Strategic Areas and Resources for Communities and Campuses

Strategic Areas	Helpful Resources on Evidence-based Approaches (_underlined font is a hyperlink to the web_)
1) Increase ability to recognize and respond to individuals at risk.	• SPRC Best Practice Registry for gatekeeper training and screening resources. • Example: QPR (Question, Persuade, Refer) Gatekeeper Training.
2) Increase help-seeking behavior of individuals and gatekeepers.	• CT Suicide Prevention Campaign: "1 Word, 1 Voice, 1 Life: Be the 1 to start the conversation." www.preventsuicidect.org • SPRC Best Practice Registry for outreach programs. • Example: Signs of Suicide (SOS).
3) Identify, promote/advertise and provide behavioral health services.	• Student Mental Health and the Law: As Resource For Institutions of Higher Education • Brief Psychological Intervention after Deliberate Self Poisoning • After an Attempt: A Guide for Taking Care of Your Family Member After Treatment in the Emergency Department • After an Attempt: A Guide for Taking Care of Yourself After Your Treatment in the Emergency Department
4) Develop and follow crisis management procedures.	• Framework for Developing Institutional Protocols for the Acutely Distressed or Suicidal College Student • After a Suicide: A Toolkit for Schools • Example: Connect Postvention Training (Planning for When Traumatic Death Occurs)
5) Restrict access to potentially lethal means (prescription drugs & guns).	• Means Matter • Prescription Drug Tool Kit • Example: Take Back Programs
6) Develop life skills that enhance protective factors.	• SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP) • Example: Reconnecting Youth or First Year Experience.
7) Promote social networks.	• Connecting with and/or developing student organizations related to mental health and priority populations. • Example: Active Minds
Other	• Preventing Suicide: A Toolkit for High Schools • Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Living Communities • Working with the media and safe reporting: Reporting on Suicide, AFSP, and Annenberg Center for Public Policy Media Recommendations

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