



## Regional Suicide Advisory Board Prevention Quarterly Meeting Minutes

**Meeting Date:** April 5th 9-10:30AM

**Location:** Zoom

**Present:** Heather Spada, Erin Rault, Kelsey Hust, Dr. Papalia, Sandra Fairbain, Rhonda Spaziani, Lindsay Kyle, Drew Lavalley, Paige Fanolis, Constance Capacchione, John Leuba, Kristina Glaude, Scott Barton, Maggie Wood, Katie Bell, Mary Pike, Miranda Mahoney, Heather Spada, Adele Cyr, Jody Lott

**Staff:** Mark D. Irons, Deborah Walker

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Welcome & Introductions	All were welcomed & asked to place their name and organization in the chat.	

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Upcoming RSAB & SERAC Trainings	<p>First Tuesdays of the month, the RSAB will either meet as a large group or the prevention, postvention groups focusing on those specific areas. The regional team meeting will include resources to integrate and coordinate suicide prevention/postvention measures. With 41 towns to cover, we value the partnerships in our region that have allowed us to reach our communities.</p> <p><u>SERAC Training:</u>            April 12th Columbia Suicide Severity Rating Scale            May 5th Suicide &amp; Aging: A Gatekeeper Workshop            June 14th Veteran Gatekeeper Training            June 15th Counseling on Access to Lethal Means (CALM)</p> <p>SERAC Staff available to offer the below modalities to agencies &amp; organizations</p> <ul style="list-style-type: none"> <li>• QPR</li> <li>• Talk Saves Lives</li> <li>• Working Minds (intended for workplaces)</li> <li>• My Ascension (trailer played for participants) – available for showings</li> <li>• PTSM (Post Traumatic Stress Management)</li> </ul> <p>April 30th 9-12 Suicide Awareness Walk in Norwich, CT            May 5, 3-5:30 Youth Mental Health Awareness for the MPTN</p>	
Legislation to Watch	<p>HB05075: AN ACT CONCERNING FUNDING FOR SUICIDE PREVENTION. Currently there is a bill pending to make CTSAB an official entity in state statute to oversee and help align the suicide efforts in CT. By proxy, RSAB 3 will also become a part of that statute.</p>	

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Presentation: <i>GIZMO: Heather Spada from the CT United Way.</i>	website, implementation, history of the program. The majority is used within schools as part of their curriculum. It has also been used in boys' and girls' clubs and after school programs. Clinicians, librarians, and other social settings have implemented Gizmo where children and parents gather. Heather also walked participants through the Gizmo website and the resources available.	
Question & Comments	An individual requested a flyer for information on <i>Working Minds</i> to share with their HR department.	
Next Meetings:	<u>RSAB:</u> May 3 <sup>rd</sup> - RSAB Postvention Workgroup (DPH Suicide Data Review) June 7 <sup>th</sup> – RSAB Prevention Workgroup July 5 <sup>th</sup> – RSAB Quarterly  All meetings 9-10:30 via Zoom @ present	