



Region 3 Regional Suicide Advisory Board Meeting Minutes

**Meeting Date:** July 11, 2023

**Location:** Zoom

**Present:** Connie Capacchione, J. Lynch, Heather Victoria, Drew Lavalee, Ashley Foster

**Staff:** Mark D. Irons, Meghan Erdman

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work in the chat. The group was smaller than usual based on summer as well as change in date because of July 4 Holiday.	
RSAB Updates	No August meeting. In lieu of a meeting, the RSAB members will be asked to complete a survey on the workings of the RSAB as well as areas of interest.	
Update on 988	The RSAB Coordinator provided an update on the roll out of 988. The differences between 211, 911 and 988 were highlighted. A video showcasing the work of call center staff was reviewed to provide insight into their role in the crisis system. A real emphasis was given to the SAMSHA 988 media toolkit which provides free constructed social media shareables on 988. The specialty services of the 988 for Spanish speakers, veterans, and LGBTQIA under 25 was explained.	
Connecticut Suicide Advisory Board (CTSAB) Update	<p>June 8 – In-Person CTSAB in Cromwell: a review of the 2020-2025 Suicide Prevention statewide plan was provided to those in attendance. RSAB members will get the one pager on the plan as part of the follow-up to the July meeting. CT DPH reviewed the ER surveillance data for the state.</p> <p>July 13 - Paul Tieger, SpeedReading People, Personality Type Research &amp; Behavioral Health Risk Factors</p>	

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Prevention Information	Recreation counselors in Colchester, Killingly & Plainfield received QPR training as well as 9th grade Health Science students at Norwich Tech during the month of June. A tabling occurred at the Waterford Wellness event on June 15. Talk Saves Lives & Safe Messaging presentation was provided to the CT Association of CT Association of Resident Services Coordinators in Housing on June 21 <sup>st</sup> . On June 22 <sup>nd</sup> , a Gambling & Suicide presentation was provided for the Region by the SERAC Gambling Prevention Coordinator. On June 23 <sup>rd</sup> , we had Dennis Gillan present virtually on his story of losing two brothers to suicide. His mission is to prevent others from experiencing the same grief.	
Postvention Information	On June 2 <sup>nd</sup> an Overview of Postvention was provided to New London Campus Community Coalition. Thank you to RSAB member Gail Marsh for the invite and New London’s interest in a postvention team.	
988 Update	Members reminded that the Program Lead can provide a presentation on 988 to any audience.	
Legislative Update	No Changes	
Upcoming trainings	June 20 <sup>th</sup> – Suicide & Eating Disorders 9-10 (virtually)	

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Questions & Comments	N/A	
Next Meetings:	<p style="text-align: center;">September 5, 2023 (9-10:30 via ZOOM @ present)                      Tianna L. Hill, MSW                      Regional Trauma Coordinator</p> <ul style="list-style-type: none"> <li>• August 1<sup>st</sup> – Meeting Cancelled</li> </ul> <p style="text-align: center;"><a href="https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUUjT09">https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUUjT09</a></p>	