



Region 3 Regional Suicide Advisory Board Meeting Minutes

**Meeting Date:** January 10, 2023

**Location:** Zoom

**Present:** Aji Filardi, Ann Dagle, Ann Marie Betrand, Brittany Valentine, Connie Capacchione, Crissy Waggoner, Drew Lavallee, Miranda Mahoney, Heather Victoria, Isabella Podeszwa, Jo-ann Chenail, Karin Hughes, Katie Bell, Kelsey Hust, Kiley Young, Kim Grant, Linda Barton, Lisa Girard, Maggie Wood, Marissa Rivelleni, Mary Pike, Romeo Blackmar, Sandra Fairbarn, Scott Barton, Selena Musumeci, Sydney Kupis, Thersea Lambert, Sara Firmin, Emily Morse

**Staff:** Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work in the chat. The meeting was held on the second Tuesday to accommodate the speaker as well as to avoid the day many were returning from the holidays. Several new participants were in attendance in response to the topic as well as at the invite of existing members.	
RSAB Updates	Always looking for new members, please share with any in your networks.	
A presentation on: <i>Suicidal Behaviors among Elementary Age Children</i> by Emily Morse and Marissa Rivelleni	Emily Morse and Marissa Rivelleni from United Community and Family Services (UCFS) provided a presentation to the group on suicidal behavior among elementary age children. This is a topic which was identified as an area of interest from the region for more information on this specific population. The presenters provided statistics and trends, strategies and resources to utilize with younger children when assessing for suicidality. The group received localized data as it relates to calls for EMIS services for 11 and under in our region. The role of EMIS services and school staff was discussed. Time was permitted for questions and answers from the attendees.	

Region 3 Regional Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Connecticut Suicide Advisory Board (CTSAB) TSAB Update	December 12th Jeanette Baker, United Way of CT/211 and Kevin Burns, CT Department of Transportation, CTSAB Lethal Means Committee, presented Addressing Lethal Means through Partnerships for Suicide Awareness. I was a very interesting conversation about signage. The train stations have been a real point of emphasis of late. Locations in our region with such signage was shared: Gold Star Bridge as well as Soap St in Killingly. Next meeting is January 12 <sup>th</sup> - Timothy Schmutte, Yale University, Geriatric Suicide Risk	
Prevention Information	RSAB Coordinator invited to table at QVCC during exam week 12/15/22 with more preventions planned for the next several months. Mitchell College Athletics Director office wanted to collaborate on a QPR for a group of their student athletes.	
Postvention Information	The RSAB Coordinator excited to be invited to speak to a group of administrators from Thompson Public Schools on Overview of Postvention later this week. EMIS always ready to assist after an untimely death. The area has experience 2 reported loss both adult males; highlighting the importance of getting prevention material into non-traditional settings.	
988 Update	No Wrong Door is the message, all current crisis lines are still active.	
Upcoming trainings	<p>December 14<sup>th</sup> 9:00-1:00 NAMI CT presenting: <i>Understanding Mental Illness What people affected by mental illness want you to know</i> had to be cancelled and will scheduled for a later date in 2023 because of trainer availability.</p> <p>SERAC will be hosting Talk Saves Lives, QPR and an Overview of Postvention at a variety of days and times in January. See SERAC training calendar: <a href="#">SERAC: Promoting Mental Health in 41 Connecticut Towns (seracct.org)</a></p>	

Region 3 Regional Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Questions & Comments	EMIS will be providing a response 24 hours a day effective 1/1/23. Members were happy to hear that SERAC is hosting a Columbia Suicide Severity Rating Scale (CSSRS) in April 2023. Kiley Young the new regional school safety coordinator for our region was introduced and will be presenting next month.	
Next Meetings:	<p style="text-align: center;">February 7th, 2023 (9-10:30 via ZOOM @ present)                      “Connecticut Center for School Safety and Crisis Preparation”  <a href="https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUU">https://us06web.zoom.us/j/84570075726?pwd=QjdRQk9BYm83ZlF6NTNGeVB3N2NUU</a>  <u>T09</u></p>	