

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, November 10, 2016

Location: Armed Forces Reserve Center
Middletown, CT

Present: MAJ Javier Alvarado (CTARNG), Jason Bannon (CWA 1298), Daniel Boissonneault (IAMAW District 26), Wendy Caruso (United Way of CT 2-1-1), Heather Clinger (Wheeler Clinic), Ann Irr Dagle (Brian Dagle Memorial Foundation), Andrea Duarte (DMHAS), Laura Durst (IOL), Amy Evison (CHR), Jim Fox (CTARNG), Penny Geyer (OCME), Christopher Goodace (LL 700, United Technologies), Karen Hanley (CHR), Amy Hanoian Fontana (CT Poison Control Ctr), Nancy Hubbard (IOL), Celeste Jorge (DPH), Stephanie Luczak (Office of Child Advocate), Meagan MacGregor (CTARNG), Tim Marshall (DCF), Cecilia Miller (SAVE Hartford), Scott Newgass (SDE), Simone Powell (CHR), Andrea Reischerl (DOC), Megan Rock (Office of Child Advocate), Heather Spada (United Way of CT), Tom Steen (CASAC), Maria Sullivan (ECHN), Kenyatta Thompson (UCONN SSW), Susan Tobenkin (CTARNG), Faith Vos Winkel (Office of Child Advocate), Denique Weidema-Lewis (Positive Directions), and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tim Marshall welcomed the group and initiated introductions.	
II. Presentation <i>CT Opioid Overdose Workgroup: Opioid & Naloxone-related Policy and Access Efforts</i> Shawn Lang Aids-CT, Deputy Director	Shawn Lang presented “Substance Use, Harm Reduction and Opioid Overdose Prevention.” The presentation included information on AIDS CT harm reduction programs, history of Naloxone programs, overdose facts in CT, overdose risk assessment, signs and symptoms of an overdose, and the use of Naloxone. For a copy of the presentation, visit: https://www.ctclearinghouse.org/Files/customer-files/2286-HR-CTSAB-presentation-Nov-2016.pdf	
III. Review of minutes and follow-up	Minutes of the October meeting were accepted.	

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<p>IV. Updates</p>	<p><u>Foundations</u></p> <p>Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none"> • The third annual Niantic Jingle Ball 5k will happen on December 10 at McCook Point Park in Niantic www.nianticjinglebell5k.itsyourrace.com • The Lax2Live Program for middle and high school lacrosse players has expanded. <p>American Foundation for Suicide Prevention (AFSP)</p> <ul style="list-style-type: none"> • The Southern Chapter had their Westport Walk on October 23, 2016. Over 806 walkers attended and they raised over \$129,000. • The Northern Chapter had their Hartford and Bristol walks, which raised approximately \$50,000 and \$15,000 respectively. • Northern Chapter’s next board meeting is Saturday, November 12, 2016. • The National Leadership Conference will take place in January 2017. Three people from each AFSP chapter are allotted to attend. • Both chapters are combining efforts for Advocacy Day in April 2017. • Saturday, November 19, 2016 is International Survivors of Suicide Loss Day. Events are scheduled in Berlin, Westport, and Danbury. All are welcome to attend. <p>SAVE</p> <ul style="list-style-type: none"> • SAVE had their first 5k event and raised over \$2,000. <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • The Porco Foundation is close to 100 Fresh Check days in 10 states. • Tim Marshall reported that HOSA-Future Health Professionals (formerly Health Occupation Students of America) partnered with DCF through a grant to expose high school students to healthcare careers. The Porco Foundation will pilot 4 What’s Next in some of those high schools. • A focus group was held on October 28, 2016, to generate ideas to improve their 4 What’s Next program. Seven different school systems participated. 	

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	<p><u>Committees</u></p> <p>Zero Suicide</p> <ul style="list-style-type: none"> • Amanda Johnson, former MPH Intern with DMHAS, presented her research “Assessing Risk Factors Related to Clinicians’ Attitudes Toward Suicide Prevention” to the committee. • A conference proposal was submitted for consideration to the American Association of Suicidology for a panel on zero suicide and state partnerships. The conference will take place in Arizona in April 2017. <p>Intervention-Postvention and Response</p> <ul style="list-style-type: none"> • Tom Steen reported that the Office of the Chief Medical Examiner is requesting more packets for survivors. Through AFSP support groups, there have been numerous reports that family members have received the information. • Faith Vos Winkel indicated that the packets are given out for untimely deaths, not only apparent suicides. <p>Date and Surveillance</p> <ul style="list-style-type: none"> • Dr. Chinedu Okeke has left DPH for a position at DHHS in Washington, DC. Susan Logan from DPH will take on his responsibilities in the interim. • Liz McOsker from the Porco Foundation will be working with Rob Aseltine regarding data. • Amy Hanoian-Fontana from Poison Control will be joining the next subcommittee meeting on Monday, November 14, 2016. <p>Armed Forces—Community Health Promotion Council</p> <ul style="list-style-type: none"> • The next meeting will be held at the Armed Forces Reserve Center on November 17, 2016, at 9:00am. • According to Major Alvarado, there has been an increase in illicit substance use. Also, last federal year there were no suicides. 	

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	<p><u>Suicide Related Federal Grants</u></p> <p>Campus Garrett Lee Smith (GLS) Grant</p> <ul style="list-style-type: none"> The CT Healthy Campus Initiative (CHCI), DMHAS, and CTSAB are hosting a peer-to-peer conference call November 10 at 3:00pm for campuses interested in applying for the GLS campus grant. Heather Clinger and Andrea Duarte will facilitate the call, which includes a panel of current and alumni campus GLS recipients. <p>Garrett Lee Smith Grant- Manchester</p> <ul style="list-style-type: none"> Simone Powell and Amy Evison had positive meetings with ECHN and Manchester Community College to explain CHR’s role in suicide prevention in Manchester. There is an upcoming meeting with the school system. In the future, they are looking to get Dr. Kelly Posner to CHR to present the C-SSRS. <p>Garrett Lee Smith Grant- United Way of Rocky Hill</p> <ul style="list-style-type: none"> Heather Spada and her team have been working with Sara Wakai from UHC to get the needs assessment ready to be rolled out in January. <p>Suicide Policy Scan</p> <ul style="list-style-type: none"> Kenyatta Thompson, current MSW intern with DMHAS, is conducting a suicide policy prevention scan to see what exists in the state of CT and what suicide prevention policy exists nationally. <p>Awareness Campaign</p> <ul style="list-style-type: none"> Central Connecticut State University honored the work of the CTSAB. Heather Clinger attended the November 5, 2016, home football game and accepted a plaque on behalf of the CTSAB during halftime of the game. Jonathan Pohl, Richard Pohl, Jim Grimord and Jenifer Adams with her pet therapy dog Gizmo volunteered along with Heather at the 1 WORD informational table during the game. 	

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	<p>State Plan</p> <ul style="list-style-type: none"> • Andrea Duarte and Tim Marshall met with the Executive Director, Outreach Coordinator, and Lead Counsel of the National Shooting Sports Foundation, the trade association for America’s firearms industry. The meeting was positive and they agreed to partner with CTSAB to make connections within CT, co-brand with safety messaging, and promote gun safety. United Way is the lead on this project. <p>National Prevention Week</p> <ul style="list-style-type: none"> • Friday, May 19, 2017 is Suicide Prevention Day during National Prevention Week. • Denique Weidema-Lewis indicated that there was a meeting held at the CT Clearinghouse among different stakeholders to coordinate efforts during this week. 	
V. Member Updates	<p>Updates</p> <ul style="list-style-type: none"> • Andrea Duarte met with over 100 middle school students at a Career Day about her work in suicide prevention. Many of the students asked her very specific questions about suicide. • Tom Steen trained 11 new QPR instructors. • Tim Marshall encouraged CTSAB members to attend and invite others to join them for the December 8, 2016, CTSAB monthly meeting. The Executive Director of SAVE (Suicide Awareness Voices of Education) will be the presenter. <p>The meeting adjourned at 11:00am.</p>	

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<p>VI. 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>12/8/16: Monica Dijanic Asher, SAVE (<i>Suicide Awareness Voices of Education</i>)</p> <p>1/12/17: Suzi Craig, Mental Health CT, <i>Mental Health Advocacy</i></p> <p>2/9/17: Megan Simonian and Victoria Ballet, students of Farmington High School and Chris Brennan, instructor at JEKL, Plainville, <i>Suicide Prevention Fitness Fundraiser Focused on Fostering Mental, Emotional and Physical Empowerment</i></p> <p>3/9/17: Brad Cole (Spartacus) and Jenifer Adams (Gizmo), K9 First Responders, <i>Psychological Trauma Stress Management</i></p> <p>4/13/17: Xaviel Soto, Department of Consumer Protection, <i>Prescription Drug Monitoring Program (tentative)</i></p> <p>5/11/17: TBD</p> <p>6/8/17: TBD</p> <p>7/13/17: Jonathan Pohl, Central Connecticut State University, <i>Campus GLS Grant</i></p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>