerstone Baptist church (counseling ministry), and suicide prevention work at Quinebaug Valley Community College</li> <li>▪ Many school entities are training staff – Woodstock Academy, ECSU, Mitchell College</li> <li>▪ QPR training for general region and some specific towns</li> </ul> </li> <li>○ Group Highlight                             <ul style="list-style-type: none"> <li>▪ Norwich Free Academy (NFA) is working on postvention policy and crisis preparedness                                     <ul style="list-style-type: none"> <li>• A group of theater students performing “The Children’s Hour” in the end of November- heavy themes of LGBTQIA+ and suicide   <ul style="list-style-type: none"> <li>○ SERAC will be tabling at all shows</li> </ul> </li> <li>• Many of those students participated in QPR training</li> </ul> </li> </ul> </li> <li>○ SERAC fundraising opportunity: partnering with a local tattoo shop for a flash day event Saturday, October 11, 2025, for mental health promotion</li> </ul> </li> </ul> |                             |
| <p><b>V. Updates from Awareness Campaign / Website / Outreach efforts</b></p> | <ul style="list-style-type: none"> <li>- <a href="https://www.preventsuicide.org/">https://www.preventsuicide.org/</a> had over 5,000 page visits in September                             <ul style="list-style-type: none"> <li>○ Top three pages visited: materials page, 988 page, and protective factors page</li> </ul> </li> <li>- Awareness campaign on Governor’s Challenge</li> </ul>   |                             |

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|---------------------------------------|---|--|--------|--|---------|-------|--|------|----------|-----------------------------|-------|---------|------------------------|-----------|-------|-----------------------------------|-------|-------|----------------------------|----------|---------|------------------------------|-----|--------|----------------------------|------|------|----------------------------|-------|-------|---------------------------|-------|-----------|---------------------------|------|-----------|----------------------|--------|------|------------------------------------|--|
|                                       | <ul style="list-style-type: none"> <li>○ Three new videos targeting service members, families, and the veteran population <a href="https://www.preventsuicidect.org/get-materials/audio-video/">https://www.preventsuicidect.org/get-materials/audio-video/</a></li> <li>- Stephanie Bozak shared that voting members are in the process of determining how to cohesively track data across various state departments supporting suicide prevention. A draft spreadsheet:               <ul style="list-style-type: none"> <li>○ Acts as one place to show prevention efforts and identify areas for change</li> <li>○ Spreadsheet consists of 3 tabs:                   <ul style="list-style-type: none"> <li>▪ Tab 1 - prevention event dates, funder, location, type of marketing / initiative, platform, target audience, point of contact, results, notes / other details</li> <li>▪ Tab 2 - monthly website hits</li> <li>▪ Tab 3 – list / menu of available trainings and target populations</li> </ul> </li> </ul> </li> </ul>   |  |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| <b>VI. Close of Coalition Meeting</b> | Coalition meeting ended at 10:16am  |  |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| <b>VII. Board Meeting</b>             | <p>Board meeting began at 10:16 am with the following voting members in attendance:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">Scott</td> <td style="width: 33%;">Barton</td> <td style="width: 33%;">Suicide Prevention Resource Center and Mashantucket Pequot Tribal Nation</td> </tr> <tr> <td>Rebekah</td> <td>Behan</td> <td>Child Health and Development Institute</td> </tr> <tr> <td>Kate</td> <td>Bohannan</td> <td>CT State Dept. of Education</td> </tr> <tr> <td>Kevin</td> <td>Borrupt</td> <td>Connecticut Children’s</td> </tr> <tr> <td>Stephanie</td> <td>Bozak</td> <td>CT Dept. of Children and Families</td> </tr> <tr> <td>Kevin</td> <td>Burns</td> <td>CT Dept. of Transportation</td> </tr> <tr> <td>Kathleen</td> <td>Chapman</td> <td>CT Psychological Association</td> </tr> <tr> <td>Amy</td> <td>Evison</td> <td>Community Health Resources</td> </tr> <tr> <td>Russ</td> <td>Iger</td> <td>Coventry Police Department</td> </tr> <tr> <td>Susan</td> <td>Logan</td> <td>CT Dept. of Public Health</td> </tr> <tr> <td>Steve</td> <td>MacHattie</td> <td>Charter Oak Family Center</td> </tr> <tr> <td>Abby</td> <td>Maldonado</td> <td>Western CT Coalition</td> </tr> <tr> <td>Lesley</td> <td>Mara</td> <td>CT State Colleges and Universities</td> </tr> </table> | Scott  | Barton | Suicide Prevention Resource Center and Mashantucket Pequot Tribal Nation | Rebekah | Behan | Child Health and Development Institute | Kate | Bohannan | CT State Dept. of Education | Kevin | Borrupt | Connecticut Children’s | Stephanie | Bozak | CT Dept. of Children and Families | Kevin | Burns | CT Dept. of Transportation | Kathleen | Chapman | CT Psychological Association | Amy | Evison | Community Health Resources | Russ | Iger | Coventry Police Department | Susan | Logan | CT Dept. of Public Health | Steve | MacHattie | Charter Oak Family Center | Abby | Maldonado | Western CT Coalition | Lesley | Mara | CT State Colleges and Universities |  |
| Scott                                 | Barton  | Suicide Prevention Resource Center and Mashantucket Pequot Tribal Nation |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Rebekah                               | Behan   | Child Health and Development Institute                                   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Kate                                  | Bohannan  | CT State Dept. of Education  |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Kevin                                 | Borrupt   | Connecticut Children’s   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Stephanie                             | Bozak   | CT Dept. of Children and Families  |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Kevin                                 | Burns   | CT Dept. of Transportation   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Kathleen                              | Chapman   | CT Psychological Association   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Amy                                   | Evison  | Community Health Resources   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Russ                                  | Iger  | Coventry Police Department   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Susan                                 | Logan   | CT Dept. of Public Health  |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Steve                                 | MacHattie   | Charter Oak Family Center  |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Abby                                  | Maldonado   | Western CT Coalition   |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |
| Lesley                                | Mara  | CT State Colleges and Universities                                       |        |  |         |       |  |      |          |                             |       |         |                        |           |       |                                   |       |       |                            |          |         |                              |     |        |                            |      |      |                            |       |       |                           |       |           |                           |      |           |                      |        |      |                                    |  |



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| AGENDA ITEM/TOPIC  | SUMMARY OF DISCUSSION   | OUTCOME/ACTION /RESPONSIBLE |
|--|---|-----------------------------|
|  | <p>Marissa White Correctional Healthcare Quality Improvement Solutions<br/>LoriBeth Young CT Dept. of Social Services</p> <p>Coalition members in attendance (non-voting):<br/>Alice DeMeo (DCF), Mark Irons (SERAC), Kevin Molinelli, Alyeska Tilly (United Way of CT)</p> <ul style="list-style-type: none"> <li>- Updates: <ul style="list-style-type: none"> <li>o Working on making some changes to state plan to allow it to be an accessible tool for all</li> <li>o In process of revamping preventsuicidect.org: <ul style="list-style-type: none"> <li>▪ Did poll with group: <ul style="list-style-type: none"> <li>• Q 1. How long should meeting agendas and minutes remain available on website? (Answer options of 1, 2 or 3 years)</li> <li>• Q2. Should there be a cap on how many promotional items can be requested? (ex. Stress balls, only small quantity items vs. printing material)</li> </ul> </li> <li>▪ Once the graphical portion of the site is complete, Jeanette will reach out to voting board members with mini polls to identify how they want the content of the website designed</li> </ul> </li> </ul> </li> </ul> |                             |
|  | Board meeting adjourned at 10:23 am   |                             |
| <p><b>2025-2026 Meeting Schedule</b></p> <p>Meetings are the second Thursday of the month</p> <p>Coalition meeting: 9:00am—10:30am</p> <p>Board meeting: 10:30am-11:00am</p> | <p><b>2025 Meeting Dates/Presentations (2nd Th. monthly):</b></p> <ul style="list-style-type: none"> <li>- 11/13 - State Plan 2030 Release (In-Person meeting)</li> <li>- 12/11 - Christina Cipriano, Ph.D., Ed.M., Yale Child Study Center Director, the Education Collaboratory at Yale, Social Emotional Learning and Intersectionality</li> </ul> <p><b>2026 Meeting Dates/Presentations (2nd Th. monthly):</b></p> <ul style="list-style-type: none"> <li>- 1/8</li> <li>- 2/12 (state holiday, no meeting)</li> <li>- 3/12</li> </ul>   |                             |

### CT Suicide Advisory Board Meeting Minutes

| AGENDA ITEM/TOPIC   | SUMMARY OF DISCUSSION  | OUTCOME/ACTION /RESPONSIBLE |
|---|--|-----------------------------|
| <p><b>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</b></p> | <ul style="list-style-type: none"> <li>- 4/9</li> <li>- 5/14</li> <li>- 6/11</li> <li>- 7/9</li> <li>- 8/13</li> <li>- 9/10 (World Suicide Prevention Day)</li> <li>- 10/8</li> <li>- 11/12</li> <li>- 12/10</li> </ul> <p><b>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</b></p> |                             |
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