

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, June 9, 2016

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Christina Allen (VA Hospital), Kevin Borrup (CCMC), Victor Cabada (DPH), Wendy Caruso (United Way of CT 2-1-1), Dieuguo Charles (Communities 4 Action), Heather Clinger (Wheeler Clinic), Heather Clinton (DPH), Ann Irr Dagle (Brian T. Dagle Memorial Foundation), Andrea Duarte (DMHAS), Laura Durst (IOL), Amy Evison (CHR), Barbara Fasulo (St. Francis Hosp), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Kristen Granatek (GPP), Karen Hanley (CHR), Amy Hanoian Fontana (CT Poison Control Center), Bev Harrison (Town of Enfield), Jean Haughey (Enfield Youth Services), Karen Hensley (ABH), Nancy Hubbard (IOL), Amanda Johnson (CTANG), Sarah Jones (St. Francis Hosp), Celeste Jorge (DPH), Mark Keenan (DPH), John Kissane (AFSP), Walter Krauss (UCHC Correctional Managed Health Care), Susan Logan (DPH), Meagan MacGregor (CTARNG), Mike Makowski (DPH), Tim Marshall (DCF), Liz McOsker (Jordan Porco Foundation), Stephen Mendelsohn (Second Thoughts CT), Sarah Mucci (United Way of CT 2-1-1), Allyson Nadeau (Beacon Health Options), Chinedu Okeke (DPH), Jonathan Pohl (CCSU), Nydia Rios-Benitez (DMHAS), Tom Steen (CASAC), Kenyatha Thomspson (UCONN SSW), Meryl Tom (DPH), John Torello (CSSD), Stephen Tyliczszak (CTNG/CASAC), Sara Wakai (UCHC), Cheryl Weinstock (Freelance Journalist), Heather White (AFSP Northern CT), and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Tim Marshall and Andrea Duarte welcomed the group and initiated introductions.	
II Presentation Celeste Jorge, MPH CT Department of Public Health <i>2015 CT School Health Survey/YRBS Results</i> Chinedu Okeke, MD, MPH-TM, MPA and Michael Makowski, MPH CT Department of Public Health <i>CT and National Violent Death Reporting System and Suicide Deaths in CT: 2015 Preliminary Data</i>	Celeste Jorge presented "Connecticut School Health Survey Youth Risk Behavior Component 2015 Results." To view the presentation ,visit: https://www.ctclearinghouse.org/Files/customer-files/2060-2015CT-YRBS-Graphs-Mental-Health-for-CTSAB-June-2016.pdf Chinedu Okeke presented that the data collected through the National Violent Death Reporting System is suicides, homicides, undetermined intent and accidental firearm. The primary data sources are Medical Examiner records, death certificates from the State Vital Records Office, and law enforcement data. Michael Makowski presented "Suicide Deaths in Connecticut: 2015 Preliminary Data." To view the presentation, visit: https://www.ctclearinghouse.org/Files/customer-files/2059-CTVDRSJJune-9-Meeting_v2.pdf	
III Review of Minutes and Follow-Up	Minutes of the May monthly meeting were accepted with the addition of the list of members who signed up to be on the conference planning committee.	

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IV Updates	<p><u>Foundations</u></p> <p>Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none"> • The Bright Music Festival was held on June 5, 2016, to create awareness and promote wellness. • Ann Irr Dagle announced that there will be a golf tournament on June 26 at Cedar Ridge Golf Course in East Lyme with dinner at Flanders Fish Market and Restaurant. For more information, contact Ann at ann@brianshealinghearts.org <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • Marisa Giarnella Porco reported that there will be 70 Fresh Check Days in 12-13 states in the upcoming academic year. Military Fresh Check Day on May 22 was a success. The national resilience director for the National Guard Bureau is interested in Fresh Check Day data and information. • There will be pilot locations for the high school program “4 What’s Next” in Florida, Massachusetts, and Connecticut. • The foundation is working with the BBYO, an international Jewish peer organization, for an event similar to Fresh Check Day in the Fall as well as discussing the “4 What’s Next” program. <p>AFSP</p> <ul style="list-style-type: none"> • There will be a pig roast June 11, 2016, 2:00pm, at the Pavilion on Crystal Lake in Middletown. It will be \$20 per person and bring your own beverages. There are only 100 tickets. For more information and to purchase tickets, visit: http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=4158 • Tom Steen reported that both the southern and northern chapters are working on a clinical training with CEUs and will provide more information when available. • Heather White reported that she would be attending the Advocacy Forum on Capitol Hill in Washington, DC, June 12-15, 2016. 	
	<p><u>Committees</u></p> <p>Zero Suicide</p> <ul style="list-style-type: none"> • The committee met prior to the CTSAB meeting. Andrea Duarte reported that the focus of the meeting was on workforce development, training and resources available. There is interest in bringing Dr. Posner back for C-SSRS efforts. • Chinedu Okeke reported that at the July 20, 2016, meeting of the Northeast and Caribbean Injury Prevention Network being held in Waltham, MA, states have been invited to talk about the zero suicide initiative. Andrea Duarte, Chinedu Okeke, CHR and IOL will be attending. 	

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Intervention-Postvention Response

- There will be no meeting today after CTSAB.
- Tom Steen shared a copy of the folder that goes to families after a suicide. It includes a letter from the Office of the Chief Medical Examiner, AFSP support information and grief support resources. Andrea Duarte suggested a .zip file of the materials for the website.

Student Wellbeing

- Tim Marshall reported that the card is under development.

Data and Surveillance

- Andrea Duarte reported that this is a newly formed committee to align with Goal 5 of the State Suicide Prevention Plan (PLAN-2020): Increase the timeliness and usefulness of state and national surveillance systems relevant to suicide prevention and improve the ability to collect, analyze and use this information for action.
- It was agreed that the protocols of the Violent Death Reporting System will be used to count suicide deaths.
- The committee will meet quarterly.

Armed Forces

- Meagan MacGregor reported that 120 recruits attended Fresh Check Day on May 22, 2016, and there positive feedback was received.
- The prevention coordinator for substance abuse is deploying so a new coordinator is being trained. Amanda Johnson will be the back-up for the Air side.
- There is an interest in bringing wellness days to units (yoga, massage, chiropractic care, etc). If anyone is interested in helping plan these days or has contact information, contact Meagan at Meagan.e.macgregor.ctr@us.army.mil

Suicide Prevention Conference

- Tim Marshall would like one to two people to volunteer to chair the committee to plan a statewide conference. If interested, contact Tim at tmarshall@ct.gov

Suicide-related Federal Grant Efforts

SAMHSA Garrett Lee Smith (GLS)Grant

- Andrea Duarte learned that there is no direct funding for the National Suicide Prevention Lifeline services for United Way and Wheeler Clinic. For now, some GLS grant funds can be used to continue for next year as a temporary solution. Tim Marshall indicated that a multi-state department and foundational support for the lifeline would be ideal.

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<p>V Member Updates</p>	<p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • Tim Marshall reported that a package of ads will be purchased at Central Connecticut State University for the upcoming year. More information to come. • Andrea Duarte reported that the website home page and “About Us” section have been updated. <p><u>State Plan—State of CT Suicide Prevention Plan (PLAN-2020)</u></p> <ul style="list-style-type: none"> • Andrea Duarte reported that there would be a meeting between DPH and UCHC the afternoon of May 12, 2016, regarding Goal 5 and the collection of surveillance data. <p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Andrea Duarte announced that the UCONN School of Social Work is sponsoring the Inaugural Community and School Violence Prevention Symposium on June 28, 2016. For more information: https://www.ctclearinghouse.org/Files/customer-files/2052-628-Violence-Prevention-Symposium..pdf • Steve Mendelsohn of Second Thoughts CT said there would be a group demonstrating on June 15, 2016 at the Bow Ties Cinema in Hartford from 3:30pm—8:00pm during showings of the film “Me Before You.” • John Kissane shared a conversation he had with a high school counselor who was concerned about screening students because of what the students may say. <p>The meeting adjourned at 11:06am.</p>	
<p>VI 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>7/14/16: Take 5: Veteran Wellness, Frank Kuchinski 8/11/16: Adolescent Suicide Awareness and Prevention, Jeanette Bilicznianski and Lorraine Olson, Parent Leadership Training Institute 9/8/16: Suicide Prevention Month Programs 10/13/16: Mental Health and Suicide Prevention in School Based Health Centers, Meryl Tom, CT DPH and SBHC Representative 11/10/16: TBD 12/8/16: TBD</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>