



## **Region 2 Suicide Advisory Board (RSAB) Meeting Agenda**

**Time: Tuesday, August 6, 2024 at 10:30 am via Zoom**

### **Welcome & Introductions**

#### **Attendees:**

Taylor Gainey – APW, Kara Sepulveda-Fonseca – APW, Lorrie McFarland – APW, Abby Roccapiore – Tri-Town Youth Services, Odali Rodriguez – Wallingford Health Department, Nina Robertson, Wallingford Health Department, Lorena Mitchell, City of New Haven, Anagha Babu, City of New Haven, Erin Moroni – Vita Health, Nicole Shea – Community Engagement & Partnership, VA, Sharon Hanford – APW, Damaris Rodriguez – Cornell Scott Hill Health, Leigh Goodman – Bridgeport Hospital, Mikhela Hull – Carelon, Drew Lavalley – Carelon, Brian Pasquerall – DCF, Karolin Regan – Guilford Youth Services; Kristen Volz – CT Children's

### **Suicide Prevention Month Updates**

- Suicide Prevention for Autistic People training series
  - o APW, The Hub & Carelon – 3-part series including Lisa Morgan, an adult with lived experience, and a fireside chat conversation as the final session.
  - o Announcement coming soon. Starts in September and will be bi-weekly sessions.
- AFSP Walk to Fight Suicide
  - o Flyer for walk and upcoming fundraiser at Jroos were shared in the chat
  - o Anyone interested in the sponsor packet and being a vendor, reach out to Kara, [ksepulveda-fonseca@bhcare.org](mailto:ksepulveda-fonseca@bhcare.org)
- QPR trainings – APW continuing to offer on the 2<sup>nd</sup> Wednesdays of the month
  - o City of New Haven – 3 additional will be trained and including Spanish sessions. Request form: <https://veoci.com/v/p/form/58zmw6s79v2c>
  - o CT Children's – Kristen offers free QPR trainings throughout the state in English and Spanish. Contact: [kvolz@connecticutchildrens.org](mailto:kvolz@connecticutchildrens.org)
  - o Wallingford Health Dept. – 3 QPR trainers including 1 Spanish
  - o Guilford Youth Services – 2 QPR trainers
  - o APW – Kara will create a handout of QPR trainers in our region, including the audiences, catchment areas and how to request trainings.
- L.E.T.S. Save Lives program
  - o Any interest please reach out to Taylor for program
  - o Possibly will create a call-to-action flyer for presenters
- Other Stakeholder Updates

- City of New Haven – has a social media campaign & will hosting a few QPR trainings throughout the city in September. Also, are continuing to share the New Haven suicide prevention guide that was published last year.
- Tri-Town – has a campaign going out this month, and a QPR training in October
- VA CT – offering forums and summits open to the community in September: Sept. 13<sup>th</sup>, and Sept. 27<sup>th</sup> Crisis Response. Details are still forthcoming.

### **Brainstorm for RSAB Workgroup**

- Each organization's representative took 10 mins. to answer the questions below and prep for October's in-person meeting. Potential speaker topics were identified.
- **Questions:**
  - *Who are you?*
  - *What perspective do you approach suicide prevention with?*
  - *What's your goal of being a part of the RSAB? (can review the [CT PLAN 2025](#) for inspiration)*
  - *What is your reach in your community? (Who's in your circle?)*
  - *Who do you need to invite to October's meeting to accomplish that goal?*
- The group also discussed logistics below. Details will be finalized within the next month.
  - Date & time: TBD – a doodle poll will be sent
  - Meeting duration: 2.5 hours to identify who's at the table, roles and gaps.
  - Centralized locations: Meriden, Wallingford or North Haven
- **Speaker Topics:**
  - Data collection and data sharing across the region – collecting data about suicide attempts (SA) and suicide deaths (SD).
    - How do we get the data?
    - How can we consolidate the data?
    - Is there a regional protocol for accessing the data?
  - Data To Action (CTSAB Committee) – discuss the different moving pieces and provide updates on a centralized dashboard to help us prioritize our efforts.
  - VA – death reporting, hospital documentation (there's a gap, only have access to their client data and many veterans aren't connected to their services)
  - DPH – latest youth risk school health survey
  - Governor's Challenge Suicide Mortality Review (SMR)

### **Next Meeting:**

TBD – a date in October and at a centralized location in Region 2.