

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** Thursday, March 12, 2020

**Location:** Zoom Virtual Meeting

**Present:** Jeanette Baker (United Way CT), Rebekah Behan (CHDI), Kevin Borrup (CCMC/Hartford Hospital), Heather Clinger (Wheeler Clinic), Jennifer Clement (Grasso Technical HS), Ann Irr Dagle (Brian Dagle Foundation), Andrea Duarte (DMHAS), Amy Evison (CHR), Tom Fulton (Wheeler Clinic), Marisa Giarnella Porco (Jordan Porco Foundation), Willow Lake (CT Dept. Agriculture), Valerie Lepoutre (NAMI CT), Mike Makowski (DPH), Tim Marshall (DCF), Crystallee Martel (Prevention Corps), Orlando “Lonny” Mo (Scouts BSA, CT Rivers Council), Allyson Nadeau (Consultant/Hebron Board of Ed), Lucy Orellano (OCA), Yania Padilla (Health 360), John Panicek (Scouts BSA, CT Rivers Council), Jonathan Perloe (CT Against Gun Violence), Simone Powell (CHR), Samara Rainey (Triangle Community Center), Steve Rogers (CCMC), Heather Spada (United Way CT), Tom Steen (Steen Consulting), Robin Tousey-Ayers (DPH), Faith VosWinkel (OCA), Marissa White (Correctional Healthcare Quality Improvement Solutions, LLC), and Abby Wood (Western CT Coalition)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
<b>I. Welcome and Introductions</b>	Andrea Duarte, Tim Marshall and Tom Steen welcomed the group via Zoom. In addition to Andrea, Tim and Tom, the following were in person at the United Way: Jeanette Baker, Heather Spada, Heather Clinger and the presenter Willow Lake.	
<b>II. Presentation</b>  <i>Farmer Stress and Suicide</i> Willow Lake, MPH, MA, REHS/RS, RN CT Department of Agriculture	<p>Willow Lake presented on the unique stressors affecting farmers. Across the country there is an increased rate of suicide within agriculture. Increased stressors specific to the agricultural community include an aging workforce, isolated work environment, high injury rate, increased regulatory requirements, lack of health insurance, financial loss and being disconnected from technology. OSHA resources are not available unless it is a commercial farm.</p> <p>Agriculture in Connecticut is diverse, including seafood, dairy, beef, pigs, produce, orchards, flowers and producers of animal feed. A coalition consisting of the CT Department of Agriculture Farm Bureau, UConn Extension and Farm Credit East work closely together. They have tried to apply for grant funding but have been unsuccessful because the state is small and a land grant university is needed as a sponsor; USDA wants all of New England to work together. Land grants are to fund programs, not people.</p> <p>View the presentation at this link:  <a href="https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/suicideadvisoryboardpresmarch122020.pdf">https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/suicideadvisoryboardpresmarch122020.pdf</a></p>	
<b>III. Review of Minutes</b>	February minutes will be sent with March minutes for the April meeting.	

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IV. Updates	<p><b><u>Foundations</u></b></p> <p><b>American Foundation for Suicide Prevention (AFSP)</b> <a href="https://afsp.org/">https://afsp.org/</a></p> <ul style="list-style-type: none"> <li>- Creating a business plan and budget, effective July 1, 2020.</li> <li>- Over 400 trainings this year.</li> </ul> <p><b>Brian Dagle Foundation</b> <a href="https://brianshealinghearts.org/">https://brianshealinghearts.org/</a></p> <ul style="list-style-type: none"> <li>- University of St. Joseph will be the first college to have LAX 2 Live, which is scheduled for April 4, 2020.</li> <li>- In June there is a statewide boys' lacrosse championship; the foundation is partnering with DPH, which is a sponsor of the championship.</li> </ul> <p><b>Jordan Porco Foundation</b> <a href="https://www.rememberingjordan.org/">https://www.rememberingjordan.org/</a></p> <ul style="list-style-type: none"> <li>- 4 What's Next program is being nominated for a HRSA innovative best practices program.</li> </ul> <p><b>Grief Coalition</b></p> <ul style="list-style-type: none"> <li>- The group is reaching out for more connections as they work on a networking event for people who work with people who are bereaved.</li> </ul> <p><b>My Friend Abby</b></p> <ul style="list-style-type: none"> <li>- No update.</li> </ul> <p><b><u>Committees</u></b></p> <p><b>Data and Surveillance</b></p> <ul style="list-style-type: none"> <li>- Provided data for the State Plan.</li> </ul> <p><b>Intervention-Postvention Response</b></p> <ul style="list-style-type: none"> <li>- Considering a pilot program where a follow-up note would be sent to a mayor or first selectman to check in with communities where there has been a suicide of someone under the age of 18; this would offer continued support and resources. The follow-up would be conducted at intervals, perhaps 3, 6 and 9 months.</li> </ul> <p><b>Lethal Means</b></p> <ul style="list-style-type: none"> <li>- Jeanette Baker will be coordinating an Emergency Department pilot program with medication lockboxes and collecting data on use of the lockboxes.</li> <li>- Jonathan Perloe gave an update on HB5448 Extreme Risk Protective Order. <a href="mailto:jonathan@cagv.org">jonathan@cagv.org</a></li> <li>- Norwalk has put up bridge signs. There was a meeting in Waterbury with the Mayor and Chief of Staff regarding signage in the city.</li> </ul>	

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	<p><b>Attempt Survivors/Lived Experience</b></p> <ul style="list-style-type: none"> <li>- DMHAS reached out to multiple entities, including this committee, to engage in naming the adult call center that will be hosted at United Way.</li> <li>- Continuing to work on lived experience stories.</li> </ul> <p><b>Zero Suicide</b></p> <ul style="list-style-type: none"> <li>- The survey will be launched soon.</li> <li>- Will be transitioning to a bimonthly two-hour meeting.</li> </ul> <p><b>Clinical Workgroup</b></p> <ul style="list-style-type: none"> <li>- Continuing to work on integrating the core competency curriculum into the Learning Management System. Narratives are being developed.</li> </ul> <p><b>Advocacy</b></p> <ul style="list-style-type: none"> <li>- Multiple state agencies have been approached for comments to formalize CTSAB as lifespan. Statements and testimonies have to come from department Commissioners.</li> <li>- April 14 is AFSP Advocacy Day at the State Capitol. More information will be sent to the listerv when it is available.</li> </ul> <p><b>Armed Forces Committee</b></p> <ul style="list-style-type: none"> <li>- No update.</li> </ul> <p><b>State Conference</b></p> <ul style="list-style-type: none"> <li>- Working on securing a location for the September 2020 conference.</li> </ul> <p><b><u>State Plan</u></b></p> <ul style="list-style-type: none"> <li>- CTSAB tri-chairs met with Alexis May and Allyson Nadeau to discuss the structure of the plan. Priority areas for CTSAB will be highlighted. Allyson will continue to quality check the resources in the appendix.</li> </ul> <p><b><u>Suicide-related Federal Initiatives</u></b></p> <ul style="list-style-type: none"> <li>- GLS grant ends September 29, 2019.</li> <li>- AFSP is collaborating on a national pilot with the Gizmo curriculum.</li> </ul> <p><b><u>Regional Suicide Advisory Board Meetings</u></b>  <a href="https://www.preventsuicidect.org/about-us/regional-sab-business/">https://www.preventsuicidect.org/about-us/regional-sab-business/</a></p> <ul style="list-style-type: none"> <li>- Meeting dates and contact person are listed on the website.</li> </ul>	

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	<p><b>Awareness Campaign/Website/Outreach</b> <a href="https://www.preventsuicidect.org/">https://www.preventsuicidect.org/</a></p> <ul style="list-style-type: none"> <li>- New materials are being ordered. If you have any ideas, please let Jeanette Baker or one of the tri-chairs know.</li> </ul>	
<b>V. Member Updates</b>	<p>COVID-19 resources</p> <ul style="list-style-type: none"> <li>-Crisis Text Line: Text CT to 741741</li> <li>-Hartford Healthcare hotline: 860-972-8100 or 833-621-0600</li> <li>-Hartford Healthcare: Text COVID19 to 31996</li> <li>-Connecticut Children’s Pediatric COVID-19 hotline: 833-226-2362</li> </ul> <p>Cathy Ludlum reported that Second Thoughts CT is closely watching and preparing testimony on HB5420 An Act Concerning Aid in Dying. <a href="mailto:cathyludlum@cox.net">cathyludlum@cox.net</a></p> <p>Simone Powell shared that they will be hosting the NAMI-NH postvention training. More info will be shared.</p> <p>Valerie Lepoutre reported that NAMI-CT will be offering classes, meetings and trainings via video conferencing. Stay tuned for updates.</p> <p>Meeting adjourned 11:00am.</p>	
<p><b>VI. 2019-2020 Meeting Schedule</b></p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MediQuick/Hartford Healthcare 91 Pomeroy Avenue Meriden, CT</p> <p><b>In the event of inclement weather</b>, the CTSAB meeting is cancelled <b>only if</b> Meriden Schools are closed. If Meriden schools are delayed, the meeting will meet at the regular time. For closings and delays, visit:</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a></p> <p><b>Dates/Presentations:</b></p> <ul style="list-style-type: none"> <li>- 4/9/20: Dr. David Tolin, Institute of Living/Hartford Hospital, <i>Brief CBT for Suicide Prevention</i></li> <li>- 5/14/20: Cathy Ludlum, <i>Suicide Prevention &amp; Assisted Dying</i></li> <li>- 6/11/20: Maureen Sullivan Dinna, <i>Health Assistance InterVention Education Network</i></li> <li>- 7/9/20: John P. Halligan and Emily B. Dickson, Book- <i>Ryan's Story: A Father's Hard-Earned Lessons about Cyberbullying and Suicide</i></li> <li>- 8/13/20: Lisa Buckley and Tim Buckley, <i>Project Paws: Animal Assisted Activity &amp; Therapy</i></li> <li>- 9/2020: <i>State Suicide Prevention Conference &amp; State Plan Release</i></li> <li>- 10/8/20: TBD</li> <li>- 11/12/20: Dr. Michelle Forella, <i>CT Vet Medical Association, Wellness Committee Efforts</i></li> <li>- 12/10/20 Amy Johannson, <i>Smile Anyway/Hidden in Plain Sight</i></li> </ul>	

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<a href="https://www.wfsb.com/weather/closings/">https://www.wfsb.com/weather/closings/</a>	<p><u>2020 Dates:</u> 1/9, 2/13, 3/12, 4/9, 5/14, 6/11, 7/9, 8/13, 9/9 (Nat'l SP Wk-State Conference), 10/8, 11/12, 12/10</p> <p><b>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</b></p>	