

Southwest CT Regional Suicide Advisory Board (Region 1 RSAB)

February 20th, 2025, from 10:00AM-11:30AM

Microsoft Teams

1. Welcome and Introductions

- A. Please put your name and organization in the chat for attendance purposes.
- B. **Warm up Question:** On a scale of 0-5, how knowledgeable are you on the 988, the Suicide & Crisis Lifeline? (0 = none and 5 = extremely knowledgeable)
- C. Stakeholder Updates- What have you all been up to? Any trainings or events you went to? What kind of trainings/events do you want to see in your community?

2. State and Regional Updates

- A. **Inspiring Hope: Coming Together for Suicide Prevention Conference.** Thursday May 8th, 2025. 8:00AM-3:30PM. Rocky Hill, CT. Registration is coming soon! Sponsored by the CT Suicide Advisory Board (CTSAB)
- B. The Lethal Means Awareness Committee in collaboration with the Education and Advocacy Committee of the Connecticut Suicide Advisory Board (CTSAB) has developed a library of short videos with individual messages of suicide prevention. https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CT_SAB_Video_Series_Release_2-2025.pdf

3. Hub Updates:

- A. Gambling: March is Problem Gambling Awareness Month.
- B. Trainings: Catalyst CT: The Hub is now offering Counseling on Access to Lethal Means (CALM)
- C. Other

4. **Guest Speaker** – Taby Ali: Associate Medical Director/Program Director at Wellmore Behavioral Health. Urgent Crisis Centers.

5. Closing- **Our next meeting is Thursday May 22, 2025, from 10:00-11:30 via Microsoft Teams.** We will be discussing the difference between 988-911-211& *Warm Lines*. Please email me ckoripsky@catalystct.org with any questions you would like answered the next time we meet. Thank you!!

[Join the meeting now](#)

Meeting ID: 212 964 112 168

Passcode: QLHUH2