



Region 3 Regional Suicide Advisory Board Meeting Minutes

**Meeting Date:** April 2,2024

**Location:** Zoom

**Present:** Maria Nott, Crissy Waggoner, Lindsey Kyle, Kylie Young, Natasha Austin, Danai Amaral, Katie Bell, Laura Stamartain, Kelsey Hust, Jill Taylor, Mikalya Bozym, Connie Capacchione, Megan Werner, Kim Grant, Eric Viera, Kristen Gladue, Natalie Crino, Jessica Lynch, Mikhela Hull, Katie Bell, Marci Kania, Angelina Young, Romeo Blackmar, Eric Reynolds, Megan Erdman,

**Facilitator:** Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed.	
RSAB Updates	The energy level of the group was checked with a Slido poll. Please encourage others from your networks to reach out and become members.	
A presentation from: Paulette Schwartz, LCSW, MPH, CPXP, will presenting: Bridging You to Safety: A First Evaluation of Suicide Prevention Signage on Bridges in CT.	Paulette Schwartz shared her work on assessing the status of the lethal means signage on bridges across Connecticut. She provided the rationale for the prevention effort as well as examples which included a local effort in Region 3. Several members after the presentation were interested in looking into bringing signs to their communities. The RSAB Coordinator encouraged them to reach out and partner on their efforts.	
Connecticut Suicide Advisory Board (CTSAB) Update	<p>March 14 Russ Iger, Coventry Police Department, Engaging Individuals at Risk of Suicide in Community Policing.</p> <p>April 11th Dr. Lauren Herlihy, Hospital for Special Care, Individuals with Autism and Suicide Risk</p>	

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Prevention Information	The Program Lead provided QPR training this month for students and staff at the Willimantic and Norwich sites of the CT State College. On March 19th, SERAC sponsored a presentation entitled: Understanding Anxiety, Alexithymia and Impulsivity to Support Autistic Adults in Suicide Prevention provided by Lisa Morgan A presentation entitled An Overview of Caring Contacts was provided in partnership with Dr. Kate Comtois, from the University of Washington on March 26.	
Postvention Information	The Program Lead provided a presentation entitled: <i>How to Support Grieving Students, to the school nurses with Montville Public Schools.</i>	
988 Update	The new video released by SAMSHA on 988 was shared with the group.	
Legislative Update		
Upcoming trainings	<p>On April 24th, 9-10:30: the annual presentation on the Columbia Suicide Severity Rating Scale, will be provided by Adam Lesser, from the Lighthouse Project.</p> <p>On April 30th, 9:00-10:30 Dr. Danielle Busby, will discuss suicide prevention and mental promotion within the BIPOC community.</p>	

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Questions & Comments	N/A	
Next Meetings:	<p style="text-align: center;">May 7, 2024 (9-10:30 )                      CalmPak – Dr. Melissa Root</p> <p style="text-align: center;"><a href="https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUU">https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUU</a>  <u>T09</u></p>	