

CT Suicide Advisory Board Meeting Minutes

Meeting Date: May 12, 2022

Location: Zoom Virtual Meeting

Present: Gillian Anderson (My Friend Abby), Angelika Andrukiewicz (Bristol Burlington Health District), Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Rebekah Behan (CHDI), Rayallen Bergman (CCPG), Amery Bernhardt (CT Ctr for School Safety & Crisis Preparation), (Romeo Blackmar (GHYMCA), Bill Brassard (NSSF), Brendan Burke (OCA), Heather Clinger (Wheeler), Adele Cyr (Amplify), Belle Cyr (Enfield Youth Svcs.), Ann Irr Dagle (Brian Dagle Foundation), Sarah DeFlumeri (Naugatuck Youth Svcs/Step Up Naugy), Peter Doria (CTARNG), Andrea Duarte (DMHAS), Kelley Edwards (DMHAS), Jennifer Esposito (Judicial Branch), Amy Evison (CHR), Taylor Ford (FAVOR), Joanna Fornwalt (Town of Enfield), (Tom Fulton (Wheeler/CT Clearinghouse), Taylor Gainey (Alliance for Prevention and Wellness), Marisa Giarnella-Porco(Jordan Porco Foundation), Grace Grinnell (NAMI Farmington Valley), Maggie Goodwin, Mark Irons (SERAC), Rob Harrison (Washington County Zero Suicide Program), Angela Jimenez (DPH), Robert Kanehl (CT Poison Control), Lynn Kelley (Beacon Health), Valerie Lepoutre (NAMI CT), Susan Logan (DPH), Gabriel Lomas (WCSU), Sarah Lorenzini (Western CT Coalition), Cathy Ludlum (Second Thoughts CT), Andrew Lyon (McCall Ctr), Steve MacHattie (Charter Oak Family Center), Mike Makowski (DPH), Jessica Markure (VHA), Lindsey Miller (DCF), Allyson Nadeau (Amplify), Victoria O’Neill (The Hub), Lucy Orellano (OCA), John Panicek (CT Rivers Scouting BSA), Jonathan Pohl (CCSU), Callyn Priebe, Scott Serviss (Solutions EAP), Marisa Sicley-Rogers (IOL), Richard Siddall (SMART Recovery), Heather Spada (United Way CT), Alexis Steele (Bristol Burlington Health District), Tom Steen (Steen Consulting), Jennifer Sussman (UConn Health), Susan Tobenkin (CTARNG), Sara Wakai (UConn Health), Marissa White (CHQIS), Melanie Wilde-Lane, Abby Wood (Western CT Coalition), LoriBeth Young (DSS),and Susan Yurasevecz (DPH).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tom Steen welcomed attendees National Prevention Week this week	
II. Review of Minutes	April minutes accepted.	
III. Presentation <i>CT Center for School Safety and Crisis Preparation</i> Amery E. Bernhardt, D.M., CEM Director of the Connecticut Center for School Safety and Crisis Preparation Western Connecticut State University 181 White Street	<ul style="list-style-type: none"> - The mission of the CT Center for School Safety and Crisis Preparation is to serve as a school crisis and safety resource to schools across the entire state of Connecticut. The Center conducts research, training, and provides technical assistance on student resilience, school crisis, school trauma, and school safety. - The Center was founded on equity, collaboration and sustainability with four main goals: research, outreach, professional development, and scholarship - Serve as a clearinghouse for research and information - Will be hiring five safety coordinators - Conducted a needs assessment 	

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<p>Danbury, CT 06810 Bernhardta@WCSU.edu Office: (203) 837-3210 https://www.wesu.edu/schoolsafetycenter/</p>	<p>To view the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTCSS_Overview_5-10-22.pdf</p>	
<p>IV. Reports</p>	<p><u>Grant Initiatives</u> Tribal Grant – Good Medicine update</p> <ul style="list-style-type: none"> - Children’s Mental Health Awareness Day event held for the 14th year, 215 attendees, with SERAC and UCFS hosting tables, police dog K-9 Jennings and incorporated Gizmo materials into the event - Would like to add Gizmo into the curriculum on the Reservation - Continuing collaborations with agencies - Scott Barton will be presenting at the Governor’s Prevention Partnership youth conference <p><u>Regional Suicide Advisory Boards</u> https://www.preventsuicidect.org/about-us/regional-sab-business/</p> <ul style="list-style-type: none"> - Contact the lead for each region for more information regarding meetings and trainings. - Mental Health Awareness month and National Prevention Week (NPW) activities planned by all RSABs - Tom Steen and Dave Denino will be hosting Postvention Train the Trainers for RSABs in the future <p>Region 1/Southwestern:</p> <ul style="list-style-type: none"> - Lunch & Learn, Veterans & Suicide, during National Prevention Week, May 12, 11:30am-1:00pm - C-SSRS training later in May - Two monthly QPRs, 9-10:30am, 1st and 3rd Wednesday mornings <p>Region 2/South Central:</p> <ul style="list-style-type: none"> - Continuing QPR and MHFA trainings for the community and organizations. Also continuing postvention efforts. - Continuing with Gizmo in the schools - NPW events - New Haven prevention council Prevention Walk on May 13 	

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	<ul style="list-style-type: none"> - Continuing postvention efforts Region 3/Eastern: - Collaborated with Ann Irr Dagle for a presentation to <i>The Day</i> with presentation on best practices for reporting on suicide - Postvention workgroup, May 3, 2022, looked at data shared by DPH - Senior specific Gatekeeper training working with senior population scheduled - <i>My Ascension</i> showing in Montville - Display at Mohegan Sun in May Region 4/ North Central: - Introduced Adele Cyr, program manager at Amplify - Next meeting will be May 19, 2022, 1:30pm with a presentation from the VA - Member of Amplify celebrated Mental Health Awareness month with presentation Gilbrand Construction - Continue QPR trainings - Intentional efforts to reach out to senior population Region 5/Western: - Engaged with students at WCSU with One Word campaign and Change the Script van - Gizmo read-alongs with local prevention council - Assisting with postvention plans - Narcan training at Naugatuck Valley Community College - Monthly QPR trainings open to the public, as well as for groups. <p>Foundations</p> <p>American Foundation for Suicide Prevention (AFSP) https://afsp.org/</p> <ul style="list-style-type: none"> - Schedule of Out of the Darkness walks posted on the chapter website: https://afsp.org/chapter/Connecticut - Contact Michelle Peters mpeters@afsp.org for more information - Annual Meeting May 21, 2022, to elect new officers - AFSP 101 presented by Michelle Peters - Supply of coasters with AFSP safe messaging; contact Michelle Peters mpeters@afsp.org - Gizmo project is going well <p>Brian Dagle Foundation https://brianshealinghearts.org/</p> <ul style="list-style-type: none"> - Lax2Live lacrosse program going well with 25-30 games, positive response from coaches, kids and parents 	

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	<ul style="list-style-type: none"> - Looking to add more space on the property and will be starting a capital campaign to renovate garage space into a cottage - Working on 3-5 year strategic plan - Working with Flanders Fish Market for June 8 Anthony Bourdain-themed dinner - Paul Dagle is Chair of the AFSP-CT chapter <p>SAVE https://save.org/</p> <ul style="list-style-type: none"> - No update <p>Jordan Porco Foundation https://www.rememberingjordan.org/</p> <ul style="list-style-type: none"> - Staff member Jared Buchanan completed a 250-mile run through the Arizona desert in memory of his father East Hartford police officer Paul Buchanan who died by suicide - One of five organizations nominated for the Red Sox Impact Award; voting available until May 31, 2022 - Portland Sea Dogs Scooper Sunday event July 31, 2022 - 153 colleges signed up for next academic year Fresh Check Days - 4 What's Next and Check in programs <p>My Friend Abby https://www.myfriendabby.org/</p> <ul style="list-style-type: none"> - Completed latest round of grants - Involved in many community collaborations - Annual volunteer party in June - Spreading Sunshine campaign continues - Can sign up for daily affirmation text message on the website <p><u>Committees</u></p> <p>Armed Forces</p> <ul style="list-style-type: none"> - Participating in the Governors' and Mayors' Challenge to Prevent Suicide among Service Members, Veterans and their Families using the public health approach to develop and implement statewide suicide prevention practices - Developing priority areas to implement best practices <p>Data to Action</p> <ul style="list-style-type: none"> - Participate in Suicide Prevention Resource Center (SPRC) Communities of Practice - Next committee meeting: August 2, 9:30am - Current data update: baseline 2015-2019, suicide rate 11.3/100,000; 2020: 359 suicides, 9.9/100,000 (decrease 12.4% from baseline); 2021: 392 suicides, 10.9/100,000 (3.5% decrease from baseline); preliminary through end of April 2022: 124 suicides 	

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	<ul style="list-style-type: none"> - Anyone interested in joining the committee, informing the CoP process, or finding out more, can contact Sara Wakai wakai@uchc.edu or Jenn Sussman, sussman@uchc.edu <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> - Discussing creating Postvention resource card - New members joining the committee - Revising packet for Chief Medical Examiner office <p>Lethal Means</p> <ul style="list-style-type: none"> - Mailing to be done for the firearms community regarding training and resources <p>Attempt Survivors/Lived Experience</p> <ul style="list-style-type: none"> - Mental Health Awareness Month conversations around reducing stigma and hope in the recovery process - New member trained in the Survivors of Suicide Attempt (SoSA) and plan to have a group in September <p>Zero Suicide/Clinical Workgroup</p> <ul style="list-style-type: none"> - Will be presenting a Next Step training basic information on the C-SSRS - Continue to update the content - Brandon Johnson, SAMHSA, will be presenting at the next Zero Suicide learning community on suicide among youth of color - Institute of Living presented on postvention for healthcare organizations at the AAS conference <p>Legislative Advocacy Committee</p> <ul style="list-style-type: none"> - House Bill 5500 passed and has CTSAB language in it (page 81) to recognize CTSAB as lifespan - House Bill 5001, a comprehensive bill including 988 system support and adding number to the back of school IDs for middle school, high school, and state institutions of higher education <p>Awareness Campaign https://www.preventsuicidect.org/</p> <ul style="list-style-type: none"> - Created a “Preparing for 988” section under “Get Help” of the website for awareness https://www.preventsuicidect.org/get-help/ct-988/ - 988 goes live with a soft launch in July 2022; National Suicide Prevention Lifeline will not go away - DMHAS and DCF received 2-year grant for 988 implementation - The answer rate for in-state calls has significantly increased: 97% of in-state calls are being answered within seven seconds as of last month 	
V. Member Updates	<ul style="list-style-type: none"> - QPR Train the Trainer June 17 and 28 in Plainville for local health departments 	

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	<p>-Display in concourse of Legislative Office Building for Mental Health Awareness month and in four libraries</p> <p>-National Shooting Sports Foundation “Get a Safety Kit” is available: free gun locks and educational materials available to local law enforcement who can request the firearm safety kits to distribute to the community https://projectchildsafe.org/safety/get-a-safety-kit/</p> <p>-AFSP and the National Shooting Sports Foundation have created a “Have a Brave Conversation” toolkit for shooting ranges and firearm retailers with materials such as window clings, posters, counter cards and a pass along brochure to the customer with warning sides, risk factors and options for safe storage https://www.nssf.org/safety/suicide-prevention/</p>	
	- Meeting adjourned 10:50am	
<p>2021-2022 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>Dates/Presentations: <u>2021-2022 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> - 6/9/22: Jonathan Perloe, CT Against Gun Violence, <i>Extreme Risk Protection Order & Suicide Prevention</i> - 7/14/22: Advocacy Unlimited/Toivo, <i>Alternatives to Suicide Program</i> - 8/11/22: Dan Reidenberg, SAVE National, <i>Suicide: The Greatest Human Tragedy</i> - 9/8/22: CTSAB Annual Meeting: <i>National Suicide Prevention Week/Month</i> - 10/13/22: Lisa Barry, UCONN Health, <i>Transition from Incarceration to the Community: Risk of Suicide-Related Outcomes</i> - 11/10/22: CTSAB Lived Experience Committee Members, <i>Why I Didn't Say Anything</i> - 12/8/22: Jeanette Baker, United Way of CT/211 and Kevin Burns, CT Department of Transportation, CTSAB Lethal Means Committee, <i>Addressing Lethal Means through Partnerships for Suicide Awareness</i> <p>Contact Andrea.Duarte@ct.gov if you'd like to present or have presentation suggestions.</p> <p>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</p>	