



Region 3 Regional Suicide Advisory Board Meeting Minutes

Meeting Date: January 2, 2024


Location: Zoom

Present: Kelsey Hust, Ann Irr Dagle, Mary Meyers Pasquino, Wrin McBride, Katie Bell, Lisa Giard, Mary McComiskey, Jill Taylor, Kiley Young, Dani Amarel, Erin Drake, Crissy Waggoner, Drew Lavallee, Laura Stamatien, Lindsey Kyle, Maggie Wood, Miranda Mahoney, Megan Erdman, Miranda Mahoney, Natasha Austin, Patrick McCormick, Tim Crosby, Alicia Marceau, Brittany Valentine, Catilyn Ogilvie, Natalie Crino

Facilitator: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work in the chat.	
RSAB Updates	We are always looking for new members. Please encourage others from your networks to reach out and become members. The February 2024 meeting of the RSAB will be hybrid, with the main meeting occur in the Norwich office, in order to interact with Officer McClelland and her partner Chase, from Groton Town Police Department.	
A presentation from: Natalie Crino, The Health Education Center, on ASIST	The Health Education Center received a grant to provide free ASIST suicide prevention training across the region. Natalie Crino provided an overview of the ASIST model which is a 2 day interactive training with role plays and practical exercises. The model is part of the Suicide Prevention Resource Center (SPRC) registry of best practices. The center can provide training to agency staff in their own classes or there will be open classes monthly at the center. Natalie also covered the requirements of the train the trainer requirements for the model.	
Connecticut Suicide Advisory Board (CTSAB) Update	12/14: Marissa Sicely-Rogers, Melissa Morgera, Sara Jones, Erica Moura, Hartford Healthcare/Institute of Living, Suicide Postvention: Providing Care for the Caregivers. 1/11/24: Cheryl Weinstock, SAVE-Awarded Journalist, Responsible Reporting on Suicide	

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Prevention Information	Over the month QPR training was provided to the staff from the New London Homeless Hospitality Center as well as Morgan Truck Body Corporation of Plainfield. A Safe Storage presentation was provided for attendees at a lunch and learn event hosted by the Coventry Senior Center. A training entitled <i>Reset & Refresh Holistic Stress Management for the Provider</i> was provided on January 14 by Advocacy Unlimited. The training was well attended, and participants appreciated the material, especially before the holiday season	
Postvention Information	A PTSM group was provided for students at a local high school which was impacted by compound loss this school year. Another PTSM group for teaching staff at a local staff was cancelled because of weather.	
988 Update	<p>Two new shopping cart ads cross endorsing 988 and 211 were placed at the Killingly and Groton locations of Big Y Supermarkets.</p>  <p>Members reminded that the Program Lead can provide a presentation on 988 to any audience.</p>	

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Legislative Update	No Changes	
Upcoming trainings	January 23rd, 9-10:30, virtual training, “An Exploration of the Connection Between Ageism and Mental Illness”. SERAC Open QPR/NARCAN 1/17/24 & 1/31/24 10-9:30-11:00 (Hybrid)	
Questions & Comments	N/A	
Next Meetings:	February 5, 2024 (9-10:30 - Hybrid) The Role of Comfort Dogs in Law Enforcement https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUUjT09	