



## SW Regional Suicide Advisory Board Meeting Minutes

**Meeting Date:** September 17<sup>th</sup>, 2021 (12:00 PM – 2:00 PM)

**Location:** Virtual (Zoom)

**Present:** The Hub

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
<b>I. Welcome &amp; Introductions</b>	<p>- Attendance was taken as individuals introduced themselves and reported their affiliation.</p> <p>Those in attendance included:</p> <p>- Steve Bogan (“Will to Live – Fairfield Partnership), Gillian Anderson (My Friend Abby) Denique Weidema-Lewis (Norwalk ACTS), Margaret Watt (Positive Directions), Valerie Babich (Westport Public Schools), Ellen Brezovsky (Greenwich Together), Kiersten Nauman (TPAUD) Cristin McCarthy Vahey (Fairfield CARES), Amy Luciano (Fairfield Social Services), Giovanna Mozzo ( The Hub), Victoria O’Neill (The Hub)</p>	
<b>II . State and Regional Updates</b>	<p><u>- CT SAB:</u></p> <ul style="list-style-type: none"><li>• Focus on speaking engagements (ex. deaf community)</li><li>• 988 roll-out July 2022 (streamline approach)</li><li>• Updated website</li><li>• Adult Mobile Crisis soon to be 24/7 (January 2022)</li><li>• Embed social worker in department</li></ul> <p><u>-AFSP:</u></p> <ul style="list-style-type: none"><li>• Out of the Darkness Walk “season” (Fairfield County’s Walk 10/24/21)</li><li>• New Support Group – “Finding Hope, Guidance, Support for Those at Risk”</li></ul> <p><u>- “My Friend Abby”</u></p> <ul style="list-style-type: none"><li>• “A Night to Shine Your Light” – partnership Trumbull EMS and TPAUD</li><li>• 80 people in attendance</li><li>• Plans to create a committee for next years event</li><li>• “Share Your Light” Fundraising Event (Joey Seas Restaurant, Stratford - October 16<sup>th</sup>)</li></ul> <p>Event link on social media</p>	<p>Andrea Duarte will present on 988 in December</p> <p>The Hub has signed up for the walker as a regional prevention team – linked <a href="#">here</a></p> <p>The hub will be sponsoring the “Share your Light” fundraising event</p>



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<b>III. Guest Speaker</b> <b>Dr. Paula Gill Lopez</b> <b>Fairfield University</b> <b>“The Center” (CT Center for School Safety and Crisis Preparation)</b>	- CT Center for School Safety and Preparation: <ul style="list-style-type: none"> <li>• Created committee which meets monthly to build capacity, distribute resources for crisis safety, create culture of preparedness</li> <li>• Goal is to establish relationships to assist districts that are overwhelmed and in need of support</li> <li>• Full time management</li> <li>• Allotted 2 million dollars to establish center (to be housed at West Conn.) – searching for executive director</li> <li>• Center will act as liaison for community and state wide agencies</li> <li>• Updates to come soon</li> </ul>	See attached the flyer regarding her meeting
<b>IV. The Hub</b>	- Regional Priority Report <ul style="list-style-type: none"> <li>• Priority Rankings (1) Mental Health (2) Suicide (3) Alcohol</li> </ul> - September Events: <ul style="list-style-type: none"> <li>• Flyer with compilation of all events offered in the Region for Suicide Prevention</li> </ul> - FCCF Grant <ul style="list-style-type: none"> <li>• QPR: 46 Overall Trained (14 of whom were EMS)</li> <li>• ASIST: 9 EMS Trained</li> <li>• Upcoming ASIST Training (September 29<sup>th</sup>&amp;30<sup>th</sup>)</li> </ul> - DMHAS / DCF Grant <ul style="list-style-type: none"> <li>• 18 month contract</li> </ul> - Projects: <ul style="list-style-type: none"> <li>• Greater Bridgeport/Stamford Bus Campaign, NPW (May), Lamar Billboard Campaigns</li> </ul> - Upcoming Events <ul style="list-style-type: none"> <li>• QPR trainings, ASIST Training, Narcan Van Training, AFSP Out of the Darkness Walk, Virtual bi-monthly Narcan Trainings</li> </ul>	ASIST training was cancelled due to low attendance



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V. Other Stakeholder Updates	<p><u>-“Will to Live”:</u></p> <ul style="list-style-type: none"><li>• Life Teammate Award for schools in the district</li></ul> <p><u>Westport Public Schools Psychological Services:</u></p> <ul style="list-style-type: none"><li>• Suicide Prevention Training Modules for staff</li></ul> <p><u>Fairfield CARES:</u></p> <ul style="list-style-type: none"><li>• Sharing of information (social media)</li><li>• Coordinating with Wakeman Boys and Girls Club for QPR Trainings</li></ul> <p><u>Fairfield Social Services:</u></p> <ul style="list-style-type: none"><li>• 2 QPR presentations for Social Workers</li></ul> <p><u>TPAUD:</u></p> <ul style="list-style-type: none"><li>• Sharing of Info for Suicide Prevention Month</li><li>• Hosting Narcan Training (include QPR inspired slides)</li><li>• Offer QPR trainings for community at large (incorporate in health curriculum)</li></ul> <p><u>Positive Directions:</u></p> <ul style="list-style-type: none"><li>• Regional Hospitals – Peer Support Program for medical providers/staff</li><li>• School Surveys report much higher rates of Mental Health experiences</li></ul> <p><u>Norwalk ACTS</u></p> <ul style="list-style-type: none"><li>• Continue to develop pre and postvention plans</li></ul>	