

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** June 9, 2022

**Location:** Zoom Virtual Meeting

**Present:** Angelika Andrukiewicz (Bristol-Burlington Health District), Gerry Baird (Clifford Beers), Jeanette Baker (United Way CT), Rebekah Behan (CHDI), Rayallen Bergman (CCPG), Tony Bernard (Advocacy Unlimited), C.J. Boggs (YWCA New Britain), Haley Brown (Wolcott CASA), Jessie Casella (VA CT), Heather Clinger (Wheeler), Alan Coker (NAMI Manchester), Rosemarie Coratola (IOL), Adele Cyr (Amplify), Ann Irr Dagle (Brian Dagle Foundation), Melissa Deasy (IOL), Sarah DeFlumeri (Naugatuck Youth Svcs/Step Up Naugy), Anastasia Domnich-Kovalevsky (Torrington Area Health District), Andrea Duarte (DMHAS), Jennifer Esposito (Judicial Branch), Amy Evison (CHR), Jane Ferrall (Advocacy Unlimited), Joanna Fornwalt (Town of Enfield), Tom Fulton (Wheeler/CT Clearinghouse), Taylor Gainey (APW), Marisa Giarnella-Porco (Jordan Porco Foundation), Grace Grinnell (NAMI Farmington Valley), LaTonya Harts (VA CT), Mark Irons (SERAC), Aaron Jackson (CMHA), Angela Jimenez (DPH), Robert Kanehl (CT Poison Control), Chelsea Kapitancek (McCall Center for Behavioral Health), Lynn Kelley (Beacon Health), David Krause, Valerie Lepoutre (NAMI CT), Schuyler Laparle, Michelle Leibovitz (Rick Wright Productions), Hsiu-Ju Lin, Susan Logan (DPH), Gabriel Lomas (WCSU/CT Ctr for School Safety), Sarah Lorenzini (Western CT Coalition), Cathy Ludlum (Second Thoughts CT), Steve MacHattie (Charter Oak Family Ctr), Mike Makowski (DPH), Tim Marshall (DCF), Sgt. Brianna Maurice (CT State Police), Patrick McCormack (Uncas Health District), Ray Michaud, Michael Moravecek (CTARNG), Allyson Nadeau (Amplify), Scott Newgass (SDE), Victoria O'Neill (The Hub), Lucy Orellano (OCA), Jessica Patrie (The Hub), Jonathan Perloe (CTAGV), Michelle Peters (AFSP-CT), Nickia Pierce, Jonathan Pohl (CCSU), Kristen Ranciato (VHA), Paula Rego (IOL), Steve Rogers (CT Children's), Robert Rubbo (Torrington Area Health District), Kelsey Socha, Heather Spada (United Way CT), Alexis Steele (Bristol-Burlington Health District), Tom Steen (Steen Consulting), Jennifer Sussman (UConn Health), Jennifer Tirado (Advocacy Unlimited), Aminah Tsonga (CCSU), Cristin McCarthy Vahey (CGA), Sara Wakai (UConn Health), Marissa White (CHQIS), Melanie Wilde-Lane, Abby Wood (Western CT Coalition), LoriBeth Young (DSS), and Susan Yurasevecz (DPH).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
<b>I. Welcome and Introductions</b>	Andrea Duarte, Tim Marshall, and Tom Steen welcomed attendees	
<b>II. Review of Minutes</b>	May minutes accepted	
<b>III. Presentation</b> <i>Extreme Risk Protection Order &amp; Suicide Prevention</i> Sgt. Brianna Maurice CT State Police-Special Licensing & Firearms Unit <a href="mailto:Brianna.Maurice@ct.gov">Brianna.Maurice@ct.gov</a>	<ul style="list-style-type: none"> <li>- Firearms are the second leading cause of suicide death in CT; suicide accounts for at least half of gun deaths</li> <li>- Firearm owners at higher risk of suicide: 8x higher for men and 35x higher for women; among youth firearm suicides, 4 out of 5 used a family member's gun</li> <li>- Strategies for firearm suicide prevention include education and training; safe storage; voluntary relinquishment; smart gun technology and extreme risk protection orders</li> <li>- Connecticut safe storage laws: Ethan's Law (CT Public Act 19-5, 2019) requires secure storage for loaded and unloaded firearms in homes with minors under age 18; residents</li> </ul>	

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<p>Jonathan Perloe            Director of Communications            CT Against Gun Violence  <a href="mailto:jonathan@cagv.org">jonathan@cagv.org</a></p>	<p>who are at risk to themselves or others; or residents prohibited from possessing firearms and CT Public Act 19-7 (2019) requires handguns in unattended vehicles to be securely stored in a locked trunk, glove box or safe</p> <ul style="list-style-type: none"> <li>- Voluntary relinquishment is best option</li> <li>- CT Extreme Risk Protection Order (ERPO) Public Act 99-212 passed in 1999: means of removing guns when there is imminent threat of harm to self or others</li> <li>- CT Public Act 21-67 strengthened ERPO, effective 6/1/22: requires a court hearing before firearms are returned; allows risk protection order if person does not currently possess a firearm; and allows family members and healthcare professionals to directly petition the court</li> <li>- ERPO awareness: CT Judicial Branch brochure; CTSAB lethal means committee created a “Safe Guard Your Home” brochure; information on <a href="http://www.preventsuicidect.org">www.preventsuicidect.org</a> CAGV mailing to 2,500 behavioral health providers; distributing ERPO brochure</li> <li>- To view the presentation, visit: <a href="https://www.ctclearinghouse.org/Content/www/files/PDFs/060922-CTSAB_Firearm_Suicide_Prevention_Presentation_6_5_22_v1.pdf">https://www.ctclearinghouse.org/Content/www/files/PDFs/060922-CTSAB_Firearm_Suicide_Prevention_Presentation_6_5_22_v1.pdf</a></li> </ul> <p>Resources:</p> <ul style="list-style-type: none"> <li>- <a href="https://projectchildsafe.org/">https://projectchildsafe.org/</a></li> <li>- <a href="https://www.preventsuicidect.org/">https://www.preventsuicidect.org/</a></li> </ul>	
<p><b>IV. Reports</b></p>	<p><b><u>Grant Initiatives</u></b>  <b>CDC Comprehensive Suicide Prevention Grant</b></p> <ul style="list-style-type: none"> <li>- Three local health districts (LHD) are currently involved in the grant; hope there will be five by the end of July</li> <li>- LHDs are partnering with the Regional Behavioral Action Organization (RBHAO) in their area and Regional Suicide Advisory Board</li> <li>- LHDs are in the planning phase working on the three-year action plan for suicide prevention, intervention and response in their community</li> <li>- LHDs off QPR trainings in their communities</li> <li>- Monthly meetings for LHD grantees include presentations and resource sharing</li> <li>- LHDs are updating their web sites to include suicide prevention and resources; to be completed by the end of August</li> </ul> <p><b><u>Regional Suicide Advisory Boards</u></b>  <a href="https://www.preventsuicidect.org/about-us/regional-sab-business/">https://www.preventsuicidect.org/about-us/regional-sab-business/</a></p> <ul style="list-style-type: none"> <li>- Contact the lead for each region for more information regarding meetings and trainings.</li> </ul>	

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	<p><b>Region 1/Southwestern:</b></p> <ul style="list-style-type: none"> <li>- Attended postvention TOT</li> <li>- Working with towns on postvention response and teams</li> <li>- Planning for September events</li> <li>- Two monthly QPRs, 9-10:30am, 1st and 3rd Wednesday mornings</li> <li>- Offered trainings in May: C-SSRS training; veterans and suicide; and elderly and suicide</li> <li>- Next meetings: Sept. 9 and Dec. 9, 10:00am</li> </ul> <p><b>Region 2/South Central:</b></p> <ul style="list-style-type: none"> <li>- Attended postvention TOT</li> <li>- RSAB June meeting discussed postvention planning</li> <li>- Recruiting for new members</li> <li>- QPR and MHFA and Gizmo for Mental Health trainings on the website</li> <li>- Next meeting Aug. 2, 10:00am</li> </ul> <p><b>Region 3/Eastern:</b></p> <ul style="list-style-type: none"> <li>- Attended postvention TOT</li> <li>- Suicide in Aging training</li> <li>- Tabling event with Uncas Health District at Mohegan Sun</li> <li>- BIPOC suicide specific training</li> <li>- Gaggle presented to prevention subcommittee</li> <li>- CALM training with Dr. Elaine Frank for clinical partners</li> <li>- Next meeting: July 6, 9:00am</li> </ul> <p><b>Region 4/ North Central:</b></p> <ul style="list-style-type: none"> <li>- Attended postvention TOT</li> <li>- Last meeting there was a presentation by Veterans Administration</li> <li>- Aug. 18, 11:30am, meeting: presentation by DPH on updated surveillance data and discussion of September events</li> <li>- Continue Narcan and QPR trainings</li> <li>- ASIST training will be scheduled in the Fall</li> </ul> <p><b>Region 5/Western:</b></p> <ul style="list-style-type: none"> <li>- Attended postvention TOT</li> <li>- Quarterly newsletter</li> <li>- QPR/Narcan trainings continue</li> <li>- Conducting trainings with park and rec staff and campuses</li> <li>- Gizmo read-alongs planned for summer</li> </ul>	

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	<ul style="list-style-type: none"> <li>- Next meeting June 29, 10:00am, data presentation by Mike Makowski from DPH</li> </ul> <p><b>Foundations</b></p> <p><b>American Foundation for Suicide Prevention (AFSP)</b> <a href="https://afsp.org/">https://afsp.org/</a></p> <ul style="list-style-type: none"> <li>- Michelle Peters and Ann Irr Dagle attended the National Advocacy Forum</li> <li>- Gizmo curriculum in the Columbia, Andover and Marlboro schools</li> <li>- Contact Michelle Peters <a href="mailto:mpeters@afsp.org">mpeters@afsp.org</a> for more information</li> </ul> <p><b>Brian Dagle Foundation</b> <a href="https://brianshealinghearts.org/">https://brianshealinghearts.org/</a></p> <ul style="list-style-type: none"> <li>- LAX2Live invited to CIAC state championship game</li> <li>- Planning grief and spirituality series</li> <li>- Working with McLean Hospital’s Deconstructing the Stigma: <a href="https://deconstructingstigma.org/">https://deconstructingstigma.org/</a></li> </ul> <p><b>SAVE</b> <a href="https://save.org/">https://save.org/</a></p> <ul style="list-style-type: none"> <li>- No update</li> </ul> <p><b>Jordan Porco Foundation</b> <a href="https://www.rememberingjordan.org/">https://www.rememberingjordan.org/</a></p> <ul style="list-style-type: none"> <li>- Scooper Sunday event July 31, 2022</li> <li>- 88 Fresh Check Days in the spring; 180 schools signed up to date for next academic year</li> <li>- Eversource Hartford marathon team</li> </ul> <p><b>My Friend Abby</b> <a href="https://www.myfriendabby.org/">https://www.myfriendabby.org/</a></p> <ul style="list-style-type: none"> <li>- No update</li> </ul> <p><b>Committees</b></p> <p><b>Armed Forces</b></p> <ul style="list-style-type: none"> <li>- Policy Academy follow-up rescheduled to a later date</li> </ul> <p><b>Data to Action</b></p> <ul style="list-style-type: none"> <li>- Continues to participate in Suicide Prevention Resource Center (SPRC) Communities of Practice (COP) series, focused on strengthening data infrastructure with the goal of supporting systematic, sustainable data access and use at the state and local levels; the May meeting focused on strengthening data infrastructure, with a specific focus on syndromic surveillance</li> <li>- One potentially valuable resource that was shared was the National Committee on Vital and Health Statistics’ “Toolkit for Communities Using Health Data”: <a href="https://rpp.wtgrantfoundation.org/wp-content/uploads/2019/09/Toolkit-for-Communities.pdf">https://rpp.wtgrantfoundation.org/wp-content/uploads/2019/09/Toolkit-for-Communities.pdf</a></li> </ul>	

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	<ul style="list-style-type: none"> <li>- Currently working through the COP’s guiding self-assessment workbook section 3, focused on establishing a system for identifying data sources and sharing data in preparation for the June meeting, which is focused on strengthening core data partnerships</li> <li>- Next committee meetings: August 2, 9:30am-11:00am and November 1, 9:30am-11:00am</li> <li>- Anyone interested in joining the committee, informing the CoP process, or finding out more, can contact Sara Wakai <a href="mailto:wakai@uchc.edu">wakai@uchc.edu</a> or Jenn Sussman, <a href="mailto:sussman@uchc.edu">sussman@uchc.edu</a></li> </ul> <p><b>Intervention-Postvention Response</b></p> <ul style="list-style-type: none"> <li>- Reviewed OCME packet</li> <li>- No July meeting; next meeting: August 4</li> </ul> <p><b>Lethal Means</b></p> <ul style="list-style-type: none"> <li>- Round two of edits for the letter to the firearms community regarding training and resources</li> <li>- No meeting in July</li> </ul> <p><b>Attempt Survivors/Lived Experience</b></p> <ul style="list-style-type: none"> <li>- Presented to emergency certificate training program</li> <li>- Short film being created on awareness for mental health and committee members were invited to be a part of the film</li> </ul> <p><b>Zero Suicide/Clinical Workgroup</b></p> <ul style="list-style-type: none"> <li>- At the July 27 meeting, 9:00am-10:30am will be discussing planning for September activities and receiving updates from the different systems</li> <li>- Andrea Duarte and Kathy Chapman presented to the Western CT Health Network</li> </ul> <p><b>Legislative Advocacy Committee</b></p> <ul style="list-style-type: none"> <li>- No meeting in July</li> <li>- Looking at the next legislative session</li> <li>- CTSAB is codified into legislation for the lifespan</li> </ul> <p><b>Awareness Campaign</b> <a href="https://www.preventsuicidect.org/">https://www.preventsuicidect.org/</a></p> <ul style="list-style-type: none"> <li>- Spotify ads with general mental health messaging in June</li> <li>- Replenishing 1 Word supplies</li> </ul>	
<b>V. Member Updates</b>	<ul style="list-style-type: none"> <li>- As of July, 988 planning committee will integrate with CTSAB</li> <li>- Alternatives to Suicide new support group in Region 4 Contact Jennifer Tirado <a href="mailto:jtirado@toivocenter.org">jtirado@toivocenter.org</a></li> <li>- Rich Wright productions produces video and print work for the campaign</li> </ul>	
	<ul style="list-style-type: none"> <li>- Meeting adjourned 10:58am</li> </ul>	

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<p><b>2021-2022 Meeting Schedule</b></p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a></p> <p><b>Dates/Presentations:</b></p> <p><u>2021-2022 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> <li>- 7/14/22: Dan Reidenberg, SAVE National, <i>Suicide: The Greatest Human Tragedy</i></li> <li>- 8/11/22: Advocacy Unlimited/Toivo, <i>Alternatives to Suicide Program</i></li> <li>- 9/8/22: CTSAB Annual Meeting: <i>National Suicide Prevention Week/Month</i></li> <li>- 10/13/22: Lisa Barry, UCONN Health, <i>Transition from Incarceration to the Community: Risk of Suicide-Related Outcomes</i></li> <li>- 11/10/22: CTSAB Lived Experience Committee Members, <i>Why I Didn't Say Anything</i></li> <li>- 12/8/22: Jeanette Baker, United Way of CT/211 and Kevin Burns, CT Department of Transportation, CTSAB Lethal Means Committee, <i>Addressing Lethal Means through Partnerships for Suicide Awareness</i></li> </ul> <p>Contact Andrea.Duarte@ct.gov if you'd like to present or have presentation suggestions.</p> <p><b>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</b></p>	