



CONNECTICUT



Suicide Advisory Board

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CT Suicide Prevention Plan Development

CTSAB Annual Meeting
September 10, 2020

Development of PLAN 2025

- What were the inputs to Plan 2025?
- What was the timeline for the process?
- What did these inputs contribute to?



Inputs to PLAN 2025

- Original Plan 2020
- Zero Suicide, Lethal Means, and Data & Surveillance Committees revisions of Goals 3-5
- CTSAB meeting on Goals 1 & 2
- Survey of the suicide prevention community (n=221)



CTSAB State Plan Survey

Activities (ranked high to low)	Moderate, High, or Very High Activity			
	Professional			
	n	%		
Outreach and Awareness	147	71.4		
Coalitions and Partnerships	140	68.0		
Safety Planning	134	65.0		
...				
Reduction of Access to Lethal Means	71	34.5		
Legislative Advocacy	47	22.8		
Fundraising	44	21.4		



CTSAB State Plan Survey

“Kids hear it best from their peers. Any opportunity to make this happen is helpful.”

“I work with a large immigrant population through a walk in free medical clinic. My patients are under severe, continuous stress due to their vulnerability. I wish we had a secure, safe resource to refer them to for help.”

“Update the OneWord OneVoice OneLife materials to be more social media friendly”

“More mental health clinicians for young children - with appointment times outside of the "traditional workday" (i.e. 6 pm/weekends)”



Inputs to PLAN 2025

- Original Plan 2020
- Zero Suicide, Lethal Means, and Data & Surveillance Committees revisions of Goals 3-5
- CTSAB meeting on Goals 1 & 2
- Survey of the suicide prevention community (n=221)
- 19 focus group sessions and key informant interviews (n=100+)
- Data requests fulfilled by DPH and OCME
- Literature reviews to inform the Demographic Groups sections
- Development of new resources (e.g., Training Options)
- Additions and revisions from the CTSAB Tri-Chair



Focus groups

- American Foundation for Suicide Prevention (AFSP)
- Army National Guard
- Medication Assisted Treatment (MAT) providers
- Construction & Safety
- CT Against Gun Violence (CAGV)
- CT Veterinary Medical Association (CVMA)
- Dept of Agriculture
- Dept of Labor
- Individuals with Disabilities & Chronic Health Conditions
- LGBTQ+ Individuals
- NAMI Young Adults Group
- National Shooting Sports Foundation (NSSF)
- Problem Gambling Services
- Regional Suicide Advisory Boards (RSABs)
- Suicide Attempt Survivors/Lived Experience Committee
- VA CT Health System

+ countless informal queries and conversations



Timeline - Plan 2025

- June 2019: Opening Plan 2025 meeting
- July-Oct: Subcommittees meet & complete reports on Goals 3-5
- Sept-Nov: Online survey of CTSAB membership re: Goals 1&2
- Oct: Interim Plan 2025 Update & Goals 1&2 brainstorm
- Oct-Feb: Focus groups
- Dec-Apr: Synthesize input; analyzing data; drafting document
- Apr-June: Revisions to drafts
- July-Aug: Review by Agency heads
- Aug: Formatting and printing
- September 2020: Public presentation today!



PLAN 2025

- Goals, Objectives, and Possible Strategies
- Background & Data
- CTSAB Areas of Focus
- Demographic Groups
- Appendices
 - Glossary
 - Resources
 - Training options

