



# CONNECTICUT Suicide Advisory Board

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**CT ZSLC Survey Results**  
**CT Zero Suicide Learning Community**  
**Fall 2020**

# CT ZSLC Survey Summer 2020

- 15 respondents from 13 different health and behavioral health care sites
- 12 of 13 are engaged in ZS approach
- 9 of 15 reported completing the ZS Organizational Self Study
- 6 of 15 reported site's new employee orientation program includes training on Zero Suicide principles and practices

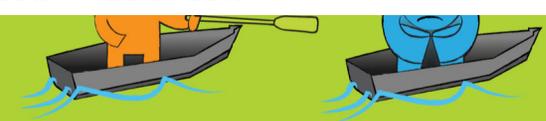
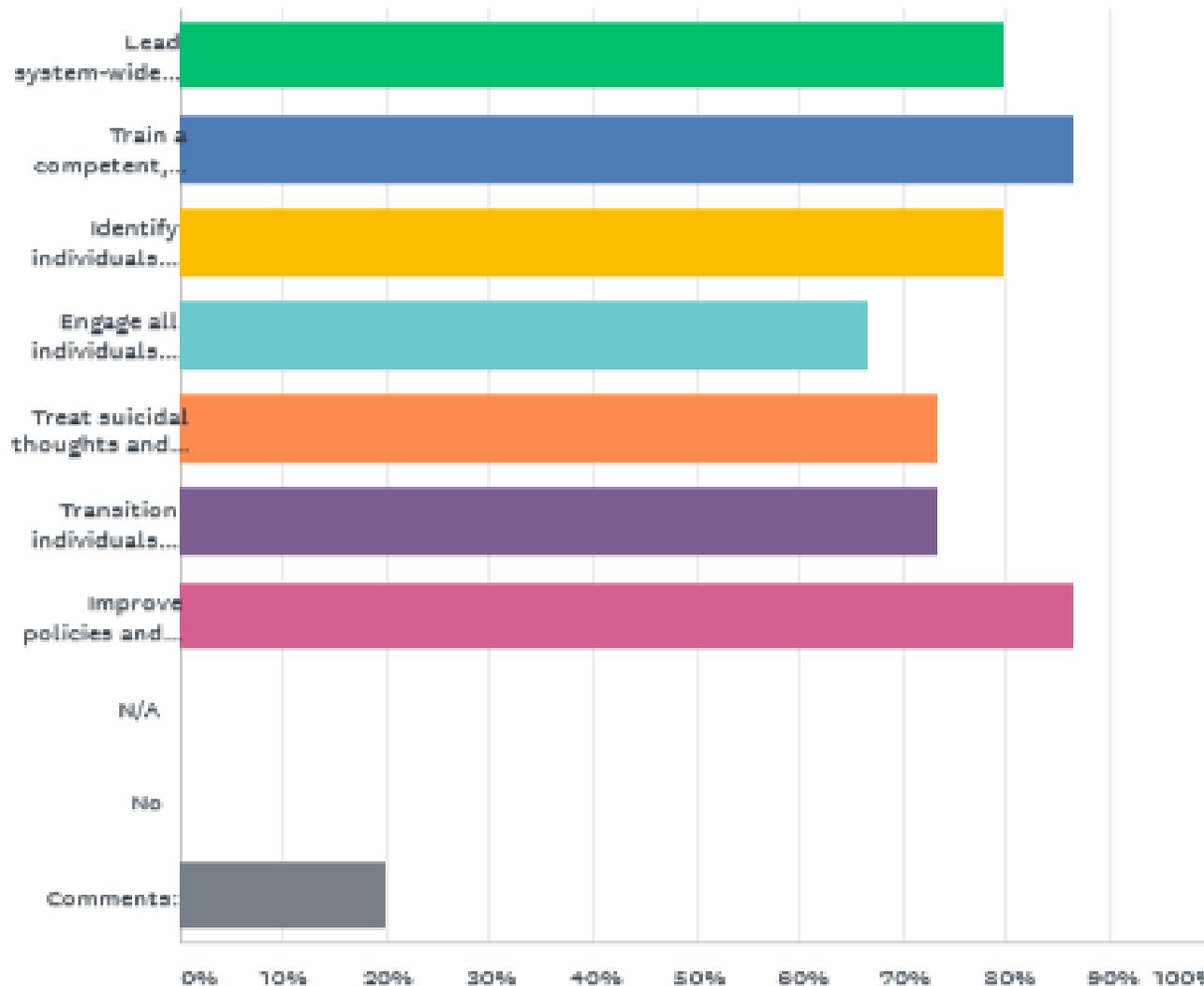
Q6 Population focus of organization. (Please check all that apply)

ANSWER CHOICES	RESPONSES	
Youth	66.67%	10
Adults	53.33%	8
Service Members	20.00%	3
Veterans	13.33%	2
Justice Involved	13.33%	2
Other (please specify)	0.00%	0
Total Respondents: 15		



# Q10 Is your organization utilizing or promoting any components of the Zero Suicide approach? (Please check all that apply).

Answered: 15 Skipped: 0



# Policies & Procedures

Q12 LEAD: Does your organization have policies and procedures that have been formally changed that align with the Zero Suicide Framework?

ANSWER CHOICES	RESPONSES
Policies, procedures, guidelines related to identification or screening of those at risk for suicide	66.67% 10
Policies, procedures, guidelines related to training staff to increase competence and confidence in assessing and treating those at risk for suicide	46.67% 7
Policies, procedures, guidelines related to postvention response if a death occurs	26.67% 4
Policies, procedures, guidelines related to transitioning clients from one level of care to another Policies, procedures, guidelines related to process improvement	33.33% 5



# Train

- 10 sites train all staff in gatekeeper training

Q16 TRAIN: If yes to question 14, what gatekeeper training has your organization utilized? (Please select all that apply). If no, choose N/A.

ANSWER CHOICES	RESPONSES	
N/A	13.33%	2
QPR (Question, Persuade, Refer)	66.67%	10
ASIST (Applied Suicide Intervention Skills Training)	20.00%	3
CALM (Counseling on Access to Lethal Means)	6.67%	1
Kognito At-Risk in Primary Care	0.00%	0
Kognito At-Risk in ED	0.00%	0
Connect Suicide Prevention/Intervention Training	0.00%	0
safeTALK	0.00%	0

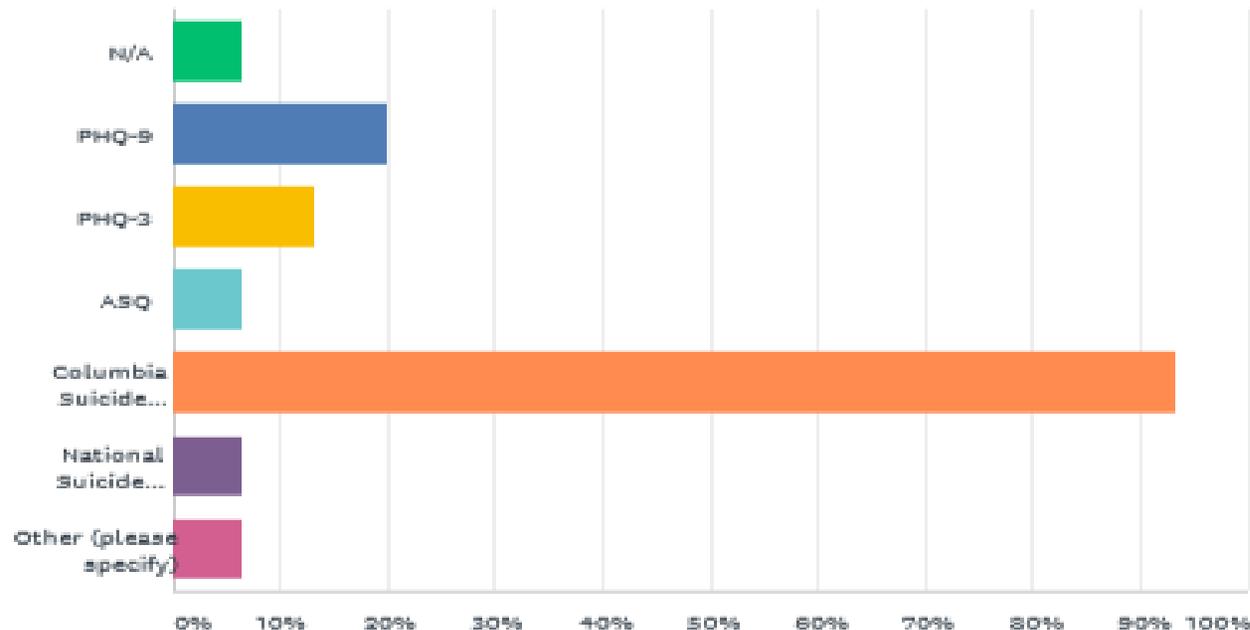


# Identify

- All 15 sites perform screening

Q18 IDENTIFY: If yes to question 17, how does your organization screen or assess for those at risk for suicide? (Please check all that apply). If no, choose N/A.

Answered: 15 Skipped: 0



# Engage

Q19 ENGAGE: Does your organization closely follow individuals identified at risk of suicide and continuously engage them in a suicide care management plan and care pathway that is monitored and documented in an electronic health record (EHR)?

- 10 (66.66%)

Q20 ENGAGE: Does our organization engage clients in collaborative safety planning (e.g. Brown & Stanley Safety Plan)?

- 12 (80%)



# Treat

Q21 TREAT: Does your organization have a system in place to assess the physical comfort as well as safety of the environment for those at risk for suicide?

- 9 (60%)

Q22 TREAT: Does your organization use effective, evidenced-based treatments that directly target suicidal thoughts and behaviors?

- 7 (46.67%) Yes
- 4 (26.67 %) No and N/A\*



# Treat cont.

Q23 TREAT: If yes to question 22, what evidenced-based treatments are your clinical staff formally trained in and utilize? (Please check all that apply). If no, choose N/A.

ANSWER CHOICES	RESPONSES	
CAMS (Collaborative Assessment and Management of Suicidality)	6.67%	1
CBT-SP (Cognitive Behavioral Therapy for Suicide Prevention)	13.33%	2
DBT (Dialectical Behavioral Therapy)	33.33%	5
BCBT (Brief Cognitive Behavioral Therapy)	0.00%	0
ASSIP (Attempted Suicide Short Intervention Program)	0.00%	0
MI-SI (Motivational Interviewing to Address Suicidal Ideation)	6.67%	1
TMBI (Teachable Moment Brief Intervention)	0.00%	0
N/A	46.67%	7
Comments:	26.67%	4
Total Respondents: 15		



# Transition

Q24 TRANSITION: Does your organization support individuals during care transitions such that specific contacts and supports needed throughout the process are defined to help manage transitions between levels of care?

- 13 (86.57%) Yes

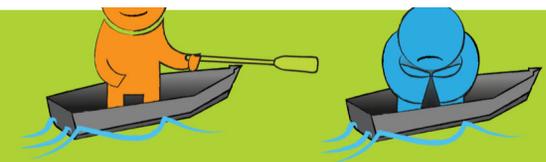
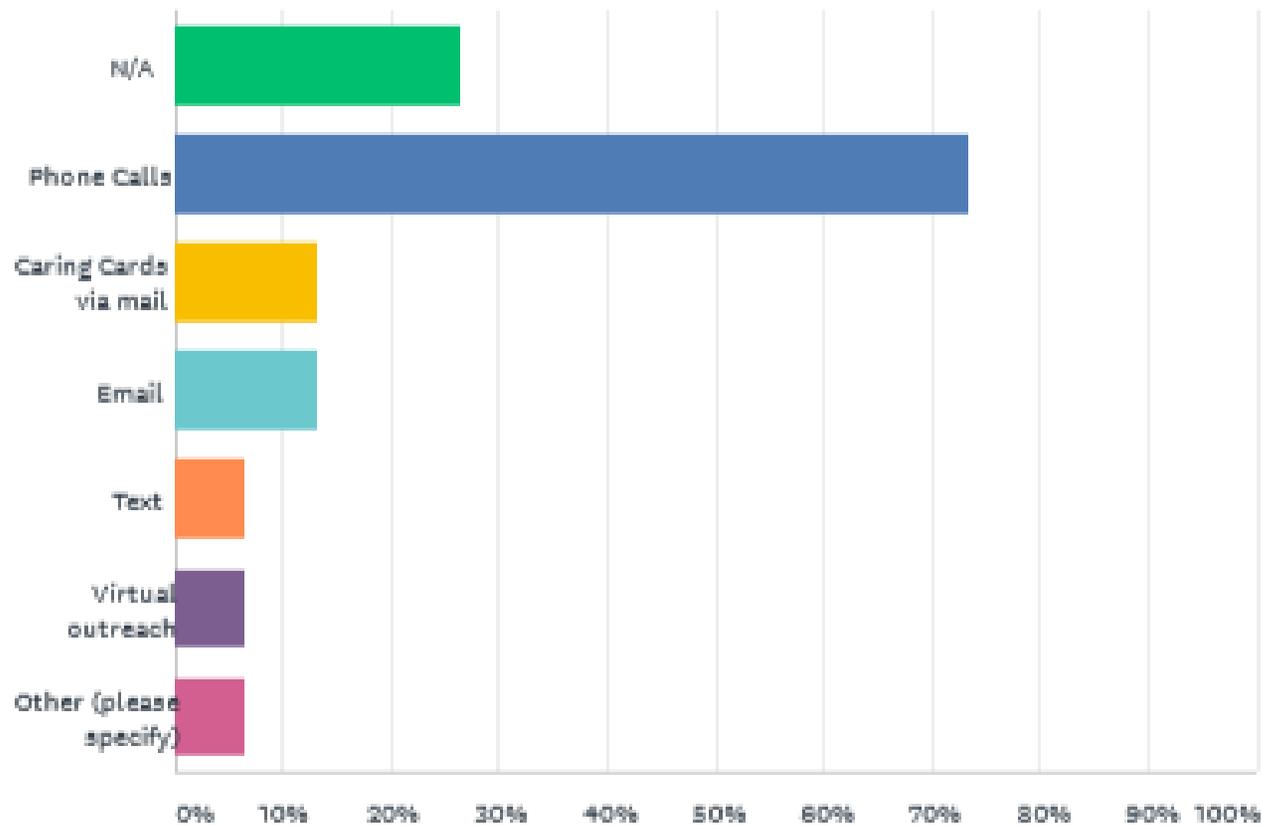
Q25 TRANSITION: Does your organization reach out to those transitioning to a different level of care after discharge?

- 10 (66.66%) Yes
- 3 (20%) No
- 2 (13.33%) NA



Q26 TRANSITION: If yes to question 25, how does your organization reach out to clients transitioning from one level of care to another? (Please check all that apply). If no, choose N/A.

Answered: 15 Skipped: 0



# Improve

Q27 IMPROVE: Does your organization have a policy or procedure in place to provide client support following a suicide attempt of another client (i.e. their peer) in your care?

- 9 (60%) No
- 6 (40%) Yes

Q28 IMPROVE: Does your organization have a policy or procedure in place to provide staff support following a suicide attempt of a client in your care?

- 10 (66.66%) Yes
- 4 (26.67%) No
- 1 (6.67%) NA



# Improve cont.

Q29 IMPROVE: Does your organization have a policy or procedure in place to provide client support following a suicide death of a client (i.e. their peer) in your care?

- 6 (40%) No
- 5 (33.34%) Yes
- 4 (26.67%) NA

Q30 IMPROVE: Does your organization have a policy or procedure in place to provide staff support following a suicide death of a client in your care?

- 9 (60%) Yes
- 3 (20%) No
- 3 (20%) NA



# Improve cont.

Q31 IMPROVE: Does your organization apply a data-driven quality improvement approach to reviewing suicide deaths of those in your care?

- 10 (66.66%) Yes
- 4 (26.67%) No
- 1 (6.67%) NA

Q32 IMPROVE: Does your organization apply a data-driven quality improvement approach to reviewing suicide attempts of those in your care?

- 9 (40%) Yes
- 5 (33.33%) No
- 1 (6.67%) NA



# Improve cont.

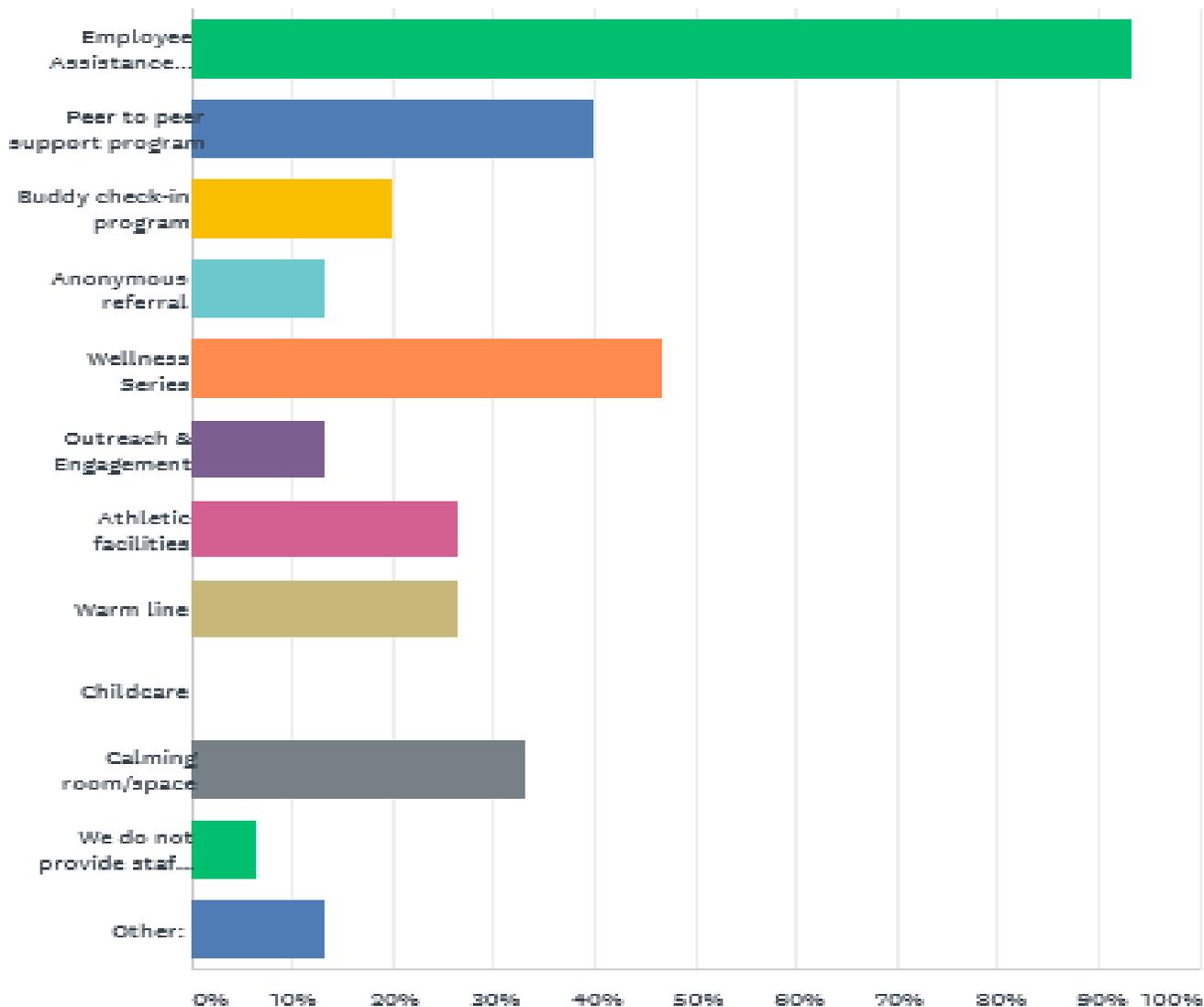
Q33 Does your organization provide opportunities for individuals with Lived Experience to guide/inform the Zero Suicide adoption?

- 7 (46.67%) Yes
- 6 (40%) No
- 2 (13.33%) NA



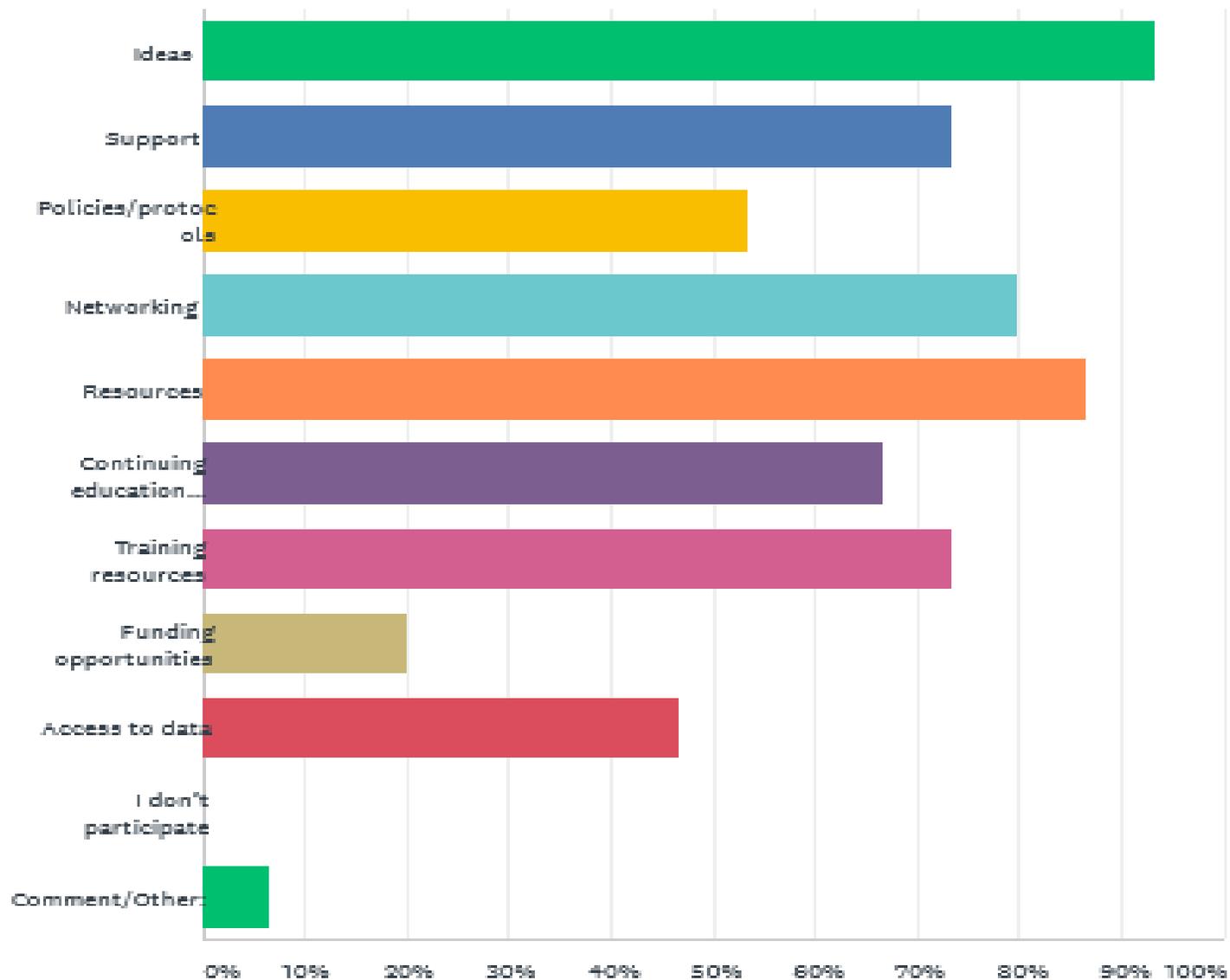
Q34 What services does your organization provide for staff that support wellness and mental health promotion to reduce stress, burn-out, compassion fatigue, and vicarious trauma? (Please check all that apply)

Answered: 15 Skipped: 0



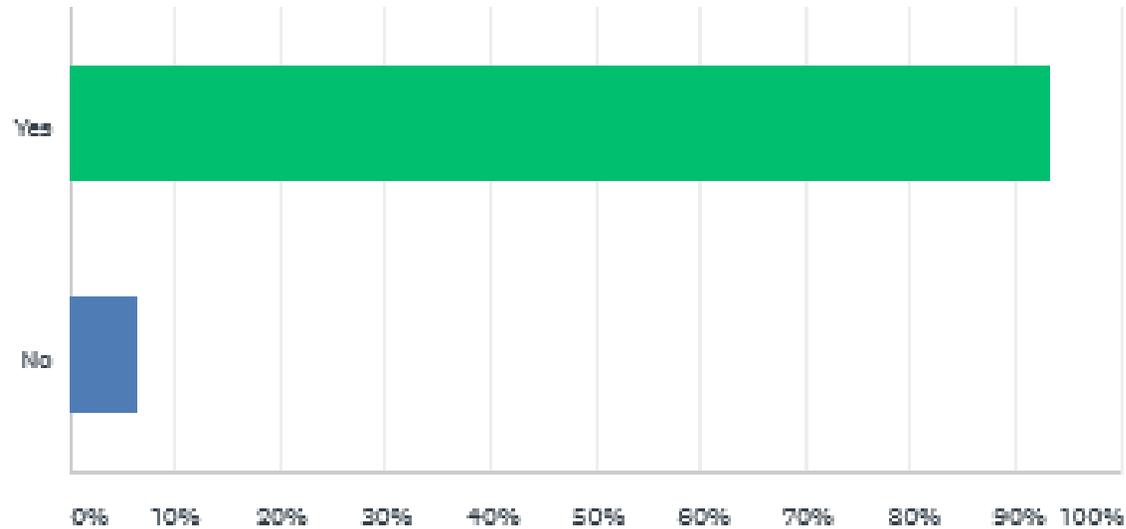
# Q35 What have you gained by participating in the Connecticut Zero Suicide Learning Community? (Please check all that apply)

Answered: 15 Skipped: 0



# Q38 Would you like presentations/trainings to be offered at the Connecticut Zero Suicide Learning Community Meetings?

Answered: 15 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	93.33%	14
No	6.67%	1
<b>TOTAL</b>		<b>15</b>

