

STATE OF CONNECTICUT SUICIDE PREVENTION PLAN **2020-2025** **Goals and Objectives**

GOAL 1

Integrate and coordinate suicide prevention activities across multiple sectors and settings.

GOAL 2

Develop, implement and monitor effective programs that promote wellness and prevent suicide and related behaviors.

GOAL 3

Promote suicide prevention as a core component of health care services.

GOAL 4

Reduce access to lethal means of suicide among individuals with identified suicide risk.

GOAL 5

Increase the timeliness and usefulness of state and national surveillance systems relevant to suicide prevention and improve the ability to collect, analyze and use this information for action.



SUICIDE IS PREVENTABLE

In Crisis call 1(800)273-TALK (8255) or 211 in CT, or
Text CT to 741741

In an Emergency Call or Text 911

Visit: www.preventsuicide.org

OBJECTIVES

1

- Integrate, establish, and sustain suicide prevention into the values, culture, leadership and work of a broad range of organizations and programs.
- Establish effective, sustainable, and collaborative suicide prevention activities at the state, tribal, and local levels.
- Sustain and strengthen collaborations across state agencies to advance suicide prevention.
- Develop and sustain public-private partnerships to advance suicide prevention.
- Integrate suicide prevention into all relevant healthcare reform efforts.

2

- Strengthen the coordination, implementation and evaluation of comprehensive state/territorial, tribal, and local suicide prevention programming.
- Encourage community-based settings to implement effective programs and provide education that promotes wellness and prevents suicide and related behaviors.
- Intervene to reduce suicidal thoughts and behaviors in populations at heightened risk.

3

- Promote the adoption of “Zero Suicide” as an aspirational goal by healthcare and community support systems that provide services and support to defined patient populations.
- Develop and implement protocols for delivering services for individuals with suicide risk in the most collaborative, responsive, and least restrictive settings.
- Promote timely access to assessment, intervention, and effective care for individuals with a heightened risk for suicide.
- Promote continuity of care and the safety and well-being of all patients treated for suicide risk in emergency departments or hospital inpatient units.
- Encourage healthcare delivery systems to incorporate suicide prevention and appropriate responses to suicide attempts as indicators of continuous quality improvement efforts.
- Establish linkages between providers of mental health and substance abuse services and community-based programs, including peer support programs.
- Coordinate services among suicide prevention and intervention programs, healthcare systems and accredited local crisis centers.
- Develop collaborations between emergency departments and other healthcare providers to provide alternatives to emergency department care and hospitalization when appropriate, and to promote rapid follow-up after discharge.

4

- Encourage health care providers who interact with individuals at risk for suicide to routinely assess for access to lethal means.
- Partner with firearm dealers and gun owners to incorporate suicide awareness as a basic tenet of firearm safety and responsible firearm ownership.
- Develop and implement new safety technologies and techniques to reduce access to lethal means.

5

- Improve the timeliness of reporting vital records data.
- Improve the usefulness and quality of suicide-related data.
- Improve and expand state/territorial, tribal, and local public health capacity to routinely collect, analyze, report, and use suicide-related data to implement prevention efforts and inform policy decisions.