

CT Suicide Advisory Board Meeting Minutes

Meeting Date: September 9, 2021

Location: Zoom Virtual Meeting

Present: Rachel Aloï (Clifford Beers), Gillian Anderson (My Friend Abby), Gerry Baird (Clifford Beers), Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Rebekah Behan (CHDI), Dana Bossio (Fairfield Public Schools), Bill Brassard (NSSF), Annie Calamari (Middlesex Health), Lisa Carriere (Enfield Family Resource Ctr.), Wendy Caruso (United Way CT 2-1-1), Mariah Chadukiewicz (DMHAS intern), Danielle Chenard (CT Children’s), Heather Clinger (Wheeler), Belle Cyr (Enfield Youth Svcs.), Sarah DeFlumeri (Step Up Naugy), Ann Irr Dagle (Brian Dangle Foundation), Julie DeMarco, Linda Dewey, Michelle Drolsbaugh (Minding Your Mind), Andrea Duarte (DMHAS), Bill Dunn, Jennifer Esposito (Judicial Branch), Amy Evison (CHR), Jennifer Ferrand, Joanna Fornwalt (Enfield Youth Svcs.), Marisa Giarnella-Porco (Jordan Porco Foundation), Lisa Girard (FAVOR), Sara Hanson, Rob Harrison (Westerly Hosp.), Vianette Hernandez (Clifford Beers), Mark Irons, Aaron Jackson (CMHA), Bob Kanehl (CT Poison Control), Pamela Lang (CSSD), Michelle Leibovitz (Rich Wright Productions), Valerie Lepoutre (NAMI CT), Susan Logan (DPH), Sarah Lorenzini (Western CT Coalition), Jennifer Loschiaro (Recovery Network of Programs), Jodi Lott (Gaggle), Cathy Ludlum (Second Thoughts CT), Jessica Markure (VHA), Tim Marshall (DCF), Mike Makowski (DPH), Toni McCabe, Lorrie McFarland (Alliance for Prevention and Wellness), Devin McGann (New Britain School District), David Mentgen, Kristen Miceli (WCSU), Giovanna Mozzo (The Hub), Allyson Nadeau (Amplify CT), Lucy Orellano (OCA), John Panicek (CT Rivers Scouting BSA), Sam Rainey (AFSP), Stacy Reed, Rebecca Russell, Marissa Sicley-Rogers (IOL), Richard Siddall (SMART Recovery), Christina Simms (Southington Youth Svcs.), Greg Simpson (Beacon Health Options), Heather Spada (United Way CT), Kimberly Stein, Susan Tobenkin (CTARNG), Robin Tousey-Ayers (DPH), Cristin McCarthy Vahey (CT General Assembly), Faith VosWinkel (OCA), Sara Wakai (UConn Health), Marissa White (CHQIS), Abby Wood (Western CT Coalition), and LoriBeth Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tim Marshall welcomed the attendees via Zoom.	
II. Review of Minutes	August minutes accepted.	
III. Presentation CTSAB Annual Meeting: National Suicide Prevention Week 988: What is it, and why does CT need it? Andrea Duarte, DMHAS Tim Marshall, DCF	Andrea Duarte and Tim Marshall presented an overview of 988 and the adult and child crisis services in the state. The National Suicide Prevention Lifeline 1-800-273-8255 will transition to the three-digit 988 in July 2022. To view the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/FINAL-CTSAB_vers-988_PPT_Pres-Core_Slides-090921.pdf	
IV. Member Updates	- QPR TOT November 9, 2021, will be sent to listserv	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
V. Reports	<p><u>Foundations</u></p> <p>American Foundation for Suicide Prevention (AFSP) https://afsp.org/</p> <ul style="list-style-type: none"> - Six walks scheduled to begin in September; all are currently scheduled for in person. - Survivors of Suicide Loss day is the Saturday before Thanksgiving; two events in the state—Hartford and Fairfield with locations to be determined. - A new training for teens, “It’s Real,” is being rolled out by AFSP. <p>Brian Dagle Foundation https://brianshealinghearts.org/</p> <ul style="list-style-type: none"> - Working with East Lyme schools to dedicate the week of 9/19/2021 as suicide prevention week. - 9/21/2021 John Morello to present “Dirt: a one man show of substance abuse and choices” to East Lyme and Waterford schools - Offering a community QPR on 9/30/2021 <p>SAVE https://save.org/</p> <ul style="list-style-type: none"> - September 10 Light the Night with luminaries on the Enfield Town Green for lives lost to suicide <p>Jordan Porco Foundation https://www.rememberingjordan.org/</p> <ul style="list-style-type: none"> - 180 Fresh Check Days across the country this academic year. - Received a grant to translate 4 What’s Next program in Spanish. - Hartford Athletic event 9/25/2021 - Bingo night 11/6/2021 <p>My Friend Abby https://www.myfriendabby.org/</p> <ul style="list-style-type: none"> - Candlelight vigil 9/10/2021 in Trumbull, 6:30pm. - Involved with Survivors of Suicide meetings <p>Grief Coalition</p> <ul style="list-style-type: none"> - No update <p><u>Committees</u></p> <p>Data to Action</p> <ul style="list-style-type: none"> - Last meeting held in August for the SPRC Community of Practice meeting. - Youth Risk Behavior Surveillance survey is underway; anyone who has a contact in a public school can contact Celeste Jorge celeste.jorge@ct.gov . 	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
	<p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> - No meeting in September. <p>Lethal Means</p> <ul style="list-style-type: none"> - Finalized the safe proof your home brochure. - Additional signs placed at train stations. - Waiting on parking garage signs with QR codes. <p>Attempt Survivors/Lived Experience</p> <ul style="list-style-type: none"> - Ten Bridging the Gap trainings have been offered to date. <p>Zero Suicide</p> <ul style="list-style-type: none"> - Steven Rogers, MD, from Connecticut Children’s will co-chair the committee along with Andrea Duarte and Patty Graham. - Working on a section for the preventsuicidect.org site. <p>Clinical Workgroup</p> <ul style="list-style-type: none"> - Continue to develop web-based curriculum with DMHAS Workforce Development & Training. <p>Legislative Advocacy Committee</p> <ul style="list-style-type: none"> - Meeting within the next month to create a definitive plan. <p><u>Regional Suicide Advisory Board Meetings</u> https://www.preventsuicidect.org/about-us/regional-sab-business/</p> <ul style="list-style-type: none"> - Contact the lead for each region for more information regarding meetings and trainings. <p>Region 1/Southwestern:</p> <ul style="list-style-type: none"> - Offering two QPR trainings per week in September. - Change the Script van will be going to the region. <p>Region 2/ New Haven:</p> <ul style="list-style-type: none"> - Crisis team planning with the school system. - Lunchtime QPR trainings in September. - Virtual Gizmo reading 9/27/2021. <p>Region 3/Eastern:</p> <ul style="list-style-type: none"> - Trauma trainings offered this month. 	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
	<ul style="list-style-type: none"> - Hosting a screening of My Ascension 10/6/2021. - Creating a regional strategic plan. - Trained staff at three schools. <p>Region 4/ North Central:</p> <ul style="list-style-type: none"> - Allyson Nadeau is the new Executive Director of AMPLIFY. - Will be hiring staff for mental health promotion and suicide prevention work. <p>Region 5/Western:</p> <ul style="list-style-type: none"> - QPR and Narcan trainings continue. - Collaborating with Angel Breeze Scents. <p><u>Grant Initiatives</u></p> <p>988</p> <ul style="list-style-type: none"> - Draft plan due to Vibrant by the end of September; once reviewed, it will be sent back in November. <p>CDC Comprehensive Suicide Prevention Grant</p> <ul style="list-style-type: none"> - As of 9/1/2021, in a new grant project year with most of the planning complete. - Working on a communications project for mid-September and October broadcasting video PSAs for Suicide Prevention Month and through the Fall. Video links can be accessed here: _Suicide Prevention Videos for Youth & Adults CTSAB (preventsuicidect.org) - United Way contract expected to start October 1. United Way will be working with several local health departments throughout the state on suicide prevention initiatives within their jurisdictions, including the statewide suicide prevention awareness campaign: One Word, One Voice, One Life. In addition, they will connect local health departments with their Regional Suicide Advisory Board. - Fine-tuning the suspected suicide ideation and suicide attempt case (SI/SA) definitions in the emergency department (ED) and urgent care center to be able to identify in a near-real time way people in crisis. Especially monitoring data for youth and young adults 10-24 years-old who are most likely to seek care at a hospital ED compared to other age groups. The definitions should be ready to move into the production database on 9/17/2021. - Local health departments have access to the daily ED and urgent care center data in the database so they can monitor the rates of suicide-related ED and urgent care visits among residents in their area. 	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
	<ul style="list-style-type: none"> - Also working on a suspected acute mental health (AMH) case definition. <p>SAMHSA Tribal Behavioral Health Grant</p> <ul style="list-style-type: none"> - Focus is substance misuse and suicide prevention among youth 14-24. - Funding renewed for another five-year cycle. <p>Awareness Campaign/Website/Outreach https://www.preventsuicidect.org/</p> <ul style="list-style-type: none"> - 1 WORD campaign at Shop Rite stores in print and digital ads. - Members reminded that 1 WORD items can be ordered from the website. 	
	- Meeting adjourned 11:01am	
<p>2021-2022 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>Dates/Presentations:</p> <p><u>2021-2022 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> - 10/14/21: Sara Gaer, Suicide Prevention Specialist/Author, <i>Trauma and Suicide</i> - 11/11/21: Veterans Day/ State Holiday, no meeting - 12/9/21: Barbara Ward-Zimmerman, CHDI Educating Practices, <i>Intersection of ADHD and Suicide</i> - 1/13/22: Juliet Meskers, Mental Health Global Network, Normalizing Mental Health - 2/10/22: Scott Barton, Mashantucket Pequot Tribal Nation, Skeehech Wuyeeekun (Good Medicine) Project - 3/10/22: Kelly Leppard, Jeremy Wampler, Fred Fetta, DMHAS, Problem Gambling & Suicide - 4/14/22: Rachel Collins, Counseling Services, Autism and Suicide - 5/12/22: Timothy Schmutte, Yale University, Geriatric Suicide Risk - 6/9/22: Jonathan Perloe, CT Against Gun Violence, Extreme Risk Protection Order & Suicide Prevention - 7/14/22: Advocacy Unlimited/Toivo, Alternatives to Suicide Program - 9/8/22: CTSAB Annual Meeting: National Suicide Prevention Week/Month - 10/13/22: Lisa Barry, UCONN Health, Transition from Incarceration to the Community: Risk of Suicide-Related Outcomes - TBD: 8/11, 11/10, 12/8 - Contact Andrea.Duarte@ct.gov if you'd like to present or have presentation suggestions. 	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
	Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.	