

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, November 9, 2017

Location: Armed Forces Reserve Center
Middletown, CT

Present: Kate Ayotte (CCSU), Paloma Bayona (NAMI CT), Kevin Borrup (CCMC), Kathy Brown (Second Thoughts Connecticut), Heather Clinger (Wheeler Clinic), Andrea Duarte (DMHAS), Amy Evison (CHR), Lynn Faria (MidState Medical Center), Karen Hanley (CHR), Karen Hensley (ABH), Nancy Hubbard (IOL), Archie Hunnicutt (Teamsters Local 1150/Sikorsky), Amanda Johnson (UCONN SPH), Celeste Jorge (DPH), Walter Krauss (UCHC Correctional Managed Health Care), Daniel Langless (Beacon Health Options), Cathy Ludlum (Second Thoughts Connecticut), Tim Marshall (DCF), Chris McCarty (CTARNG), Jonathan Perloe (CT Against Gun Violence), Jonathan Pohl (CCSU), Simone Powell (CHR), Nydia Rios-Benitez (DMHAS), Steven Rogers (CCMC), Rob Rudewicz (Aware Recovery Care), Gregory Simpson (Beacon Health Options), Heather Spada (United Way CT), Tom Steen (CASAC), Susan Tobenkin (CTARNG), Meryl Tom (DPH), Arnold Trasente (DCF), Shebrikea Warburton (CHR), Amy Warzecha (Rushford), Abby Wood (DMHAS), and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tim Marshall welcomed the group and initiated introductions	
II. Presentations <i>CT Networks of Care for Suicide Prevention Initiative: Updates on the Community and Regional Networks of Care Development,</i> Garrett Lee Smith Project Staff – Andrea Duarte, CT Department of Mental Health & Addiction Services, Heather Spada, United Way of CT and Simone Powell, Community Health Resources	Andrea Duarte presented on the most current CT data that is driving the efforts of the current Garret Lee Smith Grant. Data was presented broken down by age, gender, means/methods as well as hospitalization data. It was mentioned that there was successful data collection for the CT School Surveys and that 2017 statewide data will be released by February 2018. Heather Spada presented on the Regional Networks of Care (RNC), which align with the five DMHAS regions in the state and will each receive funding from the grant in their efforts to collaborate around suicide prevention in their area. The organizational chart for the grant, RNCs, and Community Networks of Care (CNC) was also described. Simone Powell presented on the intensive community-based efforts in Manchester (Community Network of Care) involving school systems, the hospital (ECHN), Manchester Police Department and CHR among others. All partners have MOAs with deliverables and will start drafting work plans soon. November presentation: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_GLS_Pres_110917.pdf	
III. Review of Minutes and Follow Up	Minutes from the October meeting were accepted.	
IV. Updates	<u>Foundations</u> American Foundation for Suicide Prevention (AFSP) <ul style="list-style-type: none"> • All 6 walks have been completed with approximately 3,000 walkers raising \$400,000. • November 18, 2017, is International Survivors of Suicide Loss Day and the IOL will be hosting the event. To date, almost 50 people registered. 	

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	<ul style="list-style-type: none"> • The merging process of the two chapters will begin in January. • The National Leadership Conference is at the end of January. • The group is not currently adding new board members but meetings are open and the group is looking to add committees into the structure after the merging process is complete. <p>The Benny Fund</p> <ul style="list-style-type: none"> • The Fund co-sponsored with the GLS grant a Signs of Suicide (SOS) implementer training for 75 attendees on November 3, 2017. The fund sponsored the purchase of the curriculum for any attendee who ordered it, which was around 50 people. <p>The Jordan Porco Foundation</p> <ul style="list-style-type: none"> • The foundation released their 2016 annual report. • The Save the Date for the Gala was sent out. • The foundation will be presenting at the CHCI meeting on November 9, 2017. • They are working with CHR to have a Fresh Check day at Manchester Community College and 4 What's Next in the high school. <p>Suicide Awareness Voices for Education</p> <ul style="list-style-type: none"> • No new updates. <p>Brian T. Dagle Foundation</p> <ul style="list-style-type: none"> • The Jingle Bell 5k is in December; an event invitation will go out to the listerv. <p><u>Committees</u></p> <p>Armed Forces-Community Health Promotion Council</p> <ul style="list-style-type: none"> • No new updates. <p>Data and Surveillance</p> <ul style="list-style-type: none"> • Next meeting is November 13, 2017. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> • The Office of the Chief Medical Examiner was re-supplied with more materials. • The Association of Funeral Directors would like a presentation. • The GLS grant is contracting a Young Adult Coordinator via NAMI-CT to coordinate peer-to-peer support groups (18-29 year olds) and develop a curriculum for leader training and infusing suicide prevention into the curriculum. <p>Lethal Means</p> <ul style="list-style-type: none"> • Heather Clinger and Tom Steen shared their experience at a Talk Saves Lives training for firearm retailers. The group brainstormed ideas of how to improve approach and increase attendance, including bringing the training to clubs and retailers and finding the ideal time (ie, not too close to the holidays). • There will be a call with DOT on Monday November 13, 2017. They requested 	

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	<p>guidance around railroad access. Those calling in will update the larger group.</p> <p>Student Wellbeing</p> <ul style="list-style-type: none"> The committee would like to hear feedback from those piloting the teacher cards before more materials are printed. <p>Zero Suicide</p> <ul style="list-style-type: none"> There will be a call Monday with the Suicide Prevention Resource Center regarding the Zero Suicide Academy on May 2 and 3, 2018. The Academy will only be open to CT health and behavioral health systems with 16 teams of 4 who apply by completing an Organizational Self-Assessment and form. Facilitators who are not on teams will be needed for the Academy (2 per table). More information to come. <p>State Conference Planning</p> <ul style="list-style-type: none"> The most recent meeting was successful in planning out desired presenters and panelists for workshops and the survivorship panel. Goals of the state plan will be used to form the workshops. The next meeting is November 16, 2017, at 1:00pm at United Way in Rocky Hill. <p><u>Suicide-related Federal Grants</u></p> <ul style="list-style-type: none"> Details and updates on the GLS grant were presented earlier in the meeting. CoIIN: Looking into the 2 CT lifeline sites (Wheeler and United Way) and having meetings to look at data. When calls are made to the National Suicide Prevention Lifeline and routed to CT, there is a percentage of dropped calls. Calls are being dropped before the conversation is initiated with many calls being dropped before six seconds. It was also noticed that there are far more calls going through Wheeler than United Way (it used to be the opposite). <p><u>Legislative/Budget Updates</u></p> <ul style="list-style-type: none"> The state has a budget. State departments are currently going through the budget to see the impact. With the new budget, Tim Marshall reported that DCF took some large cuts with the biggest change being that Judicial CSSD will have complete oversight of juvenile justice for youth. CJTS will be closed as of January 1, 2018, and secure settings need to be found for those youth currently at CJTS. Andrea Duarte reported that the Regional Action Councils (RACs) were put back into the budget. DMHAS is in the process of re-procuring the RACS and the Regional Mental Health Boards. 	

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	<p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> The board is reminded that materials are available at no cost through the state campaign website: www.preventsuicidect.org Over 4,000 of <i>Gizmo’s Pawesome Guide to Mental Health</i> books have been ordered. Stratford is emerging as a champion as the curriculum development process begins. The school psychologist has already read and worked on mental health plans with all 3rd -6th graders. 	
V. Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> Celeste Jorge from DPH shared that questions regarding safe storage of firearms and safe storage and proper disposal of medications will be asked in the Adult Risk Behavior Survey in 2018. Rob Rudewicz and Jonathan Perloe shared their experiences presenting at the “Undoing False and Destructive Myths: The Connection between Mental Illness and Gun Violence” symposium hosted by the Unitarian Society of New Haven on October 14, 2017. <p>The meeting adjourned at 11:04 a.m.</p>	
<p>VI. 2017 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>12/14: Michele Scott, <i>Eastern AHEC/Mashantucket Pequot Tribal Nation, Native Connections Grant</i></p> <p>2018 meetings: 1/11/18: Elizabeth McOsker, Jordan Porco Foundation, <i>Trends in Emergency Department Visits by Young Adults for Suicide Attempts in Connecticut, 2011-2015</i> 2/8, 3/8, 4/12, 5/1*, 6/14, 7/12, 8/9, 9/13**, 10/11, 11/8, 12/13 *5/1/18: State Suicide Prevention and Mental Health Promotion Conference, OMNI, New Haven **9/13/18: National Suicide Prevention Week Event</p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>