



Region 3 Regional Suicide Advisory Board Meeting Minutes

Meeting Date: April 4, 2023

Location: Zoom

Present: Connie Capacchione, Crissy Waggoner, Drew Lavallee, Miranda Mahoney, Heather Victoria, Katie Bell, Kiley Young, Kim Grant, Linda Barton, Scott Barton, Maggie Wood, Sandra Fairbarn, Lindsey Kyle, Kristina Gladue, Victoria Baker, MayAnn McComisky, Kelsey Hust, Sarah Firmin, Megan Erdman, Ann Dagle, Sabena Escott, Romeo Blackmar, Sydney Tabor, Eric Reynolds, Heather Victoria, Britany Valentine, Mallory Kane, Jessica Musgrove, Mary Pike, Kiley Young, Eric Viara, Romeo Blackmar, Mary Meyers Pasquino, Theresa Lambert,

Staff: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work in the chat. A few new members joined the group.	
RSAB Updates	Always looking for new members, please share with any in your networks. Thank you to those who attended our Adolescent Suicidality and Self Harm presentation on March 21 st . In reviewing our data for the end of grant reporting, the RSAB Lead shared that there are 72 members of the group. This amount is a 50 percent increase since November of 2021. Thank you to those board members who asked their town recreation staff about QPR training for their staff. I got a couple of calls about setting up a training or their personnel. Thank you!	
A presentation from: <i>Brina Dagle Foundation</i>	Ann Irr Dagle, Executive Director and Co-Founder of the Brian Dagle Foundation, presented to the RSAB on <i>Surviving Suicide Loss Grief</i> . The presentation provided both foundational principles on grief as well as practical information on supporting suicide loss survivors. The various support groups and services offered by the Brian Dagle Foundation were provided to the group.	
Connecticut Suicide Advisory Board (CTSAB) Update	Meeting on March 9 th CTSAB Business Meeting. Members highlighted the work they are doing in the field of suicide prevention and education. Next meeting: April 13 th Suicide Grief and Loss The new one pager on the CTSAB, created by the Education and Advocacy subcommittee, was provided to all members via the follow up email to the group.	

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Prevention Information	A group of nurses from Montville Public School were trained in Youth Mental First Aid (YMFA). School nurses are a great audience for the YMFA training curriculum. Child First Staff at UCFS and Windham Pride received an Overview of the RSAB & its resources, QPR training was provided for the school-based nurses from Visiting Nurses of Southeastern CT, Parents at Harvard H. Ellis Technical HS, Raymond Hill Library (Montville), and evening virtual open session. Suicide Prevention material was shared at the spring Quinebaug Community College Wellness event. The RSAB Lead presented with three students at the Woodstock Academy 2023 Human Rights Conference on suicide prevention.	
Postvention Information	The EMIS program manager, regional coordinator from CT School Safety and Crisis Preparation and the RSAB Lead have been meeting to clarify roles and ways to coordinate efforts to support communities when a loss occurs. Group was reminded that SERAC staff can provide Posttraumatic Stress Management groups in the weeks following any untimely death. An Overview of Postvention is being offered on April 28 th at the Plainfield office.	
988 Update	No Wrong Door is the message, all current crisis lines are still active. 988 roll out still expected for July 2023	
Legislative Update	No Changes	
Upcoming trainings	April 25th 9-10:30 (Virtual) Columbia Suicide Severity Rating Scale Webinar May 19 th 9-10:30 (Virtual) LGBTQ 101: Allyship	

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Questions & Comments		
Next Meetings:	<p style="text-align: center;">May 2, 2023 (9-10:30 via ZOOM @ present) Lethal Means Prevention https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUUjT09</p>	