



Region 3 Regional Suicide Advisory Board Meeting Minutes

Meeting Date: December 6, 2022

Location: Zoom

Present: Linda Barton, Scott Barton, Dr. Papalia, Shoshana Merced, Kelsey Hust, Romeo Blackmar, Sandra Fairbain, Sarah Firmin, Katie Bell, Miranda Mahoney, Crissy Wagoner, Karin Hughes, Kristina Gladue, Drew Lavalley, Maggie Wood, Lisa Girard, Brittany Valentine, Stephen Feathers, Mary Pike, John Leuba

Staff: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and their connection to the work	
RSAB Updates	Always looking for new members, please share with any in your networks. All are welcome. Next month we are meeting on January 10th not January 3 rd .	

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<p>Overview of Adult Mobile Outreach Teams: John Leuba Southeastern Mental Health Authority</p>	<p>John Leuba the manager of the Mobile Outreach Team (MOT from Southeastern Mental Health Authority (SEMHA) spoke to the group about their services. John’s agency covers New London County. The service is available for individuals 18 years and older. They currently provide a response from 8:00 AM -12 :00 AM seven days a week with efforts to establish a third shift in the works. The focus of their work is mental health not substance abuse. The calls are routed from 988 and 211 to the on-call clinicians. They are assessing individuals and attempting to find connections which avoid the use of hospital beds. The clinicians work closely with local law enforcement and can utilize the emergency committal procedures if required. They offer limited follow up services because of their call volume which is different from EMPS. They may be asked to check on clients during off hours by the mental health authority clinicians assigned to a case. Safety of the responding clinician is paramount. (John was unable to share the slide show he prepared)</p> <p>Kristina Gladue from United Services who manages adult mobile outreach in Windham County spoke to the group briefly about her team and their work in the northern catchment. Both John and her spoke of staffing shortages and the need to recruit new personnel.</p> <p>All were provided the contact information for adult mobile outreach services. And the slides were forwarded to the group after the meeting.</p>	
<p>Connecticut Suicide Advisory Board (CTSAB) TSAB Update</p>	<p>Reminder that anyone can request materials for promoting the statewide suicide prevention campaign via the 1 Word, 1 Life, 1 Voice website.</p> <p>Last meeting: 11/10/22: Why I Didn't Say Anything – the lived experience subcommittee is a powerful voice and has been very instrumental in the advocacy work which has occurred in the state.</p> <p>Next meeting: 12/8/22: Jeanette Baker, United Way of CT/211 and Kevin Burns, CT Department of Transportation, CTSAB Lethal Means Committee, Addressing Lethal Means through Partnerships for Suicide Awareness</p>	

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Prevention Information	A QPR training was conducted at the Plainfield office in person which was great. QPR course will be offered in the evening to accommodate working adults next one is 12/12/22 at 630. Thank you to Lebanon Public Schools for offering a Talk Saves Lives at their parent teacher conference day. Thank you to NFA for inviting RSAB/SERAC to table at the Mental Health Matters event, which was student driven, Thank you to Miranda Mahoney from Griswold Pride for asking me to speak to their group which resulted in two leads for collaborations. Ellis Tech invited SERAC back to train 9th graders & parents in QPR. QVCC asked for a tabling during exam week, 12/15/22, I will be sending along information on WTNH special on suicide prevention efforts across the state which features our own Ann Dagle.	
Postvention Information	The RSAB Coordinator is still working with two communities (Norwich & New London) to place signage at loss sites. NFA asked for the RSAB Coordinator to speak to a group of support staff about an anniversary of a loss which was coming up for best practices. The group was reminded that postvention guidance is always available. Also, a reminder was provided that EMPS can assist any agency following an untimely death.	
988 Update	No Wrong Door is the message, all current crisis lines are still active.	
Upcoming trainings	<p>December 14th 9:00-1:00 NAMI CT presenting: <i>Understanding Mental Illness What people affected by mental illness want you to know</i></p> <p>Topics for 2023: self-Injurious behavior & suicide, Suicide in the Autism Community, Human Trafficking, Columbia Suicide Severity Rating Scale and LGBTQ suicide concerns.</p>	

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Questions & Comments	<p>A board member asked about the requirement of a QPR booklet to complete a QPR training and the cost aspect of QPR versus other curriculums. THE RSAB Coordinator offered to connect the person with a QPR master trainer in the state.</p> <p>EMPS will be providing a response 24 hours a day effective 1/1/23.</p>	
Next Meetings:	<p><u>Tuesday January 10th @ 9 via Zoom (Different Date than Usual)</u></p> <p>Topic: School Age Children & Suicide</p>	