### AGENDA ITEM/TOPIC

<table>
<thead>
<tr>
<th>Summary of Discussion</th>
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<tr>
<td>Andrea Duarte, Ann Irr Dagle, and Stephanie Bozak welcomed attendees</td>
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<td>December minutes were reviewed and approved</td>
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<td>Responsible journalism</td>
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<td>- Gained special training in how to report on suicide after the passing of Robin Williams</td>
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<td>- Goal: Share news that matters so that someone can see themselves in these stories and know how to get help</td>
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<td>- Suicide is not talked about often enough, although we have come far</td>
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<tr>
<td>- Do not run on a story unless sources have been verified</td>
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<tr>
<td>- Must be careful with what outlet you share your story with. Many times, individuals in vulnerable positions get taken advantage of by less reputable news sources.</td>
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### OUTCOME/ACTION /RESPONSIBLE
## CT Suicide Advisory Board Meeting Minutes

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| Interest in mental health | - Originally interested in why people turn to suicide and feel such despair  
- Being exposed to stories made Cheryl curious about suicide  
- Makes sure to feel gratitude because suicide can impact anyone |  |
| Covering tragedies | - News outlets are dispatched to speak to victims during tragedies  
- Cheryl has been dispatched to families after the 9/11 and Sandy Hook tragedies  
  - She ensured that when interacting with vulnerable families she was not just there for the story, but there to be a support |  |
| Is Cheryl seeing a change in the way we report out on suicide? | - Language has changed around speaking about suicide  
- Journalists are still learning what to watch for around language |  |
| How can we best communicate/educate the media when we advocate for proper reporting. | - Best thing to do is to welcome journalists to meetings and encourage open communication with them |  |
| How does Cheryl take care of herself when reporting on suicide and other subject? | - Make sure to practice gratitude and surround yourself with loved ones |  |
### AGENDA ITEM/TOPIC

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<th>III. Reports</th>
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</table>
| **CTSAB Update – 988 Grant**
Andrea Duarte LCSW, MPH, CT DMHAS
Stephanie Bozak, Psy.D. CT DCF | **Grant Initiatives**
- September 2023 to September 2026 CT received its second 988 Implementation Grant from SAMHSA ($6.8 million total).

**Goal of 988 Grant 2023-2026**
- Increase CT’s 988 suicide & crisis lifeline capacity to serve in-state users
- Objectives
  - Connecting individuals who contact 988 to services and maintaining key performance indicators so we are responding in a timely manner
- Must submit a communication strategy, collect data, have an evaluation team, create a mobile crisis service report, 988/911 administrator report, and tribal engagement report, sustainability report, and quality assurance methods

**CT Contact Center Services**
- United Way of CT Contact Center handles crisis calls that come in via multiple crisis lines: 211, 988, and the ACTION line
- Support over the phone is available 24 hours, 7 days a week, 365 days a year

**Key performance indicators show that 95% of calls were answered within 15 seconds**

**Expansion of Youth Mobile Crisis**
- Expanded hours to provide face to face services 24/7/365
- Mornings for the weekend have received many response times
- Referral sources: school, self, and family
- Risk of harm to self is primary presenting problem

**Adult crisis service update**
- Working on DMHAS side to expand hours to 24/7
- Working to recruit individuals on second and third shift
- Two new programs: crisis stabilization unit and peer respite

**Messaging to continue sharing**
- “No wrong door” in CT
- **Youth in crisis?** In CT, call 211 (press 1 for crisis, 1 for youth), Call/Text – 988 or Chat [www.988lifeline.org](http://www.988lifeline.org)
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<td>Adults in crisis?</td>
<td>In CT, call 800-HOPE-135 or 211 (press 1 for crisis, 2 for adults), Call/Text – 988 or Chat <a href="http://www.988lifeline.org">www.988lifeline.org</a></td>
<td></td>
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To view this presentation, visit: [https://www.ctclearinghouse.org_Customer-Content/www/files/PDFs/988_update_CTSAB_011124-FINAL.pdf](https://www.ctclearinghouse.org_Customer-Content/www/files/PDFs/988_update_CTSAB_011124-FINAL.pdf)

**Regional Suicide Advisory Boards**

### Region 1/Southwestern
- Offering Narcan and QPR trainings twice a month.
- Partnering with Westport LPC for My Ascension screening.
- Promoting Okay to Talk About It – billboards with 988 resource.
- January meeting: Presentation on sustainability for funding psychiatric beds and urgent crisis centers
- Increasing postvention capacity
- Email to contact: voneill@ryasap.org
- Next meeting: March 21, 12-2 PM, in person

### Region 2/South Central
- Offered QPR and Narcan trainings twice a month
- Starting next month QPR will be held virtually
- Supported a postvention response in an untimely youth death
- Met with Shelton high school to share QPR training for all staff
- Email to contact: tgainey@bhcare.org
- Next meeting: Feb 6, 10:30 AM

### Region 3/Eastern
- QPR and Narcan trainings twice a month
- Opportunity to do safe storage presentation with Coventry senior center
- December 14: Reset and refresh stress management training
- Purchased shopping cart ads for 211 and 988 resources
- Jan 2nd: Presentation on exploration between ageism and mental illness
- Email to contact: mirons@seracct.org
- Next meeting: Feb 6
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| **Region 4/North Central**| - QPR and Narcan trainings twice a month  
- Hosting coalition academy working with Strategic Prevention Framework  
- Access to information – finding ways to make programs more readily available  
- Couple of postvention responses in the past couple of weeks  
- Email to contact: lstamatien@amplifyct.org  
- Nest meeting: Feb 14, 1 PM, in person                                                                                                                                 |                                                                           |
| **Region 5/Western**      | - Starting a new meeting structure, every other month  
  - Two new sub committees: Gizmo Promotion and Lethal Means  
- QPR training with law enforcement and local prevention councils  
- Feb 14 - What is postvention training? In person in New Milford  
- Email to contact: awood@wctcoalition.org  
- Next meeting: Jan 24, 10 AM                                                                                                                                                  |                                                                           |
| **Foundations**           |                                                                                                                                                                                                                        |                                                                           |
| **American Foundation for Suicide Prevention (AFSP)** [https://afsp.org/chapter/connecticut](https://afsp.org/chapter/connecticut) | - Out of the Darkness Community Planning has begun  
- Presented four Talk Saves Lives  
- Talk Saves Lives for LGBTQ in February  
- Soul Shop for Churches – Feb. 17  
- Talk Saves Lives train the trainer in person at Amplify – Date TBD  
- House concert to benefit AFSP in Feb or March.  
- Email Michelle Peters: mpeters@afsp.org                                                                                                                                 |                                                                           |
| **Brian Dagle Foundation** [https://brianshealinghearts.org/](https://brianshealinghearts.org/) | - Grief support programs continue to be well attended and have at least a dozen going on at any given time.  
- Safe to Debrief group for first responders  
- Third party fundraisers Feb. 9 and 10– large pool tournament in Lebanon, CT  
- Email: Ann@brianshealinghearts.org   |                                                                           |
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| Jordan Porco Foundation | [https://www.rememberingjordan.org/](https://www.rememberingjordan.org/) <br> - May 9: Tickets will be available soon for a fundraiser for Wicked at The Bushnell.  
  - Find link here: [https://jpfwicked.funraise.org](https://jpfwicked.funraise.org) | |
| My Friend Abby | [https://www.myfriendabby.org/](https://www.myfriendabby.org/) <br> - Community events this quarter – 40-50 young adults going to be doing a Valentine’s Day notes and goody bag event to be distributed to senior centers.  
  - Loss support group meeting once a month  
  - Email: gillian@myfriendabby.org | |
| **Committees** | | |
| Governor’s Challenge for Suicide Prevention of Service Members, Veterans, and Families | - Established advisory board meeting dates for 2024  
  - Focusing on priorities for the year  
  - Created a vision statement for committee  
  - Email: kasey.timberlake@us.af.mil & peter.e.doria.civ@army.mil | |
| Attempt Survivors/Lived Experience | - Continue to present to CABLE (CT Alliance to Benefit Law Enforcement) organization  
  - This group spoke to more than 900 people in the past year  
  - Opportunity to present at the Mid-Atlantic Play Therapy Conference in June  
  - Sent an abstract for review at the American Association of Suicidology conference  
  - Email: smachattie47@gmail.com & vlepoutre@namict.org | |
| Data to Action | - Reviewed regional data to standardize reporting requests from state agency partners  
  - Solidified 2024 work plan  
  - CT has been accepted to the national Suicide Mortality Review Academy process – sponsored by the VA and SAMHSA  
    - To prevent suicide of service members, veterans, and their families  
    - Next 4-6 months will be identifying members, site visits, in person academy with goal to develop a plan for suicide mortality review process | |
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<tr>
<td>-</td>
<td>Next meeting: Wednesday March 13, 9:30 AM, virtual</td>
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<tr>
<td>-</td>
<td>Email: <a href="mailto:sussman@uconn.edu">sussman@uconn.edu</a>  &amp;  <a href="mailto:swakai@uchc.edu">swakai@uchc.edu</a></td>
<td></td>
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| **Education & Advocacy Committee** | - Revisiting and focusing on committee goals  
- Working on collaborating on a legislative breakfast  
- Next meeting: February 1, 1 PM  
- New Email: [alyeskamtilly@gmail.com](mailto:alyeskamtilly@gmail.com)  &  [anadeau@amplifyct.org](mailto:anadeau@amplifyct.org) | |
| **Intervention-Postvention Response** | - Revisiting the postvention resources with a list of support groups and protocols on the CTSAB website  
- Discussion continues to create a loss team in CT  
- Meeting: third Thursday of the month  
- Email: [mirons@seracct.org](mailto:mirons@seracct.org)  &  [ann@brianshealinghearts.org](mailto:ann@brianshealinghearts.org) | |
| **Lethal Means** | - Created a document and sent to firearm instructors to share in their classes  
- Partnership with NSSF shared the same document  
- Trying to have the document posted anywhere a person would apply for a firearm permit  
- Hoping to do some short messaging with representatives from different populations around suicide prevention and lethal means  
- Meeting: First Friday of the month  
- Email: [CSisco@wheelerclinic.org](mailto:CSisco@wheelerclinic.org)  &  [Jessica.Casella@va.gov](mailto:Jessica.Casella@va.gov) | |
| **Zero suicide** | - Let committee know if you have a specific presentation request  
- Next meeting: Jan 24, 9 AM, virtual  
- Email: [Marissa.Sicley-Rogers@hhchealth.org](mailto:Marissa.Sicley-Rogers@hhchealth.org) | |
| **IV. Member Updates** | - None | |
| | Coalition Meeting adjourned 10:37 AM | |
| **2023-2024 Meeting Schedule** | Let the tri-chairs know if you have any ideas for meeting presenters. [Andrea.Duarte@ct.gov](mailto:Andrea.Duarte@ct.gov)  [Stephanie.Bozack@ct.gov](mailto:Stephanie.Bozack@ct.gov)  [Ann@brianshealinghearts.org](mailto:Ann@brianshealinghearts.org) | |
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| Meetings are the second Thursday of the month, 9:00am—11:00am | **Dates/Presentations**  
Save the 2024 Meeting Dates (2nd Th. monthly):  
- 2/8: Alexis May, Wesleyan University, *Suicide Risk Detection, and Intervention in Romantic Relationships*  
- 3/14: Russ Iger, Coventry Police Department, *Engaging Individuals at Risk of Suicide in Community Policing*  
- 5/2: *Statewide Conference*  
- 6/13: Jessica Casella, VACT, *Veteran Suicide Prevention and Compact Act*  
- 7/11: Research Team – Jeffrey Swanson, Duke University and Reena Kapoor and Michael Norko, Yale University, *Extreme Risk Protection Orders and Suicide Risk*  
- 9/12: *Special National Suicide Prevention Week Event*  
- 10/10: Micahela Fissel, Advocacy Unlimited, *Language to Support Recovery*  

**TBD:** 4/11, 8/8, 11/14, 12/12 |