

CT Suicide Advisory Board Meeting Minutes

Meeting Date: July 8, 2021

Location: Zoom Virtual Meeting

Present: Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Rebekah Behan (CHDI), Dana Bossio (Fairfield Public Schools), Kaitlin Brown (CCPG), Kathy Chapman (DMHAS), Heather Clinger (Wheeler), Rachel Collins (Rachel Collins, LPC Counseling), Belle Cyr (Enfield Youth Svcs), Sarah DeFlumeri (Step Up Naugy), Melissa Demma (United Services), Riddhi Doshi (Beacon Health Options), Michelle Drolsbaugh (Minding Your Mind), Andrea Duarte (DMHAS), Marisa Giarnella-Porco (Jordan Porco Foundation), Lisa Girard (FAVOR), Aaron Jackson (CMHA), Jen Jencks (Children’s Ctr of Hamden), Brandon Jewell (SAVE), Angela Jimenez (DPH), Walter Krauss (DMHAS), Pamela Lang (CSSD), Lois Lawson (DCF), Michelle Leibovitz (Rich Wright Productions), Kelly Leppard (DMHAS), Sarah Lorenzini (Western CT Coalition), Jodi Lott (Gaggle), Steve MacHattie (Charter Oak Family Center, LLC), Mike Makowski (DPH), Cornelia Morris (Trumbull Human Svcs), Allyson Nadeau (Amplify CT), Michelle Peters (AFSP), Jonathan Pohl (CCSU), Margy Roberts (CHNCT), Steve Rogers (CT Children’s), Greg Simpson (Beacon Health Options), Heather Spada (United Way CT), Robin Tousey-Ayers (DPH), Liz Traester, Colleen Violette (DPH), Faith VosWinkel (OCA), Sara Wakai (UConn Health), Jeremy Wampler (DMHAS), Cheryl Weinstock (Freelance Journalist), Marissa White (Correctional Healthcare Quality Improvement Solutions), Abby Wood (Western CT Coalition), and LoriBeth Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	<p>Andrea Duarte and Heather Clinger welcomed the attendees via Zoom.</p> <p>Andrea read a statement on behalf of CTSAB Attempt Survivors/Lived Experience committee member Valerie Lepoutre:</p> <p><i>“In response to Paul Hammer’s passing...he touched so many lives and continuously focused on ways we can make our communities better. We all have a reason why we join the CTSAB, as many of us have been touched personally by suicide. May we all be honest about how we are doing and check in on one another, even the ones who seem most connected to resources.”</i></p>	
II. Presentation Impact of Gender on Suicide Kathleen Chapman, Ph.D. DMHAS/River Valley Services	<p>Dr. Chapman presented An Introduction to Understanding the Impact of Gender Stereotypes on Mental Health and Suicide Prevention. Suicide is complex and personal. Data indicate that more men die by suicide; the rates of women are increasing nationally. The 2018 National Survey of Drug Use and Mental Health showed that women reported a suicide attempt 1.5 more times than men. Rates can vary between age, race, sexual orientation, marital status. Dr. Chapman discussed gender role stereotypes and reminded the group to look at the individual and not through a stereotypical lens because important information could be missed.</p> <p>To view the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_7-8-21_Suicide_and_Gender_presentation.pdf</p>	

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III. Review of Minutes	June minutes accepted	
	<p><u>Foundations</u></p> <p>American Foundation for Suicide Prevention (AFSP) https://afsp.org/</p> <ul style="list-style-type: none"> - Talk Saves Lives Workplace: 60-minutes designed to be delivered in workplace settings. Offering them in April, May, and June. - Six walks scheduled to begin in September; in person depending on local guidelines. If interested in being on the walk committee, email Michelle Peters mpeters@afsp.org - July 30, 2021 Gizmo presentation with WCSU Upward Bound community program <p>Brian Dagle Foundation https://brianshealinghearts.org/</p> <ul style="list-style-type: none"> - The Brian Dagle Foundation is hosting an Evening of Remembrance on July 17, 2021, for those lives lost to COVID-19 <p>SAVE https://save.org/</p> <ul style="list-style-type: none"> - September 10 Light the Night with luminaries on the Enfield Town Green for lives lost to suicide <p>Jordan Porco Foundation https://www.rememberingjordan.org/</p> <ul style="list-style-type: none"> - Seeking a pilot location for the 4 What's Next program in Spanish - Job posted for part-time program coordinator with an emphasis on national outreach - Many fundraisers coming up which can be found on the website, including being a member of the Hartford Marathon team <p>My Friend Abby https://www.myfriendabby.org/</p> <ul style="list-style-type: none"> - No update <p>Grief Coalition</p> <ul style="list-style-type: none"> - No update <p><u>Committees</u></p> <p>Data to Action</p> <ul style="list-style-type: none"> - Next virtual meeting scheduled July 26, 10:00am <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> - Various systems are notified when there is an untimely death - Working on first responder brochure for fire 	

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	<p>Lethal Means</p> <ul style="list-style-type: none"> - No meeting in July - Thanks extended to Lorrie McFarland for the connection in Derby for signs at train locations - The firearm safe proof your home brochure was reviewed - Thanks extended to Holly Giardina, Connecticut Clearinghouse, for a contact at DEEP regarding signage at state parks <p>Attempt Survivors/Lived Experience</p> <ul style="list-style-type: none"> - Will honor Paul Hammer’s memory by continuing to move forward with the initiatives of the committee and focus on how Paul lived and his passion for suicide prevention and awareness. <p>Zero Suicide</p> <ul style="list-style-type: none"> - Will discuss leadership opportunity at the next meeting <p>Clinical Workgroup</p> <ul style="list-style-type: none"> - Reviewing storyboards with DMHAS Workforce Development & Training. <p>Legislative Advocacy Committee</p> <ul style="list-style-type: none"> - Out of the 20 potential bills raised, SB1 passed, which includes QPR trainings in local and district health departments <p><u>Regional Suicide Advisory Board Meetings</u> https://www.preventsuicidect.org/about-us/regional-sab-business/</p> <ul style="list-style-type: none"> - Contact the lead for each region for more information regarding meetings and trainings. <p>Region 5/Western:</p> <ul style="list-style-type: none"> - Conducting 988 focus groups <p>Region 4/North Central:</p> <ul style="list-style-type: none"> - Conducting 988 focus groups <p>Region 3/Eastern:</p> <ul style="list-style-type: none"> - QPR trainings in Spanish will be offered; an open regional training will be hosted. - SERAC has online QPR codes available for school systems if needed. - Provided 400 Senior Wellness Pack to groups around the region; materials included info on mental health, depression, and suicide prevention. 	

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	<p>Region 2/ New Haven:</p> <ul style="list-style-type: none"> - Crisis intervention committee, a smaller subcommittee, meets more frequently - Planning a Gizmo in the Park event in New Haven - Participating in the October AFSP walk with an info booth <p>Region 1/Southwestern:</p> <ul style="list-style-type: none"> - May have a regional team for AFSP walk October 24 - Dr. Stephen Xenakis and Matt D. presented their Community Resilience Campaign in June. Community Resilience Silver Hill Hospital: https://silverhillhospital.org/communityresilience/ . If anyone is interested in the recording of the meeting and/or the PowerPoint, contact Giovanna Mozzo gmozzo@thehubct.org . - At the August meeting, will discuss local / regional efforts for September being national suicide prevention month and world suicide prevention day. - There was a murder/suicide in Westport. The postvention team responded and reached out to Gabe Lomas for consulting purposes. <p><u>Grant Initiatives</u></p> <p>988</p> <ul style="list-style-type: none"> - David DeNino has been hired to develop the CT implementation plan for 988 and he will be reaching out to RSABs - If interested in joining the stakeholder group, contact Tim Marshall tim.marshall@ct.gov or Andrea Duare andrea.duarte@ct.gov <p><u>CDC Suicide Prevention Grant</u></p> <ul style="list-style-type: none"> - Contract with UConn Health for evaluation is fully executed - Contract with United Way continues to move forward <p><u>Awareness Campaign/Website/Outreach</u> https://www.preventsuicidect.org/</p> <ul style="list-style-type: none"> - Website being updated - Shop Rite: 12 stores will have digital ads at the register and 11 stores will have 1 Word materials at their welcome center - Ad will be placed in the September Firefighter Association Dinner book 	
V. Member Updates	<ul style="list-style-type: none"> - Steve MacHattie has reached out to Big Sky for a possible fundraiser -Pamela Lang indicated that all CSSD Family Services staff will be trained in QPR -QPR Training of Trainers scheduled for August 6, 2021. Information sent to CTSAB listserv - Meeting adjourned 10:30am 	

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<p>Virtual 2021 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>Dates/Presentations:</p> <p><u>2021 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> - 7/8/21: Kathy Chapman, DMHAS, <i>Impact of Gender on Suicide</i> - 8/12/21: Audrey Silva, UConn, <i>A Deaf Perspective of Mental Health and Suicide</i> - 9/9/21: Annual Meeting - 10/14/21: Sara Gaer, Suicide Prevention Specialist/Author, <i>Trauma and Suicide</i> - 11/11/21: Veterans Day/ State Holiday, no meeting - 12/9/21: Barbara Ward-Zimmerman, CHDI Educating Practices, <i>Intersection of ADHD and Suicide</i> <p>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</p>	