

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, February 11, 2016

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Javier Alvarado (CTNG), Jason Bannon (CWA 1298), Kevin Borrup (CCMC), Wendy Caruso (United Way of CT 2-1-1), Kimberly Cerullo (Office of Child Advocate), Heather Clinger (Wheeler Clinic), Omowunmi Cole (DMHAS), Andrea Duarte (DMHAS), Amy Evison (CHR), Jim Fox (CTARNG), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Jennifer Glick (DMHAS), Patricia Graham (IOL), Karen Hanley (CHR), Amy Hanoian Fontana (CT Poison Control Center), Karen Hensley (ABH), Mui Mui Hin-McCormick (APAAC), Nancy Hubbard (IOL), Amanda Johnson (UCONN SPH), Amanda Johnston (SERC), Celeste Jorge (DPH), Meagan MacGregor (Accenture Federal Services), Allyson Nadeau (Beacon Health Options), Chinedu Okeke (DPH), Lucy Orellano (Office of Child Advocate), Maureen Quinn (ABH), Tom Steen (CASAC), Susan Tobenkin (CTARNG), Meryl Tom (DPH), Faith Vos Winkel (Office of Child Advocate), Sara Wakai (UHC), Cheryl Weinstock (Freelance Journalist) and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Andrea Duarte welcomed the group and initiated introductions.	
II Presentation Sara Wakai, Ph.D. UCONN Health Center CTSAB State Plan Suicide Prevention Activity Survey Results	<p>Dr. Sara Wakai presented results of the Connecticut Suicide Prevention Survey, which was administered October 19, 2015-November 13, 2015. The purpose of the survey was to examine progress toward the State Plan goals and investigate strengths and gaps during the time period September 1, 2014 through August 31, 2015. Of the potential 516 participants, 49 completed the survey, a response rate of 10.5%. There was discussion among members to increase the response rate for next year's survey, including possibly offering incentives.</p> <p>To view the presentation, please visit: https://www.ctclearinghouse.org/Files/customer-files/1861-CTSABSurveyFindings021116.pdf</p>	
III Review of Minutes and Follow-Up	Minutes of the January monthly meeting were accepted.	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
IV Updates	<p><u>Foundations</u></p> <p>AFSP</p> <ul style="list-style-type: none"> • Tom Steen reported that he recently attended the AFSP national conference and he is in search of campuses who would be interested in holding a campus walk in the spring. Heather Clinger offered to publicize the opportunity with the CT Healthy Campus Initiative. • There is funding available to offer YMHFA, MHFA, QPR and ASIST trainings. An application would have to be completed. For more information, contact Tom Steen at tsteen@casac.org Note: these are not train-the-trainer trainings. • Both the northern and southern AFSP chapters are in the process of creating annual business plans. • An invitation to the first annual northern chapter pig roast on June 11, 2016, will be coming soon. It is limited to 100 people. <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • Marisa Giarnella Porco indicated that they are looking for more high schools in CT to pilot the “4 What’s Next” program. This is a future-focused high school program that identifies, trains and empowers student leaders to engage in honest discussions and peer-to-peer education about mental health, personal wellness, and transitioning to life after high school. • The gala is April 2, 2016, at Mohegan Sun. The foundation is currently looking for sponsors, live auction items and silent auction items. Contact Deirdre Tindall at deirdretindall@rememberingjordan.org • Volunteers are needed for Military Fresh Check Day, May 22, 2016, at Camp Niantic. If you are interested in volunteering, contact Emily Betts at emilybetts@rememberingjordan.org <p><u>Committees</u></p> <p>Zero Suicide/Workforce Committee</p> <ul style="list-style-type: none"> • Andrea Duarte reported that CT has been invited to join a community of practice with 15 other states on a monthly conference call. • A grand rounds for CT Hospital Association (CHA) members is being planned during suicide prevention month. • The learning community met before the CTSAB meeting. The topic was about integrating Employee Assistance Programs (EAP) into zero suicide. 	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
	<p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> • According to Tom Steen, packets were completed with materials from AFSP. Packets are given to funeral homes when they pick up a body from the Office of the Chief Medical Examiner (OCME). • Andrea Duarte informed the board about a concern that was brought to her attention about a candlelight vigil that was planned in a community for a youth who died by suicide. Andrea and other CTSAB members were able to reach out to the town and school system. Safe reporting guidelines were shared with the media and best practices shared with the school system and town. • Kevin Borrup suggested that there may be an opportunity to educate superintendents about best practices through the CT Association of Boards of Education (CABE) newsletter. <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none"> • Celeste Jorge reported that they are recruiting school districts to pilot the use of resource cards and documents in September. <p>Armed Forces Advisory Panel</p> <ul style="list-style-type: none"> • Postvention trainings scheduled in the spring. • Military Fresh Check Day is May 22, 2016, at Camp Niantic. Volunteers are needed and can contact emilybetts@rememberingjordan.org <p><u>Suicide-related Federal Grant Efforts</u></p> <p>SAMHSA</p> <ul style="list-style-type: none"> • Preauthorization for the Garrett Lee Smith (GLS) grant has occurred. <p><u>Legislative Updates</u></p> <ul style="list-style-type: none"> • Andrea Duarte reported that Rep. Cristin McCarthy Vahey called a meeting at the Legislative Office Building for the evening of February 11, 2016, about the need for suicide prevention activities. • QPR training has been scheduled for September 7, 2016, at the General Assembly. Andrea Duarte will provide more details as they are known. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • Website will continue to be updated. 	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
V Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> No member updates 	
<p>VI 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>3/10/16: Trish Buchanan, Believe 208 & Louise Pyers, NAMI/CT Alliance to Benefit Law Enforcement Partnership for Officer Mental Health</p> <p>4/14/16: Myths of Grief and Loss, Ann Dagle, Brian T. Dagle Memorial Foundation</p> <p>5/12/16: AFSP/NAMI NH Survivorship Services</p> <p>6/9/16: CT & National Violent Death Reporting System, Chinedu Okeke, CT DPH (tentative)</p> <p>7/14/16: Take 5: Veteran Wellness, Frank Kuchinski</p> <p>8/11/16: TBD</p> <p>9/8/16: Suicide Prevention Month</p> <p>10/13/16: Mental Health and Suicide Prevention in School Based Health Centers, Meryl Tom, DPH and SBHC Representative</p> <p>11/10/16: TBD</p> <p>12/8/16: TBD</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>