

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, February 05, 2015

Location: Armed Forces Reserve Center
Middletown, CT

Present: Major Javier Alvarado (CTARNG), Rosemary Baggish (IOL), Michelle Bicking (Self-injury Awareness Network), Emily Betts (Jordan Porco Foundation), Lynn Biella (CT Air National Guard), Wendy Caruso (United Way of CT 2-1-1), Heather Clinger (Wheeler Clinic), Ann Irr Dagle (Brian Dagle Memorial Foundation), Robin Dodds, Jennifer Donnelly (DMHAS), Michael Dutko (CTARNG), Helen Evrard (Wordifference), Jim Fox (CTARNG), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Jennifer Glick (DMHAS), Amy Hanoian Fontana (CT Poison Control Center), Latonya Harts (Newington VA), Amanda Johnston (Governor’s Prevention Partnership), Celese Jorge (DPH), Mark Lawless (West Haven VA), Tim Marshall (DCF), Colleen McCluskey (DPH), Dwight Norwood (St. Luke’s Community Services), Colette Orszulak (DMHAS), Yania Padilla (Accenture Federal Services), Barbara Richard (DMHAS), Matt Riley (Jordan Porco Foundation), Nina Rovinelli Heller (UCONN School of Social Work), Susan Tobenkin (CTARNG), Tom Steen (CASAC), Meryl Tom (DPH), Cheryl Weinstock (Freelance Journalist)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I. Welcome and Introductions	Tim Marshall welcomed the group and initiated introductions.	
II. Presentation: Nina Rovinelli Heller, PhD University of Connecticut School of Social Work Introduction to the Psychological Autopsy	<p><u>Introduction to the Psychological Autopsy:</u></p> <ul style="list-style-type: none"> • Dr. Heller completed a two-day training on psychological autopsy two years ago with the American Association of Suicidology (AAS). A psychological autopsy seeks to answer why a suicide occurred, what could have happened differently, and what we can learn to help prevent suicides. Psychological autopsies provide a formalized way to get answers to those questions. The psychological autopsy is a postmortem investigative procedure to reconstruct the circumstances of the decedent and the behaviors and events surrounding death. • The Department of Defense contracted with the AAS to perform psychological autopsies on Marines who died by suicide from 2010-2012. Data is being analyzed for 16 cases in order to inform future suicide prevention efforts of the United States Marine Corps. • The psychological autopsy develops a psychological biography and reconstructs the last days and hours. The procedure includes structured interviews, police reports, lab reports, and archival documents. 	Reference link for Psychological Autopsy Presentation: http://www.ctclearinghouse.org/files/customer-files/1305-CTSAB-PSYCH-AUTOPSY-2-5-13.pdf

CT Suicide Advisory Board Meeting Minutes

III. Review of January Minutes and Follow-up

- January minutes accepted.

IV. Updates regarding priority areas & sub-committees

State Plan – State of CT Suicide Prevention Plan (PLAN-2020)

- Tim Marshall announced that edits for the State Plan are being finalized. Vanguard has been hired to do the professional editing. Draft covers of the plan are being developed. The Plan 2020 will go to both Commissioner Katz and Commissioner Rehmer for signatures on the letter once the plan is finalized.

Awareness Campaign/ Website

- Tim Marshall mentioned that the XL Center and Connecticut Transit are interested in publicizing our campaign. With the assistance of United Way, we are looking to expand our efforts to address additional at-risk populations.

Statewide Network

Northern CT AFSP Chapter Update/MHFA Effort

- Tom Steen announced that the Northern CT Chapter has received their official charter. The Northern Chapter website and Facebook page should be up by the end of this week.
- The Northern Chapter met with the leadership of the Southern Chapter to discuss training and other various efforts for statewide collaboration.

Evidence-Based Practice Promotion

Suicide-related Federal Grant & Block Grant Coordination Efforts

- Tim Marshall announced that the first estimates are coming in for signage and locations. Suicide prevention sign locations may include parks, overpasses, and parking garages. A data driven process is being used to determine where signs need to be placed.
- It is anticipated that SAMHSA will soon be releasing a campus suicide prevention grant.
- Tim Marshall reported that there was a meeting of a 25-member statewide committee for the National Violent Death Reporting System (NVDRS).

Intervention-Postvention Response Committee & Recent Activity

- Marisa Giarnella Porco reported that the committee has compiled postvention resources from across the country.
- An internal survey has been distributed within the committee to determine what should be included in the postvention packet for families.
- The committee is meeting directly following the CTSAB meeting.

Chapter Website:

<http://www.afsp.org/local-chapters/find-your-local-chapter/afsp-northern-connecticut>

CT Suicide Advisory Board Meeting Minutes

	<p><u>Armed Forces Committee</u></p> <ul style="list-style-type: none">Major Alvarado informed the board that the Armed Forces Committee is transitioning into an advisory group that will be chaired by Yania Padilla. A meeting will be held in March to establish goals. The advisory group will meet two times per year and as needed. Contact Yania at yania.y.padilla.ctr@mail.mil if you are interested in being a member of the advisory group. <p><u>Student Wellbeing Workgroup</u></p> <ul style="list-style-type: none">Tim Marshall added that there are posters and cards in Emergency Departments that come with guidelines for staff. Discussion occurred around possibly expanding the student wellbeing project to create resources for police departments, schools, and emergency departments.The workgroup is meeting directly following the CTSAB meeting. <p><u>Member Updates</u></p> <ul style="list-style-type: none">Tim Marshall announced that Connecticut’s Senator Richard Blumenthal and Senator Chris Murphy were instrumental in the passing of the Clay Hunt Suicide Prevention for American Veterans Act by both the House of Representatives and the Senate.Tom Steen asked for volunteers to hand out 1 Word materials from our sponsor table at the UCONN basketball games on February 17 at 7pm and March 1 at 2pm. Tom will provide the materials for the games. Four people are requested at each game.Marisa Giarnella Porco shared information on Jordan’s Journey 2015 Gala, “Shine On: celebrating the light in every life,” taking place on Saturday, March 7, 2015, at Mohegan Sun in Uncasville, CT. Ross Szabo will be the speaker for this event. Tickets are available online at rememberingjordan.org or call 860-904-6041. http://www.ctclearinghouse.org/files/customer-files/1292-Jordan's-Journey-2015-Gala.pdfHelen Evrard announced a writing contest sponsored by AAS for people with lived experience. http://www.suicidology.org/suicide-survivors/suicide-attempt-survivors/quinnett-writing-prizeMeryl Tom indicated that the Newtown Middle School school-based health clinic will be opening mid-February to early March.Heather Clinger announced that the January 2015—June 2015 DMHAS Prevention Training Catalog is on the Connecticut Clearinghouse website: http://www.ctclearinghouse.org/files/customer-files/1275-Jan-June-2015-Catalog.pdf	<p>Yania Padilla, MS Suicide Prevention Program Manager CTARNG C: (203)450-1826 D: (571)551-3496 yania.y.padilla.ctr@mail.mil</p> <p>Contact Tom Steen for more information: tsteen@casac.org</p>
--	---	---

CT Suicide Advisory Board Meeting Minutes

<p>VI. Upcoming Meetings</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<ul style="list-style-type: none"> Rosemary Baggish invited members to attend Grand Rounds at the Institute of Living on February 12, 2015, 12:00pm for a presentation by Harold Schwartz, MD, on the mind of the mass shooter. <p>The meeting adjourned at 10:45am.</p> <p>2015 Meetings</p> <p>3/12/15: Mark McKinney, Faith, Spirituality and Suicide Prevention 4/9/15: Faith Vos Winkel, Office of the Child Advocate, Child Fatality Review 5/14/15: Tom Matthews, Solutions EAP, Workplace Suicide Prevention in Employee Assistance Programs 6/11/15 CTSAB Annual Meeting (Location TBD) 7/9/15 Martin Burke & Hilary Bryant, Advocacy Unlimited, Alternatives to Suicide Support Group 8/13/15 Judy Murray, Don't Accept No 9/10/15 National Awareness Month</p> <p><u>Topics TBD:</u> 10/08/15 11/12/15 12/10/15</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings .</p> <p>Contact Andrea Duarte with suggestions of presenters andrea.duarte@ct.gov.</p>
---	---	--

CT Suicide Advisory Board Meeting Minutes