

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** July 14, 2022

**Location:** Zoom Virtual Meeting

**Present:** Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Romeo Blackmar (GHYMCA), C.J. Boggs (YWCA New Britain), Haley Brown (DMHAS), Brendan Burke (OCA), Constance Capacchione (Uncas Health District), Wendy Caruso (United Way CT 2-1-1), Jessie Casella (VA CT), Heather Clinger (Wheeler), Alan Coker (NAMI Manchester), Rachel Collins (Rachel Collins, LPC Counseling Services), Adele Cyr (Amplify), Belle Cyr (Enfield Youth Svcs.), Ann Irr Dagle (Brian Dagle Foundation), Paul Dagle (AFSP-CT), Domenic DeLuca, Alice DeMeo (DCF), David DeNino (SCSU), Peter Doria (CTARNG), Andrea Duarte (DMHAS), Mike Dutko (CTARNG), Erika Echevarria, Kelley Edwards (DMHAS), Jennifer Esposito (Judicial Branch), Joanna Fornwalt (Town of Enfield), Marisa Giannela-Porco (Jordan Porco Foundation), Lisa Girard (FAVOR), Grace Grinnell (NAMI Farmington Valley), Rob Harrison (Washington County Zero Suicide Program), Mark Irons (SERAC), Melissa Ives (UConn), Angela Jimenez (DPH), Robert Kanehl (CT Poison Control), Angelina Karwowski (Bristol-Burlington Health District), Lori LaCapra, Valerie Lepoutre (NAMI CT), Susan Logan (DPH), Sarah Lorenzini (Western CT Coalition), Cathy Ludlum (Second Thoughts CT), Mollie Machado (DMHAS), Mike Makowski (DPH), Tim Marshall (DCF), Patrick McCormack (Uncas Health District), Allyson Nadeau (Amplify), Victoria O’Neill (The Hub), Lucy Orellano (OCA), Michael Pepe (Windsor Health Dept.), Callyn Priebe, Eleni Rodis (DMHAS), Steve Rogers (CT Children’s), Gabby Rousseau, Richard Siddall (SMART Recovery), Alexis Steele (Bristol Burlington Health District), Tom Steen (Steen Consulting), Robin Tousey-Ayers (DPH), Colleen Violette (DPH), Sara Wakai (UConn Health), Marissa White (CHQIS), Abby Wood (Western CT Coalition), LoriBeth Young (DSS), and Susan Yurasevecz (DPH).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
<b>I. Welcome and Introductions</b>	<p>Andrea Duarte, Tim Marshall and Tom Steen welcomed attendees</p> <p>Tim Marshall introduced Alice DeMeo from DCF who will be taking on the role of tri-chair of CTSAB as Tim is officially retired from state service and assisting in the transition for 120 days. Dr. Frank Gregory, currently superintendent of Solnit South, will be transitioning to take over the division of Community Mental Health at DCF.</p> <p>Tom Steen announced that effective August 2022 he will be stepping down as tri-chair of CTSAB and will continue as a member of CTSAB from South Carolina. If anyone is interested in the tri-chair role, contact Tom Steen <a href="mailto:tom@steenconsulting.net">tom@steenconsulting.net</a> .</p> <p>Tim Marshall explained that based on the legislation, there will bylaws and voting members of the board. Heather Clinger is currently compiling a spreadsheet of meeting attendance of approximately the last four years.</p> <p>For the legislation regarding the CTSAB, see Page 86, Section 64  <a href="https://www.cga.ct.gov/2022/ACT/PA/PDF/2022PA-00058-R00HB-05500-PA.PDF">https://www.cga.ct.gov/2022/ACT/PA/PDF/2022PA-00058-R00HB-05500-PA.PDF</a></p>	

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<b>II. Review of Minutes</b>	June minutes accepted	
<b>III. Presentation</b>  <i>Suicide: The Greatest Human Tragedy</i> Dan Reidenberg, Psy.D. Executive Director SAVE, Suicide Awareness Voices of Education; Managing Director National Council for Suicide Prevention; and Special Advisor International Association for Suicide Prevention <a href="http://www.save.org">www.save.org</a>	Dr. Reidenberg presented an overview of suicide. <ul style="list-style-type: none"> <li>- Suicide is a multi-faceted, complex problem</li> <li>- In 2020, 45,979 Americans died by suicide</li> <li>- Females attempt suicide 3 to 4 times as often as males; males are more likely to die by suicide</li> <li>- Between 2007-2018 the national suicide rate among 10-24 year-olds increased 57.4%</li> <li>- As a leading cause of death, suicide research is not funded at the level of other leading causes of death</li> <li>- Evidence-based suicide prevention programs include the US Air Force Suicide Prevention Program and Henry Ford Health System Zero Suicide</li> <li>- To view the presentation, visit: <a href="https://www.ctclearinghouse.org/Content/www/files/PDFs/DanR-SAVE-Hartford_2022.pdf">https://www.ctclearinghouse.org/Content/www/files/PDFs/DanR-SAVE-Hartford_2022.pdf</a></li> </ul>	
<b>IV. Reports</b>	<u><b>Grant Initiatives</b></u> <b>988 Update</b> <ul style="list-style-type: none"> <li>- July 16, 2022, is the national soft launch</li> <li>- Suicide and crisis lifeline</li> <li>- States, territories and tribes are at different phases of readiness</li> <li>- Based on guidance from SAMHSA, the soft launch/transition is one year and there is an embargo on general population primary promotion of 988 until July 2023</li> <li>- Communication plan in collaboration with DPH</li> <li>- The federal guidance is to focus on engagement of health and human services and other partners, primary referral sources; respond if there is earned media; highlight progress and manage expectations about the transformation timeline; emphasize work of contact center and its specialists; and promote unique resources locally</li> <li>- As of last month, in-state answer rate is 98% of calls being answered within six seconds</li> <li>- Will be shifting from promoting 211 as the crisis number to information and referral</li> <li>- Refer to this page for what is happening in CT:  <a href="https://www.preventsuicidect.org/get-help/ct-988/">https://www.preventsuicidect.org/get-help/ct-988/</a> </li> </ul>	

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	<p><b><u>Regional Suicide Advisory Boards</u></b>  <a href="https://www.preventsuicidect.org/about-us/regional-sab-business/">https://www.preventsuicidect.org/about-us/regional-sab-business/</a></p> <ul style="list-style-type: none"> <li>- Contact the lead for each region for more information regarding meetings and trainings.</li> </ul> <p><b>Region 1/Southwestern:</b></p> <ul style="list-style-type: none"> <li>- Working with towns on postvention training including offering a community-wide training</li> <li>- Planning meeting to compile all of the September events</li> <li>- Two monthly QPRs, 9-10:30am, 1st and 3rd Wednesday mornings</li> <li>- Training the entire Bridgeport Fire Department in QPR</li> <li>- In September will be offering an eating disorder training</li> <li>- Next meetings: Sept. 9 and Dec. 9, 12:00pm-2:00pm</li> </ul> <p><b>Region 2/South Central:</b></p> <ul style="list-style-type: none"> <li>- No update</li> </ul> <p><b>Region 3/Eastern:</b></p> <ul style="list-style-type: none"> <li>- Hosted a CALM training with Dr. Elaine Frank for clinical partners</li> <li>- Attended a school safety conference</li> <li>- QPR offered for the Uncas Health District</li> <li>- Trained recreation staff in QPR</li> <li>- Staff member became a Youth Mental Health First Aid trainer</li> <li>- At the July 5 meeting discussed 988</li> <li>- Aug. 2 is a postvention workgroup</li> </ul> <p><b>Region 4/ North Central:</b></p> <ul style="list-style-type: none"> <li>- Aug. 18, 11:30am, meeting: presentation by DPH on updated surveillance data and discussion of September events</li> <li>- Continue Narcan and QPR trainings</li> <li>- Will be announcing new location soon</li> </ul> <p><b>Region 5/Western:</b></p> <ul style="list-style-type: none"> <li>- At the June meeting Mike Makowski, DPH, presented data specific to Region 5 as well as statewide data</li> <li>- Checked in with postvention teams</li> <li>- Postvention training will be schedule in the Fall</li> <li>- Quarterly newsletter reviewed</li> <li>- No QPR/Narcan trainings in August, will resume in September</li> <li>- Next meeting Sept. 28, 10:00am</li> </ul>	

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	<p><b><u>Foundations</u></b></p> <p><b>American Foundation for Suicide Prevention (AFSP)</b> <a href="https://afsp.org/">https://afsp.org/</a></p> <ul style="list-style-type: none"> <li>- Schedule of Out of the Darkness walks posted on the chapter website: <a href="https://afsp.org/chapter/Connecticut">https://afsp.org/chapter/Connecticut</a> : Sept. 17 (Woodstock); Sept. 25 (Niantic); Oct. 2 (Hamden); Oct. 22 (Westport); and Oct. 23 (Hartford Bushnell Park)</li> <li>- Looking for walkers, corporate teams, sponsors and volunteers for the walks</li> <li>- Seeking a volunteer for help with overall fundraising and special events</li> <li>- Contact Michelle Peters <a href="mailto:mpeters@afsp.org">mpeters@afsp.org</a> for more information</li> <li>- Paul Dagle is Chair, AFSP-CT chapter</li> </ul> <p><b>Brian Dagle Foundation</b> <a href="https://brianshealinghearts.org/">https://brianshealinghearts.org/</a></p> <ul style="list-style-type: none"> <li>- Aug. 24 community QPR</li> <li>- Sept. 18 golf tournament</li> <li>- Clinton community conversations being scheduled for September</li> <li>- Ann Irr Dagle is attending the AFSP Long-term Survivors Summit and will be teaching yoga for grief</li> </ul> <p><b>SAVE</b> <a href="https://save.org/">https://save.org/</a></p> <ul style="list-style-type: none"> <li>- No update</li> </ul> <p><b>Jordan Porco Foundation</b> <a href="https://www.rememberingjordan.org/">https://www.rememberingjordan.org/</a></p> <ul style="list-style-type: none"> <li>- Scooper Sunday event July 31, 2022</li> <li>- Have reached capacity with 200 colleges signed up for next academic year Fresh Check Days</li> <li>- Hartford marathon team</li> </ul> <p><b>My Friend Abby</b> <a href="https://www.myfriendabby.org/">https://www.myfriendabby.org/</a></p> <ul style="list-style-type: none"> <li>- No update</li> </ul> <p><b><u>Committees</u></b></p> <p><b>Armed Forces</b></p> <ul style="list-style-type: none"> <li>- No update</li> </ul> <p><b>Data to Action</b></p> <ul style="list-style-type: none"> <li>- Continues to participate in Suicide Prevention Resource Center (SPRC) Communities of Practice (COP) series, focused on strengthening data infrastructure with the goal of supporting systematic, sustainable data access and use at the state and local levels; the June meeting focused on formalizing core data partnerships</li> <li>- Currently working through the COP’s guiding self-assessment workbook section 4, focused on establishing a system for analyzing data in preparation for the July meeting, which is focused on strengthening core data partnerships</li> </ul>	

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	<ul style="list-style-type: none"> <li>- Next committee meetings: August 2, 9:30am-11:00am and November 1, 9:30am-11:00am</li> <li>- Anyone interested in joining the committee, informing the CoP process, or finding out more, can contact Sara Wakai <a href="mailto:wakai@uchc.edu">wakai@uchc.edu</a> or Jenn Sussman, <a href="mailto:sussman@uchc.edu">sussman@uchc.edu</a></li> </ul> <p><b>Intervention-Postvention Response</b></p> <ul style="list-style-type: none"> <li>- Next meeting: August 4</li> </ul> <p><b>Lethal Means</b></p> <ul style="list-style-type: none"> <li>- Mailing to be sent late August to the firearms community regarding training and resources</li> <li>- No meeting in July</li> </ul> <p><b>Attempt Survivors/Lived Experience</b></p> <ul style="list-style-type: none"> <li>- Submitted proposal to speak at the Vermont suicide prevention conference</li> <li>- Possible opportunity to speak at Community Mental Health Clinic</li> </ul> <p><b>Zero Suicide/Clinical Workgroup</b></p> <ul style="list-style-type: none"> <li>- At the July 27 meeting, 9:00am-10:30am will be discussing planning for September activities and receiving updates from the different systems</li> <li>- Connecticut Children’s will be hosting an event in September on the AAP Blueprint for Youth Suicide Prevention; more info to come</li> </ul> <p><b>Legislative Advocacy Committee</b></p> <ul style="list-style-type: none"> <li>- No meeting in July</li> <li>- There will be a shift in the upcoming legislature due to approximately 30-40 legislators announcing they will not be running</li> <li>- The committee is looking for new leadership</li> </ul> <p><b>Awareness Campaign</b> <a href="https://www.preventsuicidect.org/">https://www.preventsuicidect.org/</a></p> <ul style="list-style-type: none"> <li>- The top pages visited on the web site have been “Get Involved” and the CTSAB pages</li> <li>- Bristol-Burlington Health District has bulletin boards going up in the community</li> <li>- Bus ads in Bristol, Burlington and New Britain</li> <li>- Gizmo billboards in the Bristol and Plymouth area in June</li> <li>- Spotify ads with general mental health messaging in June</li> <li>- Developing a Gizmo student mental health plan for pre-school, middle school, and high school age groups</li> </ul>	
<b>V. Member Updates</b>	<ul style="list-style-type: none"> <li>- QPR Master Trainers Tom Steen and Dave Denino conducted four Training of Trainers in June for health districts</li> </ul>	

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	- Meeting adjourned 11:00am	
<p><b>2021-2022 Meeting Schedule</b></p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a></p> <p><b>Dates/Presentations:</b></p> <p><u>2021-2022 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> <li>- 8/11/22: Advocacy Unlimited/Toivo, <i>Alternatives to Suicide Program</i></li> <li>- 9/8/22: CTSAB Annual Meeting: <i>National Suicide Prevention Week/Month</i></li> <li>- 10/13/22: Lisa Barry, UCONN Health, <i>Transition from Incarceration to the Community: Risk of Suicide-Related Outcomes</i></li> <li>- 11/10/22: CTSAB Lived Experience Committee Members, <i>Why I Didn't Say Anything</i></li> <li>- 12/8/22: Jeanette Baker, United Way of CT/211 and Kevin Burns, CT Department of Transportation, CTSAB Lethal Means Committee, <i>Addressing Lethal Means through Partnerships for Suicide Awareness</i></li> </ul> <p>Contact <a href="mailto:Andrea.Duarte@ct.gov">Andrea.Duarte@ct.gov</a> if you'd like to present or have presentation suggestions.</p> <p><b>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</b></p>	