

# Southwest CT Regional Suicide Advisory Board (SW RSAB)

Agenda for January 7, 2021

## 1. Welcome & Introductions

- a. Please type your name & affiliation into the chat as attendance

## 2. State & Regional Updates

- a. CT SAB
- b. AFSP

## 3. Guest speaker: Gabriel Lomas , PhD.

- a. Dr. Gabriel I. Lomas is a professor of counseling at Western Connecticut State University. He has a strong background in helping communities respond to crisis. He was a member of a school-based crisis response team and clinical crisis response team in Texas, and he helped to create a Regional Crisis Team in the Western part of Connecticut to assist area schools in crisis response preparation. When a disaster happens, the team pools the resources of the university and school districts to provide support immediately after an event such as a shooting, death, natural disaster or other crisis.
- b. Q&A

## 4. Postvention Planning efforts

- a. Highlights / Struggles

## 5. FCCF Grant – EMS

## 6. Other

- a. Survivors of Suicide Attempts (SOSA) Group - SOSA model is *co-facilitated by clinicians and suicide attempt survivors*. Paul Hammer and Steve MacHattie, LCSW, of the *CTSAB Attempt Survivors/Lived Experience Committee* were trained as a **SOSA** group facilitator team, and will be starting a **SOSA** group at the Charter Oak Family Center, LLC in Hartford and Manchester soon.

- b. LOSS = Local Outreach to Survivors of Suicide. “A LOSS Team is a volunteer group of suicide loss survivors who are called to the scene of actual suicides to provide comfort, support, and resources to the family and friends of the deceased.”

**1. Next Steps**

- a. **March 12, 2021 from 12-2**

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