

CT Suicide Advisory Board Meeting Minutes

Meeting Date: April 8, 2021

Location: Zoom Virtual Meeting

Present: Gillian Anderson (My Friend Abby), Daniella Arias (The Hub), Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Dana Begin (DMHAS), Kaitlin Brown (CCPG), Wendy Caruso (United Way 211), Jessica Casella, Heather Clinger (Wheeler), Kaitlin Comet (Prevention Corps/The Hub), Ann Irr Dagle (Brian Dagle Foundation), Sarah DeFlumeri(), Melissa Demma (United Services), Michelle Drolsbauh (Minding Your Mind), Andrea Duarte (DMHAS), Jennifer Esposito (Judicial Branch), Amy Evison (CHR), Luz Feliz (Advocacy Unlimited), Tom Fulton (Wheeler), Marisa Giarnella-Porco (Jordan Porco Foundation), Tressa Giordano (AHM YFS), Lisa Girard (FAVOR), Mollie Greenwood(Beacon Health Options), Paul Hammer (Charter Oak Family Ctr), Rob Harrison (Westerly Hosp.), Brandon Jewell (SAVE), Angela Jimenez (DPH), Michelle Leibovitz(Rich Wright Productions), Kelly Leppard (DMHAS), Valerie Lepoutre (NAMI-CT), Gabriel Lomas (WCSU), Sarah Lorenzini (CTARNG), Jodi Lott (Gaggle), Melissa Luginbuhl (Amplify CT), Jessica Markure (VHA), Tim Marshall (DCF), Katie McMullan (DMHAS), Ashleigh Miller (Family Centers), Emily Morse (UCFS), Allyson Nadeau (Amplify CT), John Panicek (CT Rivers Scouting Council), Michelle Peters (AFSP), Jill Pluta (Newtown YFS), Jonathan Pohl (CCSU), Sam Rainey (Triangle Community Center), Steve Rogers (CT Children’s), Kara Sepulveda (Quinnipiac Valley Health District), Scott Serviss (Solutions EAP), Marisa Sicley-Rogers(IOL), Richard Siddall, Greg Simpson (Beacon Health Options), Heather Spada(United Way CT), Tom Steen (Steen Consulting), Jennifer Sussman (UConn Health/CPES), Faith VosWinkel (OCA), Marissa White (Correctional Healthcare Quality Improvement Solutions), Nicole Wiley (West Haven Prevention Council), Abby Wood (Western CT Coalition), and LoriBeth Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Tim Marshall, Andrea Duarte and Tom Steen welcomed the attendees via Zoom.	
II. Presentation ACTION Line: Adult Mobile Crisis Call Center Dana Begin Program Manager Office of the Commissioner Evidence Based Practices and Grants Division DMHAS Wendy Caruso Director, 2-1-1 Contact Center Operations United Way of CT, 2-1-1	Presentation Discussed: <ul style="list-style-type: none"> • Description of Adult Mobile Crisis Teams and Crisis Intervention Teams (CIT): Intended to divert individuals from incarceration, arrest, and hospitalization, and promote safety for persons in crisis, the community, and police who respond to crisis calls. -Mobile Crisis Team Mission: To provide persons in distress (crisis) immediate access to a continuum of crisis response services of their choice including, mobile clinical services, peer support services and community supports; to promote the prevention of crises among persons and families; and to provide postvention activities that support persons in developing a meaningful sense of belonging in their communities. • Overview of Mobile Crisis Redesign -Mobile Crisis Workgroup Purpose: To examine current mobile crisis services and make recommendations for enhancements. -Process involved: Stakeholder survey, Community Wellness and Recovery Coalition, DMHAS Workgroup Development, Consultation from DCF, Technical assistance, Meetings with CEOs, Agency Visits 	

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	<ul style="list-style-type: none"> • The development of CT’s centralized adult crisis call center • What it is the ACTION line? <ul style="list-style-type: none"> -Adult Crisis Telephone Intervention and Options Network -Centralized Adult Crisis Call center -Available 24/7, 365 days a year -Ability to provide after hours, weekend and holiday coverage for mobile crisis teams -Staff include combination of licensed clinicians, paraprofessionals, and multilingual staff. -Can use 1-800-HOPE-135 number or 211 -Goals and Objectives: Prevent ED visits, increase access to mobile crisis services, support individuals in considering options, prevent incarceration, increase connection with treatment options and community support, provide community-based services to support persons experiencing psychiatric emergencies in the least restrictive environment. -ACTION line staff will assist callers by: building rapport with caller; determining nature of caller’s distress through nonclinical assessment; ensuring safety planning; connecting individual with adult mobile crisis team provider in area; informing mobile crisis team provider of need; and if needed, can make a direct connection to 911. • Marketing Materials: <ul style="list-style-type: none"> - Marketing and Promotional Materials: brochures, wallet cards, posters, postcards, pens, stress balls and notepads (English and Spanish). Requests for materials can be made by visiting: https://uwc.211ct.org/contact/uwc-materials/ <p>To view the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/ACTION_Line_Presentation_update_04_06_21.pdf</p>	
III. Review of Minutes	March minutes accepted	
IV. Updates	<p><u>Foundations</u> American Foundation for Suicide Prevention (AFSP) https://afsp.org/</p> <ul style="list-style-type: none"> - Talk Saves Lives Workplace: 60-minutes designed to be delivered in workplace settings. Offering them in April, May, and June. - Offering Gizmo Read-Alongs - Virtual Campus Walks April 24, 2021 	

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	<ul style="list-style-type: none"> - May 1 Hike for Hope on Case Mountain in person - June 10 7-9pm LBGTQ+ panel (info on afsp.org) - April 23 Fundraiser concert: Sophie B Hawkins - AFSP 101: for new volunteers April 22, 5:30pm on Zoom - Six walks scheduled to begin in September <p>Brian Dagle Foundation https://brianshealinghearts.org/</p> <ul style="list-style-type: none"> - Moving forward with Lacrosse LAX 2 Live programs - Board Member and former lacrosse player offered to go speak to the schools and share his story - Donating to CT Chapter of AFSP to sponsor Niantic Walk - Looking into digital billboard campaign. - Moving forward with QPR trainings in April and May - Evening of remembrance July 1 for all people lost to COVID in Southeastern CT. <p>SAVE https://save.org/</p> <ul style="list-style-type: none"> - Planning an event for May Mental Health Month <p>Jordan Porco Foundation https://www.rememberingjordan.org/</p> <ul style="list-style-type: none"> - Recruiting college students/young adults to be 9 out of 10 ambassadors - April 24, Check In at a 24hr live stream e-sports event; can be viewed on Twitch <p>My Friend Abby https://www.myfriendabby.org/</p> <ul style="list-style-type: none"> - Gives grants to youth and young adults who are working in suicide prevention; gave out 11 new grants, including three to teachers. One college student riding his bike across country and talking about mental health. One teacher bringing live entertainment into cafeteria. - “Spreading Sunshine” lawn campaign signs in April and May - April 11 documentary Screening of “My Ascencion” <p>Grief Coalition</p> <ul style="list-style-type: none"> - No report <p><u>Committees</u></p> <p>Data to Action</p> <ul style="list-style-type: none"> - Next meeting rescheduled for April 19 at 10:00am to accommodate presenter from Beacon Health 	

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	<ul style="list-style-type: none"> - SWOT analysis of data infrastructure through SPRC community of practice work <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> - Postvention team continues to respond when notified - Young adults who die by suicide whose primary residence is in another state or vice versa: Andrea reached out to other states; Suicide Prevention Resource Center (SPRC.org) has states' pages listed <p>Lethal Means</p> <ul style="list-style-type: none"> - Meeting scheduled for April 9 with guests from State Police to discuss safe and legal transfer of firearms <p>Attempt Survivors/Lived Experience</p> <ul style="list-style-type: none"> - Subcommittee working with peer agencies - SoSA would like to expand support groups - Suicide Prevention training for Peers: launching 10 trainings for peer support - In Our Own Voice training to be scheduled <p>Zero Suicide</p> <ul style="list-style-type: none"> - 30 people from 20 healthcare systems at last meeting - Temporal pattern of suicide: this is a higher risk time of year across lifespan - Leadership challenges: how to keep Suicide Prevention and Zero Suicide on agenda - Yale presented at 2-day conference in Illinois <p>Clinical Workgroup</p> <ul style="list-style-type: none"> - Working with Director of Training and Workforce Development at DMHAS to turn existing curriculum into a webinar within the Learning Management System <p>Legislative Advocacy Committee</p> <ul style="list-style-type: none"> - AFSP Capitol Day: virtual, April 29 - Senate Bill 1058: Cristin McCarthy Vahey took the lead to pull together chairs of the committee. It was never their intent to replace the CTSAB. There was a disconnect between intention and what was drafted. General agreement to postpone until next session. All agree more work needs to be done on the Bill. - House Bill 6111: Youth Pilot Program utilizing QPR moved out of committee 	

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	<p><u>Legislative/Budget</u></p> <ul style="list-style-type: none"> - No update. <p><u>Regional Suicide Advisory Board Meetings</u> https://www.preventsuicidect.org/about-us/regional-sab-business/</p> <ul style="list-style-type: none"> - Contact the lead for each region for more information regarding meetings and trainings. <p>Region 5/Western:</p> <ul style="list-style-type: none"> - Continue to have postvention follow -up meetings. Next meeting is in June. <p>Region4/North Central:</p> <ul style="list-style-type: none"> - Postvention training end of April. Next meeting May 20 <p>Region 3/Eastern:</p> <ul style="list-style-type: none"> - Next meeting May 6, 9:00am <p>Region 2/ New Haven:</p> <ul style="list-style-type: none"> - Next meeting April 15, 1:00pm <p>Region 1/Southwestern:</p> <ul style="list-style-type: none"> - Mike Makowski present on violent deaths - Created Postvention subcommittee - Discussed National Prevention Week collaboration in the region and the calendar that will be created - Next meeting June 11 <p><u>Grant Initiatives</u></p> <p>988</p> <ul style="list-style-type: none"> - For serious mental health and suicidal concerns - State of CT will need to figure out how to fund 988 - Separate planning coalition meeting April 19 <p><u>CDC Suicide Prevention Grant</u></p> <ul style="list-style-type: none"> - Many deliverables due in the first six to nine months of implementation <p><u>Awareness Campaign/Website/Outreach</u> https://www.preventsuicidect.org/</p> <ul style="list-style-type: none"> - Veterinarians are at increased risk of suicide - April 24 is Veterinarian Appreciation Day; there will be a press release to thank your veterinarian <p>Gizmo</p> <ul style="list-style-type: none"> - Read-Alongs across the nation with AFSP 	

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	<ul style="list-style-type: none"> - Piloting curriculum in CT, NH, and KY. - Books and Plushies: available for purchase off the website (books free in CT). 	
V. Member Updates	<p>Faith Vos Winkel:</p> <ul style="list-style-type: none"> - Assisted Suicide has a lot of interest lately and Cathy and her group are trying to influence that. <p>Tom Steen:</p> <ul style="list-style-type: none"> - QPR Train the Trainer May 21. Limited seats. Let Tom know if interested tom@steenconsulting.net <p>Kara from Quinnipiack Valley Health District:</p> <ul style="list-style-type: none"> - April 24 10:00am-2:00pm.: DEA National Medication Takeback Day <p>Rob Harrison:</p> <ul style="list-style-type: none"> - Signs with QR codes have resulted in many scans <p>Meeting adjourned 11:00am.</p>	
<p>Virtual 2021 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>Dates/Presentations:</p> <p><u>2021 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> - 1/14/21: Tom Steen, Steen Consulting, <i>QPR for Substance Use Disorder Treatment</i> - 2/11/21: Gabriel Lomas, WestConn and Paula Gill Lopez, Fairfield University, <i>School System Peer Crisis Response</i> - 3/11/21: Sara Wakai, UConn Health, <i>Garrett Lee Smith Grant Outcomes (2015-20)</i> - 4/8/21: Erika Cruz, DMHAS and United Way of CT/211, <i>ACTION Line: Adult Mobile Crisis Call Center</i> - 5/13/21: Paul Hammer, Yale, and Valerie LePoutre, NAMI CT, <i>Attempt Survivor Advocacy</i> - 6/10/21: Maureen Pasko, VACT Healthcare, <i>Homelessness and Suicide</i> - 7/8/21: Kathy Chapman, DMHAS, <i>Impact of Gender on Suicide</i> - 8/12/21: Audrey Silva, UConn, <i>A Deaf Perspective of Mental Health and Suicide</i> - 9/9/21: Annual Meeting - 10/14/21: Sara Gaer, Suicide Prevention Specialist/Author, <i>Trauma and Suicide</i> <p>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</p>	