



Regional Suicide Advisory Board Prevention Quarterly Meeting Minutes

Meeting Date: July 5,2022 9-10:30AM

Location: Zoom

Present: Kelsey Hust, Sandra Fairbain, Lindsay Kyle, Drew Lavallee, John Leuba, Mary Pike, Kim Grant, Heather Victoria, Erin Haggan, Lindsey Kyle, Shoshana Merced, Mary Ann Chenial, Theresa Lambert, Angelina Young, Mary Ann Canning McComiskey

Staff: Mark D. Irons

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed and asked to place their name and organization in the chat.	

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<p>Upcoming RSAB & SERAC Trainings</p>	<p>First Tuesdays of the month, the RSAB will either meet as a large group or the prevention, postvention groups focusing on those specific areas.</p> <p><u>SERAC Training:</u></p> <p>QPR/Narcan July 26th 1 PM (Zoom) QPR/Narcan August 23rd 9 AM (Zoom)</p> <p>SERAC Staff available to offer the below modalities to agencies & organizations</p> <ul style="list-style-type: none"> • QPR (general as well as tailored for specific audiences) • Talk Saves Lives • Working Minds (intended for workplaces) • My Ascension (trailer played for participants) – available for showings • PTSM (Post Traumatic Stress Management) <p>Attendees were reminded that SERAC could provide training for professional days in August.</p> <p>Topics being considered for future trainings are self-injurious behaviors, suicide and student athletes, and positive/strength-based approach to suicide prevention.</p> <p>Coming Soon: Suicide Prevention Month events and activities</p> <p>The board was informed on the interest of the RSAB lead to have a team for the Out of the Darkness Walk in September.</p>	<p>July 26th 9-</p>

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<p>Presentation: <i>988 Suicide and Crisis Lifeline: Someone to Talk To Someone to Respond Somewhere to Go</i></p>	<p>The RSAB Lead, Mark D. Irons, shared this presentation which was provided by the 988 Implementation committee to the RSABs as well as other collaboratives across the state to provide information on 988 roll out nationally and in Connecticut. The soft roll out was emphasized with a July 2023 launch. The concept of no wrong door was highlighted. Talking points were provide to those in attendance.</p> <p>Interest in the availability of text functionality was raised. Text as a phased 2 enhancement was discussed as well as the continued availability of the Crisis Text Line. Personal and professional experiences with CT’s mobile crisis services were highlighted by attendees.</p>	
<p>Question & Comments</p>	<p>Interest in a training specific to suicide risk in the middle age population was expressed.</p> <p>Development of a language matters document was suggested which may address both suicide as well as mental health and could be disseminated across the region in a variety of settings.</p>	
<p>Next Meetings:</p>	<p><u>RSAB:</u> August 2nd - RSAB Postvention Workgroup (DPH Suicide Data Review) September 6th – RSAB Prevention Workgroup October 4th – RSAB Quarterly</p> <p>All meetings 9-10:30 via Zoom @ present</p>	