Meeting Date: February 13, 2025 Location: Zoom Virtual Meeting

Present: Edith Atwerebour (DPH), Dani Amaral (SERAC), Mike Aquino, Gerry Baird (Clifford Beers), Jeanette Baker (United Way CT), Madison Beach, Rebekah Behan (CHDI), Nicole Bengston (Amplify), Amery Bernhardt (CT Ctr for School Safety), Kate Bohannan (CSDE), Kevin Borrup (CT Children's), Stephanie Bozak (DCF), Bill Brassard (NSSF), Kevin Burns (CT DOT), Kathleen Chapman (CT Psychological Assn.), Heather Clinger (Wheeler), Natalie Crino (AHEC), Erika Cruz (DMHAS), Ann Irr Dagle (Brian Dagle Foundation), Alice DeMeo (DCF), Anastisaya Dominich-Kovalevsky (Torrington Area Health District), Andrea Duarte (DMHAS), Tracy Duran (Judicial), Erika Echavarria (DMHAS), Jennifer Esposito (Judicial Branch/CSSD), Amy Evison (CHR), Lisa Girard (DCF), Grace Grinnell (NAMI Farmington Valley), Brianna Herrera (Norwalk Health Dept.), Emma Hollis (Western CT Coalition), Eric Hudson (CT Judicial Branch/CSSD), Russ Iger (Coventry PD), Kevin Iglesias (Catalyst CT/Western CT Coalition), Mark Irons (SERAC), Aaron Jackson (Join Rise Be), Angela Jimenez (DPH), Matthew Kowalski (Cromwell Youth Svcs), Michelle Leibovitz (Rich Wright Productions), Valerie Lepoutre (NAMI CT), Susan Logan (DPH), Sarah Lorenzini (Counter Drug Ops), Cathy Ludlum (Second Thoughts CT) Stev MacHattie (Charter Oak Family Ctr), Mike Makowski (DPH), Abby Wood Maldonado (Western CT Coalition), Lesley Mara (CSCU), Leslie Matos-Jubrey (JBCSSD), Krystal Medley (United Way CT), Katherine Meslow, Michael Monterosso (DPH), Allyson Nadeau (Amplify), Michael Pepe (Windsor Health Dept), Ashley Perreira (Hartford Healthcare), Jake Reilly, Steven Rogers (CT Children's), Natasha Randolph, Stephanie Schillat (ESDHD), Richard Siddall (SMART Recovery), Kara Sepulveda (Alliance for Prevention & Wellness), Taylor Tantaquidgeon (OCA Intern), Alyeska Tilly (United Way CT), Nadine Tulloch (DPH), Sara Wakai (UConn Health), Jennifer Waldo (Windsor Health Dept), Emmalyn Walenda (SERAC), Marissa White (CHQIS), Tyshaunda Wiley (DPH), Sadie Witherspoon, and LoriBeth Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	CTSAB chairs Andrea Duarte and Ann Irr Dagle welcomed attendees	
II. Presentation	Due to a family emergency, the scheduled presenter was unable to attend the meeting	
III. CTSAB Business Reports & Minutes Approval	Amy Evison moved to approve the December 12, 2024 and January 9, 2025 minutes. Bill Brassard seconded. Minutes approved.	
	Statewide News/Updates from Tri-Chairs: New CTSAB Structure and Bylaws - Bylaws approved in January and Ann Irr Dagle officially voted in as tri-chair - Bylaws and board members are posted to the website in the CTSAB Business section: https://www.preventsuicidect.org/get-involved/ctsab-business/ - Meeting rotation schedule: https://www.ctclearinghouse.org/Customer- Content/www/files/PDFs/CTSAB Agenda Content Structure-FINAL.pdf	

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
		/RESI ONSIDEE
	Statewide Announcements of Upcoming Events/Trainings from Regional Suicide Advisory Boards (RSABs), Committees, and Foundations	
	Advisory Boards (RSABs), Committees, and Foundations	
	American Foundation for Suicide Prevention (AFSP)	
	https://afsp.org/chapter/connecticut	
	- Michelle Peters is no longer with AFSP	
	- AFSP-CT is in a transition and there are openings available to volunteer for the	
	AFSP-CT board	
	- If anyone is interested in learning more about serving on the AFSP-CT board, contact	
	Ann Irr Dagle at ann@brianshealinghearts.org - AFSP offers educational opportunities at no cost	
	- A complete list of AFSP-CT events is listed on the website Connecticut AFSP	
	Treomptee list of the of events is listed on the website estimated that	
	National Prevention Week, May 11-17, 2025 National Prevention Week SAMHSA	
	- Cathy Sisco from Wheeler's Connecticut Center for Prevention, Wellness and	
	Recovery reported that the Connecticut Clearinghouse is helping to coordinate the	
	statewide National Prevention Week (NPW) initiative with a planning committee of	
	participants from nonprofits around the state and state agencies	
	- Designated by SAMSHA to raise awareness and build a campaign about the	
	importance of prevention in all of the areas touched by prevention - Statewide prevention awareness event will be on Saturday, May 17, 2025, at the	
	Danbury Fair (also known as the mall but they're trying to get away from that word)	
	 Will be putting out a call for table hosts with resources, information and 	
	activities for all ages	
	 Poster submissions from RBHAOs and LPCs showcasing prevention work 	
	throughout the state	
	 Information will be released on the listserv and partner websites 	
	o Info on list serve and partner websites	
	There are capacity limits due to the space available	
	- There is a group of committee members tasked with highlighting the activities that are	
	happening around the state for Mental Health Awareness month; forms will be sent for people to complete with their information to support announcing the activities	
	statewide	
	- If interested in participating, contact Cathy Sisco csisco@wheelerclinic.org	

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	- Andrea Duarte mentioned that Danbury Fair Mall became a close partner with the	
	CTSAB about a decade ago when they experienced a suicide loss	
	Assessing and Managing Suicide Risk (AMSR) for Outpatient Settings - Heather Clinger, program manager, with Wheeler's Connecticut Center for Prevention, Wellness and Recovery announced that there are a limited number of AMSR for Outpatient Settings training spots available through DPH suicide prevention funding - This is an online asynchronous training open to behavioral health and healthcare practitioners in outpatient settings - Registration is through the Connecticut Clearinghouse and participants are expected to complete the training within six weeks - Flyer: https://www.ctclearinghouse.org/Customer-	
	Content/www/files/PDFs/AMSR Outpatient Asynchronous Course Flyer 1 .pdf Connecticut Suicide Prevention Conference, May 8, 2025 - Workshops are being finalized - Registration will be released by the end of March through the CTSAB listserv - The theme is connectedness - Heather Clinger is the contact hclinger@wheelerclinic.org	
	Prevention Summit, September 9, 2025 In the early planning stages Location is The Delamar The theme is the Future of Prevention Cathy Sisco is the contact csisco@wheelerclinic.org	
	Suicide-related Grant Initiative Update: 988 Lifeline Grant	
Stephanie Bozak, DCF Stephanie.Bozak@ct.gov	CT 988 Lifeline & Crisis Services Update - Someone to Talk To: 24/7 statewide Crisis Call Center	
Andrea Duarte, DMHAS Andrea.Duarte@ct.gov	- Someone to Respond: Youth and Adult Mobile Crisis Teams; different expectations and protocols for youth and adult	
Erika Echevarria, DMHAS Erika.Echevarria@ct.gov	- Somewhere Safe to Go: Emergency Departments, Urgent Crisis Centers, Crisis Respite & Crisis Stabilization	

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	- In the last year, SAMHSA has initiated a Federal cross site evaluation and we will likely be participating - United Way of CT is the contact center that manages multiple lines - Calendar Year 2024 answered 95% calls answered within 15 seconds - Geo routing since September based on area code; T-Mobile, Verizon and ATT route to the call center the caller is closest to - First shift covered 8:00am-3:30pm for text and chat based on funding; majority of contacts are text - Youth Mobile Crisis - Go where the youth is and arrive within 45 minutes or less - Can reach through 211 or 988—no wrong door - Available 24/7/365 - High volume across demographic groups, referral sources, and geographies - Reduce inappropriate use of more restrictive services such as emergency departments, inpatient care, arrests - FY 2024: 11,346 episodes of care serving 8,428 children; 42% of callers were schools and 41% were the family or child themselves; 86.6% of mobile episodes responded to in under 45 minutes - Urgent Crisis Centers - Receive youth 0-18 experiencing a behavioral health crisis via walk-in (police or ambulance drop off coming soon, requires change in law) - 23 hour stay for youth 0-18 - Triage youth based on risk and needs; provide de-escalation and crisis stabilization, assessments for care, safety planning with family, counseling access to lethal means, quality care coordination, bridging services - Staffed by interdisciplinary team - 1470 episodes of care since opening July 2023- September 2024 - 95.7% of children served returned to their homes and communities - 49.1% of families said they would have gone to the Emergency Department had the crisis center not been an option - DMHAS Adult Mobile Crisis Teams - Anyone 18+; no cost - 18 multi-disciplinary teams throughout the state covering a specific group of towns and cities - Working towards expanding availability of all teams to 24/7; currently 14 out of 18 are 24/7	

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	 Services offered: crisis evaluation and risk assessment; safety planning; outreach and engagement; community debriefing; and consultation Encourage professionals and agencies to communicate with their mobile crisis teams to facilitate and build relationships to provide support following untimely deaths, suicide, and any tragic event which impacts the community including schools, churches, neighborhood #1 referral source is law enforcement partners CIT clinicians and MCT clinicians embedded in police departments Innovative and collaborative police response models are being initiated throughout the state FY 2024; 7,419 crisis evaluations completed; average in-person response time was 59 minutes; 87% follow-up services within 48 hours 23-Hour Crisis Stabilization Center R.E.S.T. Center (Rapid Evaluation, Stabilization and Treatment) in New Haven run by Continuum Care Peer respite: The Gloria House in New Britain Messaging to Continue to Share No wrong door in CT Youth in crisis: In CT, call 211 (press 1 for crisis, 1 for youth), Call/Text – 988 or Chat www.988lifeline.org Adults in crisis: In CT, call 800-HOPE-135 or 211 (press 1 for crisis, 2 for adults), Call/Text – 988 or Chat www.988lifeline.or 988 Material Orders: https://orders.gpo.gov/SAMHSA988/Pubs.aspx Statewide campaign materials: https://www.preventsuicidect.org/get-materials/order-form/ 	
	To view the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB 988 021325.pdf	
IV. Review of Activities Since Last Report Out	Committees Lethal Means - Workgroups tasked with reviewing outcomes and objectives from Statewide Plan 2025 to inform Plan 2030 - Reviewing and adjusting language for Plan 2030 - Carry over objectives and recommendations - Two subgroups	

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	 Signage: updates for signage around the state for 988; contact Jessie Casella to be involved with this group Firearms outreach: Feb. 20 QPR training with Master Trainer David Denino hosted by Golden Eye Training Academy 'It's OK to talk about Suicide' video campaign 30 videos coming out over the next 4 months Sent on CTSAB listerv with video links and can also be found on YouTube Share the videos and forward the links; it's a statewide campaign https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CT_SAB_Video_Series_Release_2-2025.pdf Firearm educators are being asked to voluntarily include a set of suicide prevention slides created by the committee After work is finished on the statewide plan, the committee will decide the focus for 2025 Contact Cathy Sisco csisco@wheelerclinic.org or Jessie Casella jessica.cassella@va.gov 	
	 Zero Suicide Learning Community Currently finishing work on completing Goal 3 of the statewide plan Organizing feedback received from the team on the different objectives Contact Andrea Duarte, DMHAS, <u>Andrea.Duarte@ct.gov</u> or Marissa Sicley-Rogers, IOL, <u>Marissa.Sicley-Rogers@hhchealth.org</u> or Steve Rogers, Connecticut Children's, <u>Scrogers@connecticutchildrens.org</u> 	
	 Education & Advocacy Focus on the state plan Supporting speaker scheduling Upcoming RSAB leads will be presenting on history and impact of regional suicide prevention infrastructure in CT Paul Tieger is coming in April to discuss personality indicators for children Focus on men's mental health month in June Mike Makowski is presenting in July to report on violent death reporting system data CTSAB info card is available on the website to promote general message during legislative session Suicide-Prevention-in-CT-Did-You-Know.pdf Next meeting: March 6, 1:00pm 	

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	- Contact Allyson Nadeau, Amplify, <u>anadeau@amplifyct.org.</u> or Alyeska Tilly, <u>alyeskamtilly@gmail.com</u>	
Regional Suicide Advisory Boards (RSABs)	Region 3: Eastern, SERAC Collaboration with United Services of eastern Connecticut for 988 potholders and other campaign materials disseminated at their mobile food pantries Working with key community partners to bring 988 campaign to the Storrs Area as part of a data driven response effort Greater resilience information toolkit "GRIT" training through the University of Colorado, Colorado Springs Self-injury workshop with Michelle Sellner of Safe Alternatives "Let's Save Lives" training with Taylor Gainey at the end of the month Hosted first Connect Postvention Training First Resource Walk Through event, community and community partners invited Tabling at CT State: Three Rivers at their 'Wellness Love Yourself' festival Monthly RSAB meetings first Tuesday of the month, 9:00am QPR trainings on a bi-weekly basis with Narcan training Tabling at health fairs and trainings scheduled at community colleges Contact Dani Amaral damaral@sereacct.org	
V. Updates from Awareness Campaign/Website/Outreach Efforts	 January: over 9,000 website views with top pages viewed being training, materials, 988, and resources for schools Through DPH funding, purchased a full-page ad in the <i>Valley Town Directory</i> that goes to all residents in Canton, Avon and Granby; focus of the ad was safe storage of firearms with a call to action to visit www.prevensuicidect.org Bus ads and the WFSB media is wrapping up this month Next campaign with DCF will be ads for school sports posters at several high schools Dr. Steve Rogers reported that CT Children's reassured staff that they will continue to provide all lines of care 	
VI. Close of Coalition Meeting	Coalition meeting ended at 10:33am	

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VII. Board Meeting	Board meeting b	Board meeting began at 10:34am with the following voting members in attendance:		
	Rebekah	Behan	CHDI CT Center for School Safety and Crisis	
	Amery	Bernhardt	Preparation	
	Kate	Bohanan	CT State Department of Education	
	Kevin	Borrup	CT Children's	
	Stephanie	Bozak	DCF	
	Bill	Brassard	NSSF	
	Ann Irr	Dagle	The Brian Dagle Foundation	
	Andrea	Duarte	DMHAS	
	Amy	Evison	CHR	
	Russ	Iger	Coventry Police Department	
	Valerie	Lepoutre	NAMI CT	
	Susan	Logan	DPH	
	Cathy	Ludlum	Second Thoughts Connecticut	
	Steve	MacHattie	Charter Oak Family Center	
	Abby Wood	Maldonado	Western CT Coalition	
	Lesley	Mara	CSCU	
	Allyson	Nadeau	Amplify	
	Steve	Rogers	CT Children's	
	Sara	Wakai	UConn Health	
	LoriBeth	Young	DSS	
	Coalition memb	ers in attendance	e (non-voting):	
	Edith Atwereboo Nicole Bengston			

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	Natalie Crino, Health Education Center	
	Ashley Perreira, Hartford Healthcare	
	Alyeska Tilly, United Way of CT	
	https://portal.ct.gov/-/media/sde/digest/2024-25/guidance_immigrationactivities_flyer.pdf	
	- Bylaws are officially approved and posted on websites with the updated list of Board	
	members	
	- https://www.preventsuicidect.org/get-involved/ctsab-business/	
	- Discussion around updating mission and vision for state plan	
	- How often should bylaws be updated? Perhaps align with state plan every five years	
	- Progressing with Dr. Alexis May on the special population section of the state plan and in the process of identifying individuals she and her team can reach out to for	
	more information	
	- Reporting of website page views is not unique visits	
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	State of Dept. of Education Guidance with K-12 schools	
	- Guidance to K-12 Public Schools Pertaining to Immigration Activities	
	Board meeting adjourned at 11:02am.	
2025 Marker Calcalada	2025 Meeting Dates/Presentations:	
2025 Meeting Schedule	- 3/13 - 4/10	
Meetings are the second Thursday	- 4/10 - 5/8: state conference	
of the month	- 6/12	
Coalition meeting: 9:00am—	- 7/10	
10:30am	- 8/14	
Board meeting: 10:30am-11:00am	- 9/11: State Plan release	
	- 10/9	
Meetings are currently scheduled	- 11/13	
virtually. Please refer to the	- 12/11	
monthly meeting announcement	Subcommittee meetings are listed in the monthly meeting announcement sent on the	
for meeting information.	CTSAB listserv.	