

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, January 14, 2016

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Javier Alvarado (CTNG), Hillary Bryant (TOIVO) Omowunmi Cole (DMHAS) Ann Irr Dagle (Brian T. Dagle Memorial Foundation), Dave Denino (Higher Education Mental Health Consultant), Andrea Duarte (DMHAS), Michael Dutko (CTARNG), Amy Evison (CHR), Joanna Fornwalt (EYS), Jim Fox (CTARNG), Penny Geyer (OCME), Jennifer Glick (DMHAS) Jennifer Glick (DMHAS), Patricia Graham (IOL), Kristen Granatek (GPP), Karen Hanley (CHR), Nancy Hubbard (IOL), Tom Kocienda (DOC), Amanda Johnson (UCONN SPH), Amanda Johnston (SERC), Celeste Jorge (DPH), Walter Krauss (UCHC Correctional Managed Health Care), Chris McCarty (CTARNG), Judy Murray (D.A.N.) Allyson Nadeau (Beacon Health Options), Lucy Orellano (Office of the Child Advocate) Jonathan Pohl (CCSU), Maureen Quinn (ABH), Matt Riley (Jordan Porco Foundation) Andrea Reischerl (DOC), Tom Steen (CASAC), James Sypher (CTARNG) Colleen Sullivan (Enfield Youth Services), Susan Tobenkin (CTARNG), and Arnold Trasente (DCF)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte welcomed the group and initiated introductions.	
II. Presentation Hilary Bryant, TOIVO/Advocacy Unlimited, Inc. Alternatives to Suicide Peer-to-Peer Support (ALTSU)	<p>The Advocacy Unlimited is a peer run mind body wellness center that offers classes such as yoga, Meditation, qigong, expressive art, drumming, support groups and more. Hilary Bryant, a suicide survivor presented on alternatives to suicide peer to peer support groups. Here is her PPT presentation: http://www.ctclearinghouse.org/files/customer-files/1804-Alt2Su-CT-SAB-Meeting-1-14-16.pdf</p> <p>Hilary indicated that ALTSU is not suicide prevention. It is a place to share whatever one may be going through and is open to anyone in and out Connecticut, regardless if they are in treatment or not. This group meets every Wednesday from 3:30pm-5:00pm at 399 Franklin Avenue, Hartford, Connecticut.</p>	Hilary Bryant, TOIVO/Advocacy Unlimited, Inc. 399 Franklin Avenue Hartford, CT 06114 860-296-2338
III. Review of Minutes and Follow-Up	Minutes of the December monthly meeting were accepted.	

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IV. Updates	<p><u>CTSAB Co-Chairs and Tri-Chair</u></p> <ul style="list-style-type: none"> • Andrea Duarte indicated since the last meeting about a Tri-Chair position that no one has stepped up. This position is still vacant. This person would communicate with sub-committees in between monthly CTSAB meeting and support the vision, mission and goals of the state plan. If you are interested in finding out more about the position, please contact Andrea at andrea.duarte@ct.gov <p><u>Foundations</u></p> <p>AFSP</p> <ul style="list-style-type: none"> • Tom Steen indicated that the Board meets on Saturday. • Chapters are entering into planning stages; any recommendations are welcomed and are due by March 15, 2016. • Tom will be attending a conference next week in Little Rock, Arkansas that will be focusing on suicide prevention. • There will be a pig run on June 11th 2016. All donations are welcomed. It will be held in Middletown, it's a celebration for both chapters. <p>Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none"> • The Niantic Jingle Bell 5 K was a success there were 770, people in attendance. • Will be speaking to superintendents about a “can I talk to you coach?” program that will provide information to coaches about speaking and listening to their athletes, in hopes of bringing this program to Connecticut. <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • Will be meeting with someone next week for advocacy work pertaining to suicide prevention. If anyone has any ideas please contact him. <p><u>Committees</u></p> <p>Zero Suicide/Workforce Committee</p> <ul style="list-style-type: none"> • Met prior to CTSAB and focused on data-driven CQI efforts. • Rob Aseltine attended to discuss surveillance data and opportunity to partner with UConn Health on a new National Institutes of Health grant due March. Focus is on ZS strategy implementation. 	

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	<p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> • There is a meeting after the CTSAB meeting. • The committee will be meeting about the resource packets. • Meet with chief about information packet and agreed that death by suicide packet will be included. • Youth volunteers from Windsor will be putting the packets together. <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none"> • There is a meeting after CTSAB today. • Needs help with pilot to get it out and see if its usable <p>Armed Forces Advisory Panel</p> <ul style="list-style-type: none"> • There is a meeting January 28th in room 319 which will focus on education around risk factors pertaining to troops who have recently come back from Afghanistan. • Need help in developing campaign. <p><u>Suicide-related Federal Grant Efforts</u></p> <ul style="list-style-type: none"> • CTVDRS advisory met in December and prepared data for CTSAB Intervention-Postvention sub-committee • CT GLS Grant is rolling out. Contract process in place <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • Website will continue to be updated. <p><u>State Suicide Prevention Plan (PLAN-2020)</u></p> <p>Survey Update</p> <ul style="list-style-type: none"> • Sara will be sharing the results of the survey in the next meeting. 	
V. Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Frank Chiniskey reported that they are taking a fresh approach for individuals to care about their own wellness. They will be combining activities between the community and veterans to get people to care about their wellness. Take 5. 	

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<p>VI. 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <ul style="list-style-type: none"> • 2/11/16: Sara Wakai, UConn Health Center, CTSAB State Plan Suicide Prevention Activity Survey Results • 3/10/16: Trish Buchanan, Believe 208 & CT Alliance to Benefit Law Enforcement Partnership for Officer Mental Health • 4/14/16: Ann Dagle, Brian T. Dagle Memorial Foundation, Myths of Grief and Loss • 5/12/16: CT AFSP and NAMI NH, Survivorship Services • 6/9/16: Chinedu Okeke, CT DPH, CT & National Violent Death Reporting System (Tentative) • 7/14/16: Frank Kuchinski, Take 5: Veteran Wellness • 8/11/16: TBD • 9/8/16: Suicide Prevention Month Programs • 10/13/16: Meryl Tom, CT DPH and SBHC Representative, Mental Health & Suicide Prevention in School Based Health Centers • 11/10/16: TBD • 12/8/16: TBD 	<p><i>In the event of inclement weather,</i> the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>