

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, December 8, 2016

Location: Armed Forces Reserve Center
Middletown, CT

Present: Christina Allen (VA Hospital), MAJ Javier Alvarado (CTARNG), Monica Asher (SAVE Hartford), Howard Asher (SAVE Hartford), Vincent Buffa (Jordan Porco Foundation), Wendy Caruso (United Way CT 2-1-1), Heather Clinger (Wheeler Clinic), Ann Irr Dagle (Brian Dagle Memorial Foundation), Andrea Duarte (DMHAS), Mike Dutko (CTARNG), Jim Fox (CTARNG), Penny Geyer (OCME), Karen Hanley (CHR), Latonya Harts (Newington VA), Celeste Jorge (DPH), Stephanie Luczak (Office of Child Advocate), Meagan MacGregor (CTARNG), Mike Makowski (DPH), Linda Mars (SAVE), Chris McCarty (CTARNG), Stephen Mendelsohn (Second Thoughts CT), Cecilia Miller (SAVE Hartford), Kim Moonan (DMHAS/GBCMHC), Allyson Nadeau (Beacon Health Options), Scott Newgass (SDE), Lucy Orellano (Office of Child Advocate), Simone Powell (CHR), Giselle Schochet (ECHN), Heather Spada (United Way CT), Tom Steen (CASAC), Kenyatta Thompson (UConn SSW), Trisha Vayda (Assn of School Nurses of CT), Faith Vos Winkel (Office of Child Advocate), Sara Wakai (UCHC), Cheryl Weinstock (Freelance Journalist) and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tom Steen welcomed the group and initiated introductions	
II. Presentations <i>SAVE (Suicide Awareness Voices of Education)</i> Dan Reidenberg, Psy.D. SAVE, Executive Director	Dr. Dan Reidenberg presented on SAVE (Suicide Awareness Voices of Education). The presentation included information on the organization's history, from its beginnings as a small group of volunteers focused on awareness to its current function as a leading national non-profit organization focused on suicide prevention, public awareness, education, grief support, resources, research, and training. For a copy of the presentation, visit: https://www.ctclearinghouse.org/Files/customer-files/2325-Hartford3SAVE-presentation.pdf	
III. Review of Minutes and Follow Up	Minutes from the November meeting were accepted.	
IV. Updates	<u>Foundations</u> SAVE-Hartford <ul style="list-style-type: none"> • Moving forward with planning a May event. Details to come. Brian T. Dagle Memorial Foundation <ul style="list-style-type: none"> • The third annual Niantic Jingle Ball 5k will take place on Saturday December 10 at McCook Point Park in Niantic; 550 registered to date. www.nianticjinglebell5k.itsyourrace.com • The Foundation is currently looking for property to open a Healing Center for Loss. • Continuing to expand the Lax2Live program to increase awareness. 	

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	<p>American Foundation for Suicide Prevention (AFSP)</p> <ul style="list-style-type: none"> • On November 19, both chapters participated in the International Survivors of Suicide Loss Day. Four events were held across the state with each showing the documentary “Life Journeys: Reclaiming Life After Loss.” To view the documentary, visit: https://afsp.org/find-support/ive-lost-someone/survivor-day/survivor-day-documentaries/ • The National Conference will be held in January, 2017. The Connecticut chapters will send 3 people from each chapter. • A training opportunity for SAFETALK will be held by AFSP in a central part of the state. More information to come. <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • Continue to develop the “4 What's Next” high school program. • In 2016, 58 Fresh Check Days were held across 14 states. Since 2012, 148 Fresh Check Days have been scheduled by 82 schools across 26 states and Washington, DC. The goal for 2017 is for 140 Fresh Check Days across 30 states. <p><u>Committees</u></p> <p>Armed Forces Community Health Promotion Council</p> <ul style="list-style-type: none"> • The Committee is moving forward with their anti-marijuana initiative. • A Peer to Peer support program staffed by National Guardsman is being established. • The next meeting will be held on Thursday, December 15, 2016. <p>Data and Surveillance</p> <ul style="list-style-type: none"> • The committee is looking to connect with the EMS Data System for information on suicide related death/attempts. • The CT Poison Control Center will be presenting their suicide data at the next committee meeting on January 9, 2017. • Looking into using the Syndromic Surveillance System from the DPH as another source of data. • The All-Payer Claims Database is coming online. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> • Additional folders were given to the Office of the Chief Medical Examiner. • Tom Steen reported that new people have attended support groups based on information from the folder they received. 	

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	<p>Lethal Means</p> <ul style="list-style-type: none"> • Andrea Duarte shared that this is a new committee formed to support the Public Health Block Grant. A meeting will be held on Thursday, December 15, 2016, 8:30am at the United Way in Rocky Hill. • The National Shooting Sports Foundation (NSSF) shared with Andrea and Tim their collaboration with AFSP in Utah on suicide prevention efforts. Andrea shared data resources with NSSF. <p>Student Wellbeing</p> <ul style="list-style-type: none"> • The committee is close to finalizing the protocol for the youth suicide prevention companion document. Before the information is finalized, they want to get feedback from the larger group. Enfield has agreed to be the pilot site. • An email will be sent out prior to the next CTSAB meeting with the information the committee is proposing. Part of the next meeting will be devoted to getting feedback from the board. <p>Zero Suicide</p> <ul style="list-style-type: none"> • Many healthcare systems across the state are adopting the Columbia-Suicide Severity Rating Scale (C-SSRS) into their internal systems. The committee has talked about how to train staff and how to develop protocols for responding to someone in crisis. • The February meeting will focus on how to use data for the CQI component. <p><u>Suicide-related Federal Grants</u> Garrett Lee Smith</p> <ul style="list-style-type: none"> • United Way is preparing to send out the statewide needs assessment next month. • CHR and ECHN will be hosting C-SSRS training with Adam Lesser in January targeted to specific groups. <p><u>Legislative/Budget Updates</u> 21st Century Cures Act</p> <ul style="list-style-type: none"> • The bill passed and will be signed into law. <p>Advocacy Day</p> <ul style="list-style-type: none"> • AFSP Advocacy Day is April 5, 2017. There will be a training in the morning followed by afternoon meetings with the legislators. 	

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	<ul style="list-style-type: none"> To participate, you must become an advocate with AFSP. Currently, there are just under 100 people signed up as advocates between the two CT chapters. <p>Representative Vahey</p> <ul style="list-style-type: none"> Andrea Duarte, Tim Marshall, Carol Meredith, DMHAS Director of Prevention, and Mary Kate Mason, DMHAS Legislative Program Manager, met with Representative Vahey, who is interested in continuing education for clinicians and education for educators in suicide prevention. <p>Dr. William Petit</p> <ul style="list-style-type: none"> Won his election in Plainville, CT. He has been a speaker at past AFSP walks. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> Andrea Duarte continually updates the website. If you find that links are not working or are inaccurate, let her know. Continue to encourage people to use the website if they need materials. Efforts are underway to distribute the current materials we have. <p><u>National Prevention Week</u></p> <ul style="list-style-type: none"> May 19, 2017: the focus is suicide prevention. Heather Spada suggested maybe hosting community conversations. 	
V. Member Updates	<p>Updates</p> <ul style="list-style-type: none"> Tom Steen and Jonathan Pohl will be conducting a QPR Train the Trainer on January 31, 2017, at Central Connecticut State University from 8:00 am – 4:30 pm. Information will be sent to the listserv. According to Andrea Duarte, Housatonic Community College is applying for the GLS grant. <p>The meeting adjourned at 10:55 am.</p>	
<p>VI. 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>1/12/17: Suzi Craig, Mental Health CT, <i>Mental Health Advocacy</i></p> <p>2/9/17: Megan Simonian and Victoria Ballet, students of Farmington High School and Chris Brennan, instructor at JEKL, Plainville, <i>Suicide Prevention Fitness Fundraiser Focused on Fostering Mental, Emotional and Physical</i></p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take</p>

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Reserve Center 375 Smith Street Middletown, CT 06457	<i>Empowerment</i> 3/9/17: Brad Cole (Spartacus) and Jenifer Adams (Gizmo), K9 First Responders, <i>Psychological Trauma Stress Management</i> 4/13/17: Xaviel Soto, Department of Consumer Protection, <i>Prescription Drug Monitoring Program (tentative)</i> 5/11/17: TBD 6/8/17: TBD 7/13/17: Jonathan Pohl, Central Connecticut State University, <i>Campus GLS Grant</i>	place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings