

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** Thursday, February 13, 2020

**Location:** MediQuick/ Hartford Healthcare  
91 Pomeroy Ave, Meriden, CT

**Present:** Rebekah Behan (CHDI), Kevin Borrup (CCMC/Hartford Hospital), Wendy Caruso (United Way CT), Heather Clinger (Wheeler Clinic), Laura Coffin (Jared Coffin Memorial), Erika Cruz (DMHAS), Gabrielle Cyr (CHR), Ann Irr Dagle (Brian Dagle Foundation), Christine Deschamps (CCSU), Andrea Duarte (DMHAS), Bill Dunn, Michael Dutko (CTARNG), Cheryl Edwards, Amy Evison (CHR), Luz Feliz (Advocacy Unlimited), Tom Fulton (Wheeler Clinic), Marisa Giarnella Porco (Jordan Porco Foundation), Paul Hammer (Yale Program for Recovery and Community Health), Celeste Jorge (DPH), Walter Krauss (DMHAS), April Lange (CCMC), Valerie Lepoutre (NAMI CT), Jodi Lott (Gaggle), Meagan MacGregor (CTARNG), Mike Makowski (DPH), Tim Marshall (DCF), Crystallee Martel (Prevention Corps), Alexis May (Wesleyan University), Allyson Nadeau (Consultant/Hebron Board of Ed), Lucy Orellano (OCA), John Panicek (Scouts BSA, CT Rivers Council), Rachel Papke (Jordan Porco Foundation), Marisa Parker (Rushford), Simone Powell (CHR), Michael Ruggiero (Wesleyan University), Gregory Simpson (Beacon Health Options), Heather Spada (United Way CT), Susan Tobenkin (CTARNG), Jennifer Visone (CTARNG), Faith VosWinkel (OCA), Abby Wood (Western CT Coalition), and LoriBeth Young (DSS),

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
<b>I. Welcome and Introductions</b>	Andrea Duarte and Tim Marshall welcomed the group and initiated introductions.	
<b>II. Presentation</b>  <i>Technology and biomarkers in suicide prevention: social robots, artificial intelligence, and social media</i>  Jimmy Choi, Psy.D. Senior Scientist Olin Neuropsychiatry Research Center Institute of Living <a href="mailto:Jimmy.choi@hhchealth.org">Jimmy.choi@hhchealth.org</a>	<p>Dr. Choi presented on the use of technology and its impact on suicidality and suicide prevention. Technology changes rapidly from chat rooms to live streams. The suicidal thought process has become much more influenced by geo-sociological perspectives from individuals outside a person’s circle of trust. When a 14-year-old posted if she should kill herself, there was a global response to her question. We are at the beginning of understanding cyber suicide and what effects online forums, social media, images, etc. have in normalizing suicide and self-harm. Online platforms, such as the Crisis Text Line, have also been helpful for individuals seeking help.</p> <p>Machine learning is Artificial Intelligence (AI)-based data mining. Suicide-related documents are searched for and analyzed. Dr. Choi shared information about a current study the Institute of Living is involved in applying an epidemiological risk analysis and machine learning to identify behaviors and thoughts related to suicide risk specific to psychosis.</p> <p>View the presentation at this link:  <a href="https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_Choi_Feb2020.pdf">https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_Choi_Feb2020.pdf</a></p>	
<b>III. Review of Minutes</b>	December and January minutes were approved.	

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IV. Updates	<p><b><u>Foundations</u></b></p> <p><b>American Foundation for Suicide Prevention (AFSP)</b> <a href="https://afsp.org/">https://afsp.org/</a></p> <ul style="list-style-type: none"> <li>- Annual board retreat was held earlier in the month. There has been an increase in the number of trainings and people reached by the chapter.</li> <li>- The Hartford and Fairfield area walks were recognized for each raising \$100,000.</li> <li>- AFSP is going to partner with the Gizmo project for a multi-state pilot.</li> </ul> <p><b>Brian Dagle Foundation</b> <a href="https://brianshealinghearts.org/">https://brianshealinghearts.org/</a></p> <ul style="list-style-type: none"> <li>- The LAX 2 Live tournament will be held in Clinton in May.</li> <li>- QPR Spanish will be offered in New London.</li> <li>- The grief support group has been asked to support the Vincent de Paul soup kitchen in Norwich.</li> </ul> <p><b>Jordan Porco Foundation</b> <a href="https://www.rememberingjordan.org/">https://www.rememberingjordan.org/</a></p> <ul style="list-style-type: none"> <li>- Jordan's Journey Gala will be held on Saturday, April 25, 2020, at the Hartford Marriott Downtown <a href="https://www.rememberingjordan.org/fundraising-events/">https://www.rememberingjordan.org/fundraising-events/</a></li> <li>- Dear Evan Hansen tickets are available for the May 21 performance</li> <li>- Check-In is a modified Fresh Check Day and is being piloted in a few high schools; Berlin will be the community-wide pilot.</li> </ul> <p><b>Grief Coalition</b></p> <ul style="list-style-type: none"> <li>- Meeting immediately following the board meeting.</li> <li>- The group is working on a networking event for people who work with people who are bereaved.</li> </ul> <p><b>My Friend Abby</b></p> <ul style="list-style-type: none"> <li>- Received 501© 3 status.</li> </ul> <p><b><u>Committees</u></b></p> <p><b>Data and Surveillance</b></p> <ul style="list-style-type: none"> <li>- Will meet four times this year. Contact Celeste Jorge to be added to the distribution list <a href="mailto:celeste.jorge@ct.gov">celeste.jorge@ct.gov</a></li> </ul> <p><b>Intervention-Postvention Response</b></p> <ul style="list-style-type: none"> <li>- Connecting with Regional Suicide Advisory Boards to continue to enhance postvention planning and response.</li> </ul> <p><b>Lethal Means</b></p>	

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	<ul style="list-style-type: none"> <li>- Continuing collaboration with DOT with signage for high-risk overpasses; all towns who will have signage have responded to the letter.</li> <li>- First draft under review of brochure created to educate people about the Extreme Risk Protective Order.</li> </ul> <p><b>Attempt Survivors/Lived Experience</b></p> <ul style="list-style-type: none"> <li>- Meeting at 12:45pm after CTSAB.</li> <li>- Preparing recovery stories and looking for ways in which to share them.</li> <li>- The committee is not exclusive to only attempt survivors.</li> <li>- For more information, contact Valerie LePoutre <a href="mailto:vlpoutre@namict.org">vlpoutre@namict.org</a> or Paul Hammer <a href="mailto:paul.hammer@yale.edu">paul.hammer@yale.edu</a> .</li> </ul> <p><b>Zero Suicide</b></p> <ul style="list-style-type: none"> <li>- A learning community survey will be sent the end of the month to capture efforts in CT.</li> <li>- The March meeting will be prior to CTSAB and then the committee will meet bimonthly for two hours.</li> </ul> <p><b>Clinical Workgroup</b></p> <ul style="list-style-type: none"> <li>- Continuing to work on integrating the core competency curriculum into the Learning Management System. Narratives are being developed.</li> </ul> <p><b>Advocacy</b></p> <ul style="list-style-type: none"> <li>- Ann Irr Dagle attended the January 31, 2020, meeting at the LOB. Sen. Maroney and Sen. Abrams have a bill they want to submit through the Public Health committee. Spoke highly of the work of CTSAB.</li> <li>- April 14 is Advocacy Day at the Capitol.</li> </ul> <p><b>Armed Forces Committee</b></p> <ul style="list-style-type: none"> <li>- Next meeting is March 26, 2020, 10:00am at the Armed Forces Reserve Center in Middletown. If anyone is interested in joining the committee, contact Meagan MacGregor <a href="mailto:Meagan.e.macgregor.ctr@mail.mil">Meagan.e.macgregor.ctr@mail.mil</a></li> </ul> <p><b>State Conference</b></p> <ul style="list-style-type: none"> <li>- More info to come.</li> </ul> <p><b>State Plan</b></p>	

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	<ul style="list-style-type: none"> <li>- Currently in the revision phase of the plan and reaching out to individuals for more information.</li> </ul> <p><b><u>Suicide-related Federal Initiatives</u></b></p> <ul style="list-style-type: none"> <li>- GLS grant ends September 30, 2019.</li> <li>- DMHAS is applying for the National Strategy Zero Suicide grant focused on 25 year-olds and older.</li> </ul> <p><b><u>Regional Suicide Advisory Board Meetings</u></b>  <a href="https://www.preventsuicidect.org/about-us/regional-sab-business/">https://www.preventsuicidect.org/about-us/regional-sab-business/</a></p> <ul style="list-style-type: none"> <li>- CTSAB members are encouraged to also attend the quarterly Regional Suicide Advisory Board meetings, which are led by the RBHAOs.</li> </ul> <p><b><u>Awareness Campaign/Website/Outreach</u></b> <a href="https://www.preventsuicidect.org/">https://www.preventsuicidect.org/</a></p> <ul style="list-style-type: none"> <li>- Reminder to order materials through the website.</li> </ul>	
<b>V. Member Updates</b>	Meeting adjourned 11:20am	
<p><b>VI. 2019-2020 Meeting Schedule</b></p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MediQuick/Hartford Healthcare            91 Pomeroy Avenue            Meriden, CT</p> <p><b>In the event of inclement weather</b>, the CTSAB meeting is cancelled <b>only if</b> Meriden Schools are closed. If Meriden schools are delayed, the meeting will meet at the regular time. For closings and delays, visit:  <a href="https://www.wfsb.com/weather/closings/">https://www.wfsb.com/weather/closings/</a></p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a></p> <p><b>Dates/Presentations:</b></p> <ul style="list-style-type: none"> <li>- 2/13/20: Jimmy Choi, Institute of Living/Hartford Hospital, <i>Social Media &amp; Suicide</i></li> <li>- 3/12/20: Willow Lake, CT Department of Agriculture, <i>Farm Stress and Suicide</i></li> <li>- 4/9/20: Dr. David Tolin, Institute of Living/Hartford Hospital, <i>Brief CBT for Suicide Prevention</i></li> <li>- 5/14/20: Cathy Ludlum, <i>Suicide Prevention &amp; Assisted Dying</i></li> <li>- 6/11/20: Maureen Sullivan Dinna, <i>Health Assistance InterVention Education Network</i></li> <li>- 7/9/20: John P. Halligan and Emily B. Dickson, Book- <i>Ryan's Story: A Father's Hard-Earned Lessons about Cyberbullying and Suicide</i></li> <li>- 8/13/20: Lisa Buckley and Tim Buckley, <i>Project Paws: Animal Assisted Activity &amp; Therapy</i></li> <li>- 9/2020: <i>State Suicide Prevention Conference &amp; State Plan Release</i></li> <li>- 10/8/20: TBD</li> <li>- 11/12/20: Dr. Michelle Forella, <i>CT Vet Medical Association, Wellness Committee Efforts</i></li> <li>- 12/10/20 Amy Johannson, <i>Smile Anyway/Hidden in Plain Sight</i></li> </ul>	

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	<p><u>2020 Dates:</u> 1/9, 2/13, 3/12, 4/9, 5/14, 6/11, 7/9, 8/13, 9/9 (Nat'l SP Wk-State Conference), 10/8, 11/12, 12/10</p> <p><b>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</b></p>	