



Region 3 Regional Suicide Advisory Board Meeting Minutes

Meeting Date: February 7, 2023

Location: Zoom

Present:, Ann Marie Betrand, Brittany Valentine, Connie Capacchione, Crissy Waggoner, Drew Lavalley, Miranda Mahoney, Heather Victoria, Jo-ann Chenail, Katie Bell, Kiley Young, Kim Grant, Linda Barton, Scott Barton, Lisa Girard, Maggie Wood, Sandra Fairbarn, Sydney Kupis, John Leuba, Lindsey Kyle, Megan LaCour, Kristina Gladue, Eric Viara, Gail Palladino Marsh, Amery Bernhardt

Staff: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work in the chat. A few new members joined the group.	
RSAB Updates	Always looking for new members, please share with any in your networks. All members who participated in the DMHAS Priority Report focus group were thanked for their participation. Also, a reminder that certain members who could attend were offered an opportunity to take part in an individual stakeholder interview.	
A presentation on: <i>Connecticut Center for School Safety and Crisis Preparation</i> by Amery E. Bernhardt, D.M., CEM Director and Kiley Young LCSW, Regional Coordinator	Amery Bernhardt, the Director and Kiley Young, Regional Coordinator, from the Connecticut Center for School Safety and Crisis Preparation presented to the group on the work of their new organization. Amery shared information on the results of their initial needs assessment as well as their offerings of trainings which are scheduled for the remainder of the year. All were encouraged to join the mailing list for the center’s newsletter which is fully of information and resources. Kiley discussed her work in the northern and southern parts of the region to establish teams which could work on ways to collaborate and respond regionally to a crisis. Kiley provided her contact information to the group and encouraged people to reach out with questions. A member was interested in the centers working with youth serving agencies outside of school which could be working with students.	

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Connecticut Suicide Advisory Board (CTSAB) TSAB Update	<p>January 12th - Timothy Schmutte, Yale University, presented on the unique risk and protective factors associated with Geriatric Suicide. The scope of the problem was highlighted by review of the current national suicide data. Additionally, the best practices for support were highlighted as well as their implementation in different settings for seniors. The topic of connection was discussed in relation to offsetting loneliness which is experienced at a high rate by this population. Examples from across the country and the world were utilized.</p> <p>Next Meeting: February 9th Richard Fournier & Shawn Hite-Jones, Education Development Center (EDC), MTSS-Suicide Prevention in Schools</p>	
Prevention Information	<p>SERAC was invited back to provide QPR training for their 9th grade students. The first half of the students was trained on February 3rd and the other half is on February 17th. SERAC tabled at the Regional Parent Expo held at Putnam Middle School on January 11th. QPR training was provided to the residential staff at Woodstock Academy as well as a group of student athletes at Mitchell College. A tabling was provided for the Three Rivers Community College wellness fair on January 31st.</p>	
Postvention Information	<p>An open Overview of Postvention was offered on January 27th. A discussion was had with representatives from the city of New London about creating a postvention team as part of their New London Community Campus Coalition. The RSAB Coordinator was invited to present to the NLCCC later in the year on postvention. EMIS for youth and adults are always ready to assist after an untimely death.</p>	
988 Update	<p>No Wrong Door is the message, all current crisis lines are still active.</p>	
Upcoming trainings	<p>February 28th 9-12 via Zoom: <i>Crisis Supports and Suicide Prevention for Autistic People</i> – presented by Lisa Morgan</p>	

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Questions & Comments	Interest and questions were asked regarding the upcoming training on Crisis Support and Suicide Prevention for Autistic People as well as the proposed Spring training on the Columbia Suicide Severity Rating Screen (CSSRS).	
Next Meetings:	<p style="text-align: center;">March 7th, 2023 (9-10:30 via ZOOM @ present) "Safe Futures and Domestic Violence" https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUU <u>T09</u></p>	