



Regional Suicide Advisory Board (RSAB)

Meeting Agenda

July 11th, 2023

9:00 – 10:30 AM (Zoom)

Meeting Facilitator: Mark D. Irons

- I. Welcome
- II. Introductions; New members welcome
- III. RSAB Update:
- IV. Presentation: **988**: *“In Crisis: Someone to Talk To, Someone to Respond, Somewhere Safe to Go”*
- V. CTSAB Update: June 8th meeting was in person. A review of the CT Suicide Prevention Plan 2020-2025 as well as some CT DPH Data. I will be forwarding all members some information on the plan for information as well as when others inquire.
- VI. Prevention Information: Recreation counselors in Colchester, Killingly & Plainfield received QPR training as well as 9th grade Health Science students at Norwich Tech . Talk Saves Lives & Safe Messaging was provided to the CT Association of CT Association of Resident Services Coordinators in Housing – thank you Shoshana from Access who made the connection. June 22nd, Gambling & Suicide was presented by my colleague Deborah Walker and June 23rd, we had Dennis Gillan, presentation on the loss of his two brothers to suicide. Tabling occurred at the Waterford Wellness event on June 15.
- VII. Postvention Information: June 2nd: Overview of Postvention was provided to New London Campus Community Coalition, thank you to RSAB member Gail Marsh for the invite and New London’s interest in a postvention team.
- VIII. 988 Updates: More messaging
- IX. Legislative Update: N/A
- X. Upcoming Training: Reminder SERAC can offer QPR, Talk Saves Lives, Overview of Postvention, Safe Messaging and Working Minds training. Topics for the Fall: Suicide

Prevention in the AAPI community, Maternal Mental Health and Eating Disorders and Suicide, NAMI Provider Education 4-hour.

XI. Questions & Comments

XII. Next Meeting: **No Meeting on August 1st. In lieu of a meeting, members will be receiving a survey seeking their input on the future of the RSAB.**

<https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUUT09>

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