

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, January 11, 2018

Location: Armed Forces Reserve Center
Middletown, CT

Present:

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Tim Marshall and Ann Dagle welcomed the group and initiated introductions	
II. Presentations <i>Trends in Emergency Department Visits by Young Adults for Suicide Attempts in Connecticut, 2011-2015</i> Elizabeth McOsker, Jordan Porco Foundation	Elizabeth McOsker presented on her research regarding hospitalization non-admit data in CT hospitals. Background statistics as well as an overview of risk and protective factors were included. Data was differentiated using coding for intentional self-harm, undetermined intent, suicide ideation, and encounters including both a diagnosed case of depression or anxiety (for example) paired with particular types of injuries. Ultimately, 9,746 assumed suicide attempts of the 15-24 age group were determined out of the over 9 million encounters presented. Results of interest included higher attempts without admission in the 15-19 group than the 20-24 group and that attempts by females in the 15-19 group were almost double those of males in the same age group for each year the data was reported. Implications for practice included non-admit data is 3-4 times higher than the admissions data suggesting vast attempts by young adults are not using highly lethal means and that means restriction is essential for intervention with young people. January Presentation:	
III. Review of Minutes and Follow Up	Minutes from the December meeting were accepted.	
IV. Updates	<u>Foundations</u> American Foundation for Suicide Prevention (AFSP) <ul style="list-style-type: none"> • The retreat for board members is coming up on February 10th where the merging of the chapter will be discussed. • Planning for legislation/capitol day has begun. • There are about 5 members of CT chapters attended the National Conference this month. • A NY Times op-ed came out about the firearms and lethal means work that the AFSP is doing with the NSSF that did not portray the work in the best light. The Benny Fund <ul style="list-style-type: none"> • No new updates at this time. Brian T. Dagle Foundation <ul style="list-style-type: none"> • There will be an open house on January 27th at the foundation's new building in Niantic. 	

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	<ul style="list-style-type: none"> • The first grief support group for spouses/partners was held at the new building. • Preparations for “LAX to Live” have begun, which includes t-shirts, a booth at the games and speaking during half time of the games. This is a great way to access high school students and start the conversation around suicide prevention. Last year about 600 students were involved and this year the foundation hopes to reach at least to more teams this year. <p>The Jordan Porco Foundation</p> <ul style="list-style-type: none"> • The annual Gala is coming up on April 7th at Foxwoods. Tickets are on sale now. • The Foundation would love board members to attend and if they cannot attend, they would appreciate folks sharing the event on Facebook. <p>Suicide Awareness Voices for Education</p> <ul style="list-style-type: none"> • No new updates at this time. <p><u>Committees</u></p> <p>Armed Forces-Community Health Promotion Council</p> <ul style="list-style-type: none"> • No new updates at this time. <p>Data and Surveillance</p> <ul style="list-style-type: none"> • Sara Wakai presented a draft data book with death data broken into DMHAS regions at the last meeting and the group was able to discuss the information. This data will eventually be formatted into one-pagers and disseminated. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> • The committee will be reaching out to the Police Chiefs Association to assess their needs regarding intervention and postvention. • The committee has gotten more materials and hopes to do more outreach with the funeral home directors and maybe attend one of their meetings. They have expressed interest in a PDF version of some documents. • The group discussed a need to rethink their approach moving forward without the RACs. <p>Lethal Means</p> <ul style="list-style-type: none"> • A representative from DOT called into the last meeting. • Dr. Sally Spencer-Thomas called into the meeting a presented helpful data regarding railroads as a lethal mean including access, signage, the people who are using railroads to die by suicide and conversations around media and safe messaging. • A total of 8 signs (4 on each side) will be ordered for the Arrigoni Bridge that will fit DOT standards and include safe messaging. • Bill Brassard of the NSSF called into the last meeting and a discussion was had around the AFSP materials that will be rolled out and how the state effort should fit within those materials. The committee discussed slowing down the state effort until what is 	

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	<p>going on with the AFSP materials is clear.</p> <p>Student Wellbeing</p> <ul style="list-style-type: none"> The committee has tried to follow up by email with people who took cards at the school symposium back in September. There has been little response. More cards need to be printed since they are backordered. <p>Zero Suicide</p> <ul style="list-style-type: none"> The application for the Zero Suicide Academy is out online and was sent out via the listerv. There will be webinars for the Academy on Friday, January 19th. <p>State Conference Planning</p> <ul style="list-style-type: none"> Members of the committee visited the Omni in December to see the venue space and better plan out conference activities. The Save the Date went out on the listerv yesterday. A board member suggested the committee look into the cost for parking at the Omni since that was a deterrent for some folks at a past conference. <p><u>Suicide-related Federal Grants</u></p> <ul style="list-style-type: none"> GLS: Between January and March will be the next RNC meetings. Heather Spada introduced Valerie Sacco from NAMI who will be the Young Adult Coordinator for the grant and will be developing survivor support groups for young adults. CT applied and was accepted to be part of a Community of Practice with other GLS grantees that starts next month. Board members may be contacted as resources or presenters. CoIIN: The state departments and the two crisis line providers have been collaborating to address interest in dropped call rates. Records show many calls are being dropped before the 6-8 seconds it takes to be connected with someone. Wheeler and 211 code data differently and have been meeting to discuss. <p><u>Legislative/Budget Updates</u></p> <ul style="list-style-type: none"> There are still large deficits and things are unclear moving forward. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> Curriculum development for the Gizmo book continues. A meeting with Sara Wakai provided guidance on evaluation of the pilot. 	
V. Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> Tom Steen: Tom provided an update regarding the RACs and Mental Health Boards which were cut from the budget and the 18 entities will become 5 entities. The final 5 were awarded on Tuesday. The new entities are set to take over on March 1st. Tom Steen: Tom introduced Michelle Peters, the CT Statewide Director who will be attending future meetings. Tom Steen: Kevin Hines is visiting Danbury in the coming months in an event put on 	

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	<p>by a RAC. There are upcoming webinars regarding hosting a screening of Kevin Hines' film. GLS is interested in hosting.</p> <ul style="list-style-type: none"> • Tom Steen: Suffield is hosting a QPR training of trainers on February 15th and anyone interested in participating should contact Tom. • Heather Clinger: CTSAB board members attended a CCSU football game where they were presented with a plaque from the school and were able to share information and messaging. • Faith Vos Winkel proposes making a discussion of the RACs a permanent agenda item since the loss of the RACS and their grassroots efforts will impact much of the CTSAB and its committees' work. Members agree. • Tim Marshall: Tim proposed the CTSAB taking on a tri-chair model in case of absences. It might also be beneficial to the board and its upcoming efforts to have a non-state entity as a chair. The foundations agree to have a conversation and bring their discussion back to the group for a larger discussion at a future meeting. • Following the presentation regarding non-admit data, the group had a discussion regarding a state "mandate" to report on encounters related to suicide, similar to DPH requirements regarding reporting around disease outbreaks and lead poisoning. Members discussed potential options as well as anticipated pushback. The establishment of a new work group/committee to dig deeper into the issue was proposed. Members who volunteered were _____. <p>The meeting adjourned at 10:52 AM.</p>	
<p>VI. 2018 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>2018 meetings: 2/8: Rachel Mearman, Central Connecticut State University, <i>Crisis Text Line</i> 3/8: David Denino, National Behavioral Intervention Team Assoc., <i>BITs for Schools & Campuses</i> 4/12: Monica Dijnic, SAVE, <i>Veterinary Suicide</i> 5/1/18: State Suicide Prevention and Mental Health Promotion Conference, OMNI, New Haven (<i>Registration will be required</i>) 6/14: John Torello, Judicial/CSSD, <i>Applying the Zero Suicide Approach for Adjudicated Youth</i> **9/13/18: National Suicide Prevention Week Event 9/13: National Suicide Prevention Week event TBD: 7/12, 8/9, 10/11, 11/8, 12/13</p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>