

CT Suicide Advisory Board (CTSAB) Meeting Minutes

Meeting Date: March 14, 2024

Location: Zoom Virtual Meeting

Present: Gillian Anderson (My Friend Abby), Carl Angerine (Torrington Area Health District), Gerry Baird (Clifford Beers), Jeanette Baker (United Way CT), Scott Barton (SPRC), Dana Begin, Amery Bernhardt (CT Ctr for School Safety), Donna Bielefield (McCall Ctr For Behavioral Health), Chlo-Anne Bobrowski (CT SDE), Kevin Borrup (CT’s Children), Dana Bossio (Cooperative Educational Svcs), Chelsea Bourn (Brian Dagle Foundation), Brendan Burke (OCA), Kevin Burns (CT DOT), Heather Clinger (Wheeler), Ann Irr Dagle (Brian Dagle Foundation), Andrea Duarte (DMHAS), Erika Echevarria (DMHAS), Jennifer Esposito (Judicial Branch), Taylor Gainey (APW), Sandra Gibson (Cornell Scott Hill Health Ctr), Grace Grinnell (NAMI Farmington Valley), Emma Hollis, Rob Harrison (YNHH), Russ Iger (Coventry PD), Kevin Iglesias (McCall Ctr For Behavioral Health), Neena Jacob (DPH), Robert Kanehl (CT Poison Control), Angelina Karwowski (Bristol-Burlington Health District), Lynn Kelley (Carelon BH), Michelle Leibovitz (Rich Wright Productions), Valerie Lepoutre (NAMI CT), Susan Logan (DPH), Sarah Lorenzini (Western Coalition), Jodi Lott (Gaggle), Cathy Ludlum (Second Thoughts CT), Steve MacHattie (Charter Oak Family Ctr), Mike Makowski (DPH), Abby Wood Maldonado (Western Coalition), Lesley Mara (CSCU), Jessica Markure (VHA), Crystallee Martel (Waterbury Health Dept.), Shaun McColgan (Danbury PD), Lorrie McFarland, Laila McGeorge (DMHAS), Krystal Medley (United Way CT), Cassandra Michel, Allyson Nadeau (Amplify), Victoria O’Neill (The Hub), Lucy Orellano (OCA), Michael Pepe (Windsor Health Dept), Jonathan Perloe (CCAGV), Michelle Peters (AFSP-CT), Marie Plumer (Living Works), Erica Previti (DPH), Paula Rego (IOL), Lauren Rooney (Windsor PD), Paulette Schwartz (Hartford Healthcare), Nicole Shea (VA CT), Marisa Sicley-Rogers (IOL), Richard Siddall (SMART Recovery), Laura Stamatien (Amplify), Jennifer Sussman (UConn Health), Shobha Thangada, Alyeska Tilly (United Way CT), Kasey Timberlake (CT NAH Guard), Susan Tobenkin (CTARNG), Nadine Tulloch (DPH), Sara Wakai (UConn Health), Jennifer Waldo (Windsor Health Dept), Micaela Webster, LoriBeth Young (DSS), and Susan Yurasevecz (DPH).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte, Ann Irr Dagle, Stephanie Bozak welcomed CTSAB members	
Review of Minutes	February minutes were reviewed, edited, and approved.	
II. Presentation <i>Engaging Individuals at Risk of Suicide in Community Policing</i> Sgt. Russell M. Iger, Coventry Police Department https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/R_Iger-CTSAB_Bio_2024-031424.pdf riger@coventry-ct.gov	Police Response to Mental Health Calls for Service Liability of sending someone to the hospital <ul style="list-style-type: none"> - Potential 4th amendment violation. - Many situations where it is not appropriate and they can be referred to mobile crisis, services, or family. - Historically officers would send individuals to the hospital, legal research showed that increases the likelihood of police officer getting sued. - Goal is to train police officers in this process. Officer Discretion vs Duty to Act <ul style="list-style-type: none"> - If an officer is acting “in good faith” in the exercise of honest judgment they are immune from liability. 	

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	<ul style="list-style-type: none"> - Imminent harm exception <ul style="list-style-type: none"> o There has to be an identifiable person subject to imminent harm (imminent harm means a discrete place and time period at which the harm will occur). - Police Request Emergency Examination <ul style="list-style-type: none"> o Reasonable cause to believe that a person has psychiatric disabilities. o Dangerous to themselves or others o In need of immediate care and treatment - Where there is <u>no</u> identifiable subject to imminent harm, officer has the discretion to use other options (Mobile Crisis, other mental health professional referrals). <p><u>Columbia Suicide Severity Rating Scale (C-SSRS) as a Triage Tool</u></p> <ul style="list-style-type: none"> - Can be used as an evidence tool to determine if individual must go to hospital. <p>Risk Protection Orders (RPO)</p> <ul style="list-style-type: none"> - Great tool especially if firearms are involved in a call. - Can prevent someone from purchasing firearms or deadly weapons or seize a firearm/weapon that is already owned. - Can be done if a person poses a risk of imminent personal injury to themselves or another person. - Medical professionals can give an affidavit which requires law enforcement to become involved. <p>Avoiding “Officer Created Jeopardy”</p> <ul style="list-style-type: none"> - Safety priorities – must think of the law and the location where these scenarios are occurring to differing populations (i.e. public spaces, open air, vehicle, home, etc.). - Currently training police officers in these priorities to better respond to these scenarios. <ul style="list-style-type: none"> o Hostages <ul style="list-style-type: none"> ▪ Officers have a duty to act to protect these people in whatever ways are necessary. o Innocents o Officers o Subjects 	

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	<p>Prohibitions on the use of deadly force</p> <ul style="list-style-type: none"> - Deadly force may not be used against any person for the purpose of protecting property. - Deadly force may not be used against any person who poses a threat only to themselves. <p>To view this presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/R_Iger_CTSAB_2024.pdf</p>	
<p>III. Reports</p> <p>CDC Comprehensive Suicide Prevention Suicide Ideation & Attempt Data Analysis</p> <p>Neena A. Jacob, Epidemiologist, Connecticut Department of Public Health</p> <p>Neena.jacob@ct.gov</p>	<p><u>Grant Initiatives</u></p> <p>What is Syndromic Surveillance</p> <ul style="list-style-type: none"> - Public health monitoring system for emergency dept. (ED) and urgent care center cases. - Monitors for illness symptoms and overdoses in patients that present for emergency or urgent care. - Data can be used to detect early signs of an outbreak, emerging disease, or mass overdose (near real-time data). <p>Suicide Ideation and Attempt (SI/SA) Publications</p> <ul style="list-style-type: none"> - Includes Connecticut Suicidal Ideation and Self Harm Emergency Department Visit Report. - Includes Monthly CT Level Suspected Overdose and SI/SA Data - 3-Month Rolling average County Level Overdose Data Maps <ul style="list-style-type: none"> o Data is presented at the (a) County, (b) Local Health Dept., and (c) Regional Behavioral Health Action Organization (RBHAO) Level for SI/SA - Counts and Rates per 10,000 population. - Broken down by demographics: Race, ethnicity, gender, age-group. - Small numbers are suppressed. - LHDs and RBHAOs (for SI/SA) can see other jurisdictional aggregate data for comparison and situational awareness. 	

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	<p>To view presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/Epicenter_Suicide_Ideation_Attempt_CTSAB_3_14_24_FINAL.pdf</p> <p>Tribal Update – no update</p> <p><u>Regional Suicide Advisory Boards</u> https://www.preventsuicidect.org/about-us/regional-sab-business/</p> <p>Region 1/Southwestern</p> <ul style="list-style-type: none"> - Offering Narcan and Question Persuade Refer (QPR) trainings twice a month. - Conducting inventory assessment across 14 towns. - Focus groups for Spanish speaking individuals – creating a one-on-one campaign for 988 in the form of train platform ads in the month of May. - Trained 97 school psychologists in QPR and working with a district in the region to get all staff trained in QPR. - Email to contact: voneill@ryasap.org - Next meeting: 3/21/2024, 12 PM, in person <p>Region 2/South Central</p> <ul style="list-style-type: none"> - Offered QPR and Narcan trainings twice a month. - Self-care calendar and social media planned. - 3/15/2024 presentation of RSAB with south central network of care. - New Haven public schools taught RSAB and shared with principal and educators. - Email to contact: tgainey@bhcare.org - Next meeting: 4/2/2024 at 10:30 AM <p>Region 3/Eastern</p> <ul style="list-style-type: none"> - QPR and Narcan trainings twice a month - RSAB Coordinator provided QPR training for students at Norwich Technical High School, a selection of town employees in Willington, a group of staff and students at the Quinebaug campus of CT State College, as well as teens and young adults involved with New London Youth Affairs. - Email to contact: mirons@seracct.org - Next meeting: 4/2/2024 at 9 AM <p>Region 4/North Central</p> <ul style="list-style-type: none"> - QPR and Narcan trainings twice a month. 	

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	<ul style="list-style-type: none"> - Teen day of prevention and touchpoint with 400 students. - Participated in advocacy workshop for RBHAOs. - Gearing up for legislative breakfast on 3/19/2024. - Working with school districts regarding training. - Email to contact: lstamatien@amplifyct.org - Next meeting: 5/10/2024 at 1:30 PM <p>Region 5 /Western</p> <ul style="list-style-type: none"> - QPR and Narcan trainings twice a month - Starting a new meeting structure, every other month - Two subcommittees: Lethal means and <i>Gizmo</i> (Youth Mental Health Promotion) - May meeting will be in person. - Email to contact: awood@wctcoalition.org - Next meeting: 3/27/2024 at 10 AM <p><u>Foundations</u></p> <p>American Foundation for Suicide Prevention (AFSP) https://afsp.org/chapter/connecticut</p> <ul style="list-style-type: none"> - 3/19/2024- Legislative Breakfast Event - Access events here: Connecticut AFSP - Email: mpeters@afsp.org <p>Brian Dagle Foundation https://brianshealinghearts.org/</p> <ul style="list-style-type: none"> - Process of scheduling Lax to Live games (lacrosse games that promote suicide prevention at local high schools and colleges) - QPR taught to Lyme academy faculty. - Planning a Mother’s Day retreat at the foundation in Niantic for Mother’s who have lost children. - Email: Ann@brianshealinghearts.org <p>Jordan Porco Foundation https://www.rememberingjordan.org</p> <ul style="list-style-type: none"> - May 9th: Tickets will be available soon for a fundraiser for Wicked at the Bushnell. - Find link here: https://jpfwicked.funraise.org <p>My Friend Abby https://www.myfriendabby.org/</p> <ul style="list-style-type: none"> - Pastor plunge fundraiser in the next few weeks. 	

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	<ul style="list-style-type: none"> - In two weeks, a young adult community project will occur with 50 students – kintsugi art form. - Continuing to give grants to youth peer projects. - Email: gillian@myfriendabby.org <p><u>Committees</u></p> <p>Governor’s Challenge for Suicide Prevention of Service Members, Veterans, and Families</p> <ul style="list-style-type: none"> - Email: kasey.timberlake@us.af.mil & peter.e.doria.civ@army.mil <p>Attempt Survivors/Lived Experience</p> <ul style="list-style-type: none"> - Next meeting: 3/14/2024, 11:15 AM (meets monthly 2nd Thurs.) - Email: smachattie47@gmail.com & vlepoutre@namict.org <p>Data to Action</p> <ul style="list-style-type: none"> - Next meeting: 3/19/2024, 9:30 AM - Meeting will be about the suicide mortality review. - Email: sussman@uconn.edu & swakai@uchc.edu <p>Education & Advocacy Committee</p> <ul style="list-style-type: none"> - Partnering with Lethal Means to create short clips promoting messages of hope and guiding people towards resources. - If you or someone you know would like to participate, REACH out to co-leads of this committee and/or Lethal Means. - Next meeting: 4/4/2024, 1PM - New Email: alyeskamtilly@gmail.com & anadeau@amplifyct.org <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> - Next meeting: 3/21/2024, 9 AM - Email: mirons@seracct.org & ann@brianshealinghearts.org <p>Lethal Means</p> <ul style="list-style-type: none"> - Discussion about putting together videos on lived experience and getting videos done at conference on May 2nd. - Next meeting: 4/5/2024, 9:30 AM 	

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	<ul style="list-style-type: none"> - Email: CSisco@wheelerclinic.org & Jessica.Casella@va.gov <p>Zero suicide</p> <ul style="list-style-type: none"> - If you have a specific presentation request, please let committee know. - Next meeting: 3/27/2024, 9 AM - Email: Marissa.Sicley-Rogers@hhchealth.org 	
IV. Member Updates	<ul style="list-style-type: none"> - None 	
	<p>Coalition Meeting: 9:00 – 10:33 AM</p> <p>Board Meeting: 10:34 – 11:04 AM</p>	
<p>2023-2024 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>III. Let the tri-chairs know if you have any ideas for meeting presenters. Andrea.Duarte@ct.gov Ann@brianshealinghearts.org stephanie.bozak@ct.gov</p> <p>Dates/Presentations</p> <p>IV. <u>Save the 2024 Meeting Dates</u> (2nd Th. monthly):</p> <ul style="list-style-type: none"> - 4/11: Dr. Lauren Herlihy, Hospital for Special Care, <i>Individuals with Autism and Suicide Risk</i> - 5/2: <i>Statewide Conference</i> - 6/13: Jessica Casella, VACT, <i>Veteran Suicide Prevention and Compact Act</i> - 7/11: Research Team – Jeffrey Swanson, Duke University and Reena Kapoor and Michael Norko, Yale University, <i>Extreme Risk Protection Orders and Suicide Risk</i> - 9/12: <i>Special National Suicide Prevention Week Event</i> - 10/10: Micahela Fissel, Advocacy Unlimited, <i>Language to Support Recovery</i> <p><i>TBD: 8/8, 11/14, 12/12</i></p>	