



Region 3 Regional Suicide Advisory Board Meeting Minutes

Meeting Date: March 7, 2023

Location: Zoom

Present: Connie Capacchione, Crissy Waggoner, Drew Lavalley, Miranda Mahoney, Heather Victoria, Katie Bell, Kiley Young, Kim Grant, Linda Barton, Scott Barton, Maggie Wood, Sandra Fairbarn, Sydney Kupis, Lindsey Kyle, Kristina Gladue, Victoria Baker, MayAnn McComisky, Kelsey Hust, Sarah Firmin, Alice Demeo, Megan Erdman, Ann Dagle, Sabena Escott, Romeo Blackmar, Sydney Tabor

Staff: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work in the chat. A few new members joined the group.	
RSAB Updates	Always looking for new members, please share with any in your networks. Thank you to those who participated in a stake holder interview with the RSAB Coordinator or any other SERAC staff as part of the DMHAS Priority Report.	
A presentation from: <i>Safe Futures (Domestic Violence Services)</i>	Lilliana Figueroa, from Safe Futures, presented on the linkage between domestic violence and suicide as well as their programming. The board received information on the definition, scope and signs of domestic violence in a variety of populations. The overlap between suicide and domestic violence warning signs were highlighted. The variety of services available to domestic violence victims in CT was discussed with emphasis on the statewide call center, court advocacy, community education and safe housing options. The board was reminded that the regions has been impacted by several homicide-suicide cases which were connected to domestic violence issues. Several board members were interested in connecting offline with Safe Future staff regarding their curriculum for young adults.	

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Connecticut Suicide Advisory Board (CTSAB) Update	<p>February 9th Richard Fournier & Shawn Hite-Jones, Education Development Center (EDC), MTSS-Suicide Prevention in Schools. The presenters provided information on the work their organization has done at the state and county level at sites across the country with suicide prevention in schools. The material focused on combining suicide prevention strategies with the tiered intervention systems currently being used by school systems.</p> <p>Next Meeting: March 9th CTSAB Business Meeting. Members will be highlighting the work they are doing in the field of suicide prevention and education.</p>	
Prevention Information	<p>QPR training for all 9th grade students at Harvard H. Ellis Technical High School was completed. A QPR for parents at the school was set for March 22nd. 40 staff from the Visiting Nurses Association of Southeastern CT were trained in QPR with a second training set for March 21st for school-based staff. The parks and recreation departments in the region were sent a letter offering free training in QPR for their staff. The towns of Colchester, Killingly, New London and Plainfield have already set dates in May and June. A leadership team with Curtin Livery will be trained in QPR and Narcan on March 19th. The RSAB Coordinator will be reaching out to libraries in the region to offer GIZMO read alongs this summer. EMIS has agreed to support the effort when available with their clinicians.</p>	
Postvention Information	<p>2 suicide prevention signs provided to the RSAB by the United Way were placed in Norwich on Water St bridge by the city's public works department. EMIS (youth) and MOTS (adult) crisis services are available to meet with groups and organizations on their services. An Overview of Postvention is being offered on March 31st at the Plainfield office.</p>	
988 Update	<p>No Wrong Door is the message, all current crisis lines are still active. Reminder was provided to the group that mobile crisis will come to the child or adult: (home, work, doctor's office, school, or other community setting. Services are available in any location except Residential Treatment Centers, Sub-Acute Units or Inpatient Units</p>	

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Legislative Update	HB 6600 Supporting Funding for RBHAOs is at appropriations committee with a hearing on Thursday March 9 th . Thank you to all who have supported this legislation.	
Upcoming trainings	<p>March 21st 9-10 (Virtual) Adolescent Suicidality & Self Harm</p> <p>April 25th 9-10:30 (Virtual) Columbia Suicide Severity Rating Scale Webinar</p>	
Questions & Comments	Several members in attendance shared with the group events that they had scheduled for the coming months. Members discussed attending and tabling at each other's events.	
Next Meetings:	<p>April 4th, 2023 (9-10:30 via ZOOM @ present)</p> <p>“Brian Dagle Foundation ”</p> <p>https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUUjT09</p>	