



Region 3 Regional Suicide Advisory Board Meeting Minutes

Meeting Date: July 2, 2024

Location: Zoom

Present: Crissy Waggoner, Lindsey Kyle, Kylie Young, Katie Bell, Connie Capacchione, JM Gonzalez, Heather Victoria, Jules Calabro, Mary Meyers Pasquino, Jessica Lynch, Megan Erdman, Angelina Young, Eric Reynolds, Bethany LaPierre, Natalie Crino, Dani Ameral, Nicole Bengston, Gail Palladino Marsh, Jen Boulette, Cailley Anderson, James Hodge, Taylor Ford, Drew Lavallee, Ashley Perreria, Ebony Ränge, Kelly Renwick, Leah Friedman, Danielle Bousquet

Facilitator: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed.	
RSAB Updates	The group was asked to decide between the Artic and the Sahara as an icebreaker.	
A presentation from: Danielle Bousquet, Behavioral Health Advisor, from The Ridge Residential Treatment Center	The RSAB was provided information on the variety of services and offerings provided by the Ridge RTC, a youth serving facility located in New Hampshire. The program recently began outreaching into Connecticut. The admission criteria were shared as well as the milieu of offerings which included individual and group treatment, wellness, recreation services and family therapy. The discharge planning process was explained and the presenter was interested in making connections at the meeting to assist youth transitioning back to the area from Ridge in the future.	
Connecticut Suicide Advisory Board (CTSAB) Update	6/13: Lisa Roth, Riverside Community Care, Postpartum. The importance of the topic was discussed and all were encourage to watch the recorded event on the CTSAB site.	

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Prevention Information	<p>Employees from the town of Coventry were provided with QPR training in two sessions. QPR training was provided to a group of veterans from the town of Colchester. Following last month's presentation to the Norwich veteran's coffee house, the RSAB Coordinator was invited to present in Plainfield and Groton. Both events were well attended and really generated a lot of conversation on help seeking behavior and available resources. Bullying Social Cognition, & Suicide: A Life Span Approach occurred on June 11 and 50 people attended.</p>	
Postvention Information	<p>The RSAB Coordinator facilitated two sessions with staff from NFA to assist in their development of a postvention team. NFA hopes to include postvention to their crisis plan by September. The RSAB Coordinator completed the train the trainer for the Connect Postvention model at the end of June. Several members of the RSAB were invited to attend Day 1 of the training.</p>	
988 Update	<p>988 Update was provided highlighting the findings of the PEW Charitable trust entitled: <i>Most U.S. Adults Remain Unaware of 988 Suicide and Crisis Lifeline</i>. Some significant findings were shared such as only 13% of Americans are aware of 988, differences in the data based on demographics as well as reasons why people are reluctant to use 988. Also, the <i>COMMUNICATION TOOLKIT Messaging and Communications to Trusted Messengers of People Disproportionately Impacted by Suicide from AD Research</i>, The Action Alliance as well as SPRC, was shared. The group was shown examples of effective messaging of 988 as well as for groups such as spouses. Lastly, the change to the 988-materials request site was provided.</p>	
Resiliency Gym	<p>The Learning List Activity was provided to the group. <i>"When we look for ways to grow as people, we tend to look to positive experiences. However, we can also learn positive lessons from negative experiences. Negative experiences can be turned into positive learning experiences, but only if we consciously look for the benefits."</i>(Elaine Houston)</p>	

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Upcoming trainings	July 23 - Trauma Literacy 11:00-1:00 via Zoom	
Questions & Comments	N/A	
Next Meetings:	NO August Meeting September 3 - Youth Mobile Crisis	