

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** March 13, 2014

**Location:** Reserve Center, Middletown, CT

**Present:** Major Javier Alvarado (CTARNG), Wendy Caruso (United Way of CT 2-1-1), Heather Clinger (Wheeler Clinic), Tom Romans (St. Francis Behavioral Health), Michael DeSena (UCHC/CMHC), Andrea Duarte (CT DMHAS), Michael Dutko (CTARNG), Patricia Graham (Hartford Hospital/ IOL), Amy Hanoian Fontana (CT Poison Control Center), Latonya Harts (Newington VA), Mui Mui Hin-McCormick (Asian Pacific American Affairs Commission), Nancy Hubbard (Hartford Hospital/IOL), Corrine King (Wheeler Clinic), Sandy Lomonico (UConn MSW), Tim Marshall (CT DCF), April McLean (UCHC), Derek Musgrave (CTARNG), Scott Newgass (State Department of Education), Marueen Pasko (West Haven VA), Nina Rovinelli Heller (UConn School of Social Work), Fran Simcic (CT DMHAS Military Support Program), Susan Tobenkin (CTARNG), Faith VosWinkel (Office of the Child Advocate), Denique Wiedema-Lewis (RYASAP), Alissa Wurtzel (CTARNG), LoriBeth Young (DSS), Megan Giesen (CHC), Paul Chaplin (Department of Corrections), Julie Guiher (UCHC), Tom Kocienda (UCHC), Jef Fargo (Department of Corrections), Cathy Ludlum (Second Thoughts Connecticut)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I. Welcome and Introductions	<ul style="list-style-type: none"> <li>• Nina has finished the first draft of the state plan. It is being reviewed by population experts.</li> <li>• There is now a mobile version of the <a href="http://www.preventsuicidect.org">www.preventsuicidect.org</a> website.</li> <li>• New materials, such as stickers and pens, have been ordered by the United Way.</li> </ul>	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
<p>II. Presentation: Cathy Ludlum, Second Thoughts, Complexities Around Suicide Prevention for People with Disabilities</p>	<ul style="list-style-type: none"> <li>• Represents those with physical disabilities- who may not have control of their environment and feel oppressed or that they are a burden to others</li> <li>• People who are “newly disabled” - acquired a disability, are an increased risk because to them the life changing event has created a loss.</li> <li>• Those with physical disabilities that are forced into treatment maybe have less likely to get help</li> <li>• Terms: “dying with dignity”, “assisted suicide”</li> <li>• <a href="#">House Bill 5326</a>: AN ACT CONCERNING COMPASSIONATE AID IN DYING FOR TERMINALLY ILL PATIENTS.             <ul style="list-style-type: none"> <li>• To allow a physician to prescribe medication at the request of a mentally competent patient that has a terminal illness (with less than 6 months to live) that such patient may self-administer to bring about his or her death</li> </ul> </li> <li>• Those with a disability may feel pressure to ask for prescription to end their life</li> <li>• Oregon has a Death with Dignity Act- see Oregon’s “<a href="#">Death with Dignity Annual Report</a>”             <ul style="list-style-type: none"> <li>• As in previous years, the three most frequently mentioned end-of-life concerns were: loss of autonomy (93.0%), decreasing ability to participate in activities that made life enjoyable (88.7%), and loss of dignity (73.2%).</li> </ul> </li> <li>• A 2012 report on suicide trends and risk factors for the Oregon Health Authority found the state's overall suicide rate was 41 percent higher than the national rate, aside from the Assisted Suicides. The law has influenced non-assisted suicide in the general population.</li> <li>• If bill passes, suicide contagion could be a concern to all populations.             <ul style="list-style-type: none"> <li>• Assisted Suicide Bills redefine suicide as medical treatment, and changes perception of suicide as an acceptable manner of death. There’s no way to undo the damage once done.</li> </ul> </li> </ul>	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
	<p><b>Links</b>            Suicide Intervention for People with Disabilities:  <a href="http://www.ctclearinghouse.org/files/customer-files/921-Suicide-Intervention-for-People-with-Disabilities.pdf">http://www.ctclearinghouse.org/files/customer-files/921-Suicide-Intervention-for-People-with-Disabilities.pdf</a>            John Norton Affidavit: <a href="http://www.ctclearinghouse.org/files/customer-files/920-John-Norton-Affidavit.doc">http://www.ctclearinghouse.org/files/customer-files/920-John-Norton-Affidavit.doc</a>            Disability Leaders: <a href="http://www.ctclearinghouse.org/files/customer-files/919-Disability-Leaders-Flyer.doc">http://www.ctclearinghouse.org/files/customer-files/919-Disability-Leaders-Flyer.doc</a>            Suicide by Choice: <a href="http://www.ctclearinghouse.org/files/customer-files/932-Suicide-By-Choice---Not-So-Fast.doc">http://www.ctclearinghouse.org/files/customer-files/932-Suicide-By-Choice---Not-So-Fast.doc</a>            Talking Points for Testifying: <a href="http://www.ctclearinghouse.org/files/customer-files/931-Talking-Points_HB-5326_Print-version.doc">http://www.ctclearinghouse.org/files/customer-files/931-Talking-Points_HB-5326_Print-version.doc</a></p>	
III. Review of Minutes and Follow Up	<ul style="list-style-type: none"> <li>• Some CTSAB members are working with Ernie and Izzy and are reminded to use the safe messaging guidelines.  <a href="http://www.sprc.org/sites/sprc.org/files/library/SafeMessagingrevised.pdf">http://www.sprc.org/sites/sprc.org/files/library/SafeMessagingrevised.pdf</a></li> <li>• Membership: the website will include new features to distinguish which sector a member represents and if he/she gives permission to share their contact info</li> <li>• At the AAS conference in April the CTSAB, AAS, SPRC and SAMHSA will present a full day, pre-conference workshop about state plans. 19 states have registered.</li> </ul>	

CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
<p>IV. Updates regarding priority areas &amp; sub-committees</p>	<p><b><u>Awareness Campaign:</u></b></p> <ul style="list-style-type: none"> <li>To be released at the GLS Event on 5/1- a social marketing campaign using dry erase boards with the statement “I will start the conversation by:” will be printed. Communities and campuses will be challenged to take pictures of individuals in their locations with the boards and how they would finish the statement. Pictures will be submitted for a video to be released in Sept.</li> </ul> <p><b><u>Statewide Network-Membership List discussion</u></b></p> <ul style="list-style-type: none"> <li>We need to determine a way for members to provide permission to CTSAB leadership to share their contact information.</li> <li>If you have any messages you want send to the listserv, forward them to <a href="mailto:cnking@wheelerclinic.org">cnking@wheelerclinic.org</a>, <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a>, <a href="mailto:tim.marshall@ct.gov">tim.marshall@ct.gov</a>, or <a href="mailto:maureen.pasko@va.gov">maureen.pasko@va.gov</a> to be posted. The listserv is no longer interactive.</li> </ul>	<p>Maureen will reconvene the September Awareness Month &amp; Social Marketing Campaign Committee</p> <p>Andrea will work on identifying a method of approval with Corrine.</p>
	<p><b><u>Evidence-Based Practice Promotion: Intervention-Postvention Response Committee</u></b></p> <ul style="list-style-type: none"> <li>Dave Denino will work with the Town of Enfield to engage the community postvention</li> </ul> <p><b><u>Evidence-Based Practice Promotion: Armed Forces Committee</u></b></p> <ul style="list-style-type: none"> <li>1,000 service members have been assessed for suicide using the Columbia Suicide Severity Rating Scale (CSSRS), 7 received higher level screening</li> <li>A Connect Postvention TOT was held, 16 trainers were trained. Hope to have 4 trainings in 2014</li> <li>Family education brochure developed</li> </ul> <p><b><u>Evidence-Based Practice Promotion: Garrett Lee Smith Grant Committee</u></b></p> <ul style="list-style-type: none"> <li>Connect Postvention survey was developed to collect data from colleges that received training and assistance with untimely death plan development/revision</li> <li>Geo-mapping is being done to assess where the trainings are occurring in relation the suicide behavior data (death and attempts).</li> <li>Maps are being developed of towns with GLS funding and QPR and Connect Trainers. To be released at GLS event.</li> </ul>	<p>Armed Forces Committee meeting 3/13 at 11:30 after CTSAB.</p>

## CT Suicide Advisory Board Meeting Minutes

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
V. Updates	<ul style="list-style-type: none"> <li>• Tim, Andrea, Nina, Rob Aseltine and Sara Wakai will meet with the DCF and DMHAS Commissioners to discuss state plan on March 27, 2014.</li> <li>• JMPMF Gala- 600 people in attendance; Gov. Malloy included. He made a statement of wanting to support suicide prevention efforts.</li> <li>• CT Forum- 2,800 people attended and a good portion of the conversation was about suicide. 1 WORD campaign materials were provided at an information table.</li> <li>• <a href="#">House Bill 5487</a>- AN ACT PROVIDING IMMUNITY TO A PERSON WHO ADMINISTERS AN OPIOID ANTAGONIST TO ANOTHER PERSON EXPERIENCING AN OPIOID-RELATED DRUG OVERDOSE. It has implications for suicide prevention pertaining to opioid overdose.</li> <li>• Massachusetts Suicide Prevention Conference- April 16 &amp; 17, 2014. \$40 for 1 day, \$65 for both <a href="#">Conference Brochure</a></li> <li>• Poison Control Center Video Contest and Poison Control Week <a href="http://poisoncontrol.uchc.edu">poisoncontrol.uchc.edu</a></li> </ul>	
VI. Future Meetings	<p>Reminder: <b>Incident Weather</b>- the meeting is cancelled if Middletown Schools are closed.</p> <p><u>Future Dates and Speakers:</u></p> <ul style="list-style-type: none"> <li>• 4/3/14: Marisa Porco, Jordan Matthew Porco Memorial Foundation (Date moved due to CTSAB presenting at national AAS conference in CA 4/9-12)</li> <li>• 5/1/14: Garrett Lee Smith Suicide Prevention Initiative Event: “Celebrating Today &amp; Promoting Tomorrows” (CTSAB members invited, no meeting 5/8)</li> </ul> <p>Back to 2<sup>nd</sup> Thursdays:</p> <ul style="list-style-type: none"> <li>• 6/12/14: Lisa Barry, UCHC, Spectrum of Suicide Ideation in Older Prisoners</li> <li>• 7/10/14: Barbara Fasulo, Saint Francis Hospital, Sampling of Integrated Medicine Modalities</li> <li>• 8/14/14: Margaret Watt &amp; Erika McCarthy, Southwest Regional Mental Health Board</li> <li>• 9/11/14: Suicide Prevention Month</li> <li>• 10/9/14: TBD</li> <li>• 11/13/14: Rosemary Baggish, Institute of Living</li> <li>• 12/11/14: TBD</li> </ul>	<p>Andrea or Tim will send out an advanced notice to the CTSAB list serve.</p> <p>Garrett Lee Smith Suicide Prevention Initiative Event: “Celebrating Today &amp; Promoting Tomorrows” - Additional information is available on the invitation: <a href="http://www.ctclearinghouse.org/files/customer-files/917-invitation.pdf">http://www.ctclearinghouse.org/files/customer-files/917-invitation.pdf</a> . All CTSAB &amp; Network members are invited. Attendance is by invitation only, and registration is open at this link: <a href="http://www.ctclearinghouse.org/registration">www.ctclearinghouse.org/registration</a> .</p>