

The South-Central Suicide Advisory Board (RSAB) works to support the mission & vision of the CT Suicide Advisory Board:

Mission: The CTSAB is a network of diverse advocates, educators and leaders concerned with addressing the problem of suicide with a focus on prevention, intervention, and health and wellness promotion.

Vision: The CTSAB seeks to eliminate suicide by instilling hope across the lifespan.

Membership: Six RSAB meetings are held throughout the year. Participants meet to collaboratively identify ways to increase mental health awareness, expand education opportunities, and launch innovative, evidence-based strategies to address behavioral health needs across the New Haven & Middlesex counties.

Facilitators: Taylor Gainey, Kara Sepulveda-Fonseca

Meeting objectives:

By the end of this meeting, we will:

- Review the [Community-Led Suicide Prevention toolkit](#) and discuss how to apply one of the toolkit's elements, integration, within the RSAB
- Draft and develop up to 3 SMARTIE objectives for the RSAB to accomplish throughout the region

Welcome & Introductions [5 minutes]

Report Out from May Mapping Action Items [10 minutes]

Community-Led Suicide Prevention Overview [40 minutes]

- SMARTIE Objectives – Specific, Measurable, Achievable, Relevant, Time-bound, Inclusive, Equitable

Subcommittee Focus Area – Media Sector [10 minutes]

September Connect Training Brainstorm [10 minutes]

Closing [5 minutes]

Next meeting: Tuesday, August 5, 2025, at 10:30 AM via Teams