



South-Central Suicide Advisory Board (RSAB) Meeting Minutes

Time: Tuesday, April 8, 2025 at 12 PM – 2PM

Meriden Public Library

Facilitator: Taylor Gainey, Kara Sepulveda-Fonseca – APW

Welcome & Introductions

Attendees:

Eve Hein – APW, Odali Rodriguez – Clinton Human Services, Mikhela Hull – Carelon, Austin Telford – Naugatuck Valley Health District, Lorena Mitchell – City of New Haven, Nina Robertson – Wallingford Health Department, Erica Skoutas – Bridges Healthcare, Theresa Heier – East Shore District Health Department, Francis Fisco – Clifford Beers Youth Mobile Crisis, Matthew Kowalski – Cromwell Human Services, Pamela Davies – Branford Counseling & Community Services, Kenneth Cain – Clinton Police Department, Megan Giard – Tri-Town Youth Service Bureau, Elizabeth DeMerchant – Meriden Health of Health & Human Services, Stephanie Masella – Meriden Police Department, Daisy Hernandez – Middletown Health Department, Andressa Granado – West Haven Health Department, Alice Demeo – DCF, Michelle Silva – Wallingford Health Department

Community Mapping

The goal of this meeting was for members to map their communities/catchment areas so members could better understand the communities within the communities and how we can best address suicide prevention across the lifespan.

We asked members to consider the following action items when mapping:

- Identify one partner in the community you can work with to advance their suicide prevention efforts (training/education, postvention).
- Identify a minimum of two community locations or businesses that you could partner with for a pop-up educational tabling event to connect with residents.
- Identify a minimum of three new locations where you can share resources, in honor of National Mental Health Awareness Month.

While the potential partnerships varied from town to town, some of the common themes included:

Emerging Themes:

- **Workplaces to target with training & education:**
 - Walmart
 - Amazon
 - Senior Centers
 - Rotaries
 - Libraries
 - Society Clubs
 - Home Visiting Companies/Food Delivery Programs
 - Restaurants/Bars/Coffee Shops
 - Camps & Counselors
 - Outreach workers
- **Places to provide Information (whether tabling or handouts):**
 - Colleges
 - School Based Health Centers
 - FQHC's
 - Gas Stations
 - Airports (Tweed)
 - Food Pantries/Food Delivery
 - Hotels/Motels
 - Truck Stops
 - Shopping Malls
 - Churches & other places of worship
 - Society Clubs (Italian, Gun Clubs, YMCA, JCC)
 - Food Trucks (New Haven)
 - Restaurants/Bars
 - Beaches
 - Soup Kitchens or Shelters
 - Parks or hiking trails
- **Populations of Focus**
 - Unhoused
 - Homebound
 - College students
 - Truck Drivers
 - Camp Counselors
 - New moms those at risk for postpartum

Need to order free suicide prevention materials? Visit the links below.

1. **988** – <https://orders.gpo.gov/SAMHSA988/Pubs.aspx>
2. **211 United Way** – <https://uwc.211ct.org/professionals/materials/>
3. **CT Suicide Advisory Board** – <https://www.preventsuicidect.org/get-materials/order-form/>

Closing

Next meeting: Tuesday, June 3rd, 2025 via Teams