



Region 2 Suicide Advisory Board Meeting Minutes

Time: Tuesday, April 2, 2024 at 10:30 am via Zoom

Welcome & Introductions

Attendees:

Taylor Gainey – APW, Linda Milardo – APW, Lorrie McFarland – APW, Erica Skoutas – Bridges Healthcare, Rob Bibbiani – Tri-Town Youth Services, Odali Rodriguez – Wallingford Health Department, Erin Moroni – Vita Health, Kathleen Davis – Community Health Resources, Sharon Hanford – APW, Jackie Cook – Carelon, Lisa Trupp – Naugatuck Valley Health District, Sandra Gibson – Goffe; Sue Rubino – Hamden Youth Services Bureau, Mandy Miranda – Wallingford Youth and Social Services, Sandra – Cornell Scott Hill Health, Leigh Goodman – Bridgeport Hospital, Milford Medical Control, Kara Sepulveda-Fonseca – Quinnipiack Valley Health District; Mikhela Hull – Carelon.

CTSAB Update

- Registration is now open for the CTSAB Conference on May 2nd at 8:30 am-3 pm in Rocky Hill – Sheraton Hartford South Hotel. The theme is Inspiring Hope. There will be five breakout sessions, a lived experience panel, and more. Link included in the chat to share with networks.

Prevention Information

Behavioral Health Guide Revisions

- Taylor reported they she is in the process of finalizing the brochure. She asked the group to view it. The group was complementary and liked it. A few revisions were suggested.
- Next steps: make revisions, have it printed and ready in approximately a month or two at most, and begin promotion to schools and health educators for fall/new school year.

Announcements: Taylor announced that they will host a QPR training next Wednesday and on the Second Wednesday of May. Both are virtual. If anyone is interested in having or hosting a training, please reach out to Taylor.

They will hold a tabling event at Yale University and partner with the Hamden Youth Service Bureau.

In May, they will be partnering with BOWDAAC and Bridges to roll out their May Self Care calendar, while also involving youth in the process.

On May 23rd they will be hosting a social media webinar with special guest speaker Dr. Erin Belfort at 12-1 pm.

Susan Rubino – HYSB:

1. Continuing Gizmo read a-longs with all 3rd grade Hamden students also bringing in comfort dogs
2. They are working with HPS on Get Out and Play Day and support various activities
3. HYSB ambassadors will attend QPR trainings

Lisa Trupp – NVHD will hold a free mental health first aid training on May 14th.

Mandy Miranda – they are planning to visit the Senior Center to provide Mental Health trainings/support and animal assistance/support dogs.

Erica Skoutas – will be partnering with local prevention councils for a fitness field day on May 5th from 9am-3pm.

Lorrie McFarland is seeking recommendations for a site to have their next Gizmo reading. If you know a library or school in your community that may be interested in this - please contact Lorrie. Taylor said she would reach out to the New Haven public library.

In the Chat

- AI generated meeting summaries to make meetings more effective and efficient. View our Privacy Policy at <https://www.read.ai/pp>
- Link for May Conference: <https://www.ctclearinghouse.org/registration/connecticut-suicide-prevention-conference-2024-thursday-may-2-2024-800am-330pm/>

Next Meeting:

Tuesday June 4th, same time, using the same link.

Respectfully Submitted,

Linda Milardo

Administrative Assistant