

CT Suicide Advisory Board Meeting Minutes

Meeting Date: October 8, 2020

Location: Zoom Virtual Meeting

Present: Daniella Arias (RYASAP), Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Rebekah Behan (UCHC), Kevin Borrup (CCMC), Sarah Camerota (United Way 211), Daniel Cargill (CCADV), Amanda Carrington, Heather Clinger (Wheeler), Laurie Collins (CT Assn SBHC), Yvette Cortez (DCF), Erika Cruz (DMHAS), Ann Irr Dagle (Brian Dagle Foundation), Michele Devine (SERAC), Andrea Duarte (DMHAS), Ellen Econs (DMHAS), Kelly Edwards (Clinton Youth and Family Svcs), Jennifer Esposito (Judicial Branch), Amy Evison (CHR), Tom Fulton (Wheeler), Louisa Foss-Kelly (SCSU), Paul Hammer (Yale Program for Recovery and Community Health), Amanda Hartman (UCFS), Brandon Jewell (SAVE), Tonya LaPlante (CTECS), Valerie Lepoutre (NAMI-CT), Jodi Lott (Gaggle), Mike Makowski (DPH), Tim Marshall (DCF), Maria Mason (McCall Center), Katie McMullan (UCONN), Giovanna Mozzo (The Hub), Allyson Nadeau (Amplify CT), Lucy Orellano (OCA), Beth Pizzuto (Beacon Health Options), Sam Rainey (Triangle Community Center), Steve Rogers (CCMC), Greg Simpson (Beacon Health Options), Tom Steen (Steen Consulting), Jennifer Sussman (UCHC CPES), Robin Tousey-Ayers (DPH), Faith VosWinkel (OCA), Marissa White (Correctional Healthcare Quality Improvement Solutions), Abby Wood (Western CT Coalition), and LoriBeth Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte, Tim Marshall and Tom Steen welcomed the group via Zoom.	
II. Presentation <i>Intersection of Domestic Violence and Suicide</i> Daniel Cargill Director of Law Enforcement Services CT Coalition Against Domestic Violence www.ctcadv.org	<p>Daniel Cargill presented on the Intersection of Domestic Violence and Suicide. The root of all domestic violence is control (physical, emotional, sexual, financial, technological). The Domestic Violence Fatality Review Task Force is a multi-disciplinary team that conducts retrospective reviews of interpersonal homicides and near fatalities. The Lethality Assessment Program was piloted in 2011 and is now utilized throughout the state.</p> <p>View the PowerPoint at this link: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/Intersection of DV Suicide 2020.pdf</p> <p>CCADV Resources: http://www.ctcadv.org/resource-library/publications/</p> <p>Lethality Assessment Program: http://ctlap.org/</p> <p>Connecticut’s Lethality Assessment Program 2017 Report http://www.ctlap.org/Documents/2017-LAP-Report.pdf</p>	

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III. Review of Minutes	August minutes approved.	
IV. Updates	<p><u>Foundations</u></p> <p>American Foundation for Suicide Prevention (AFSP) https://afsp.org/</p> <ul style="list-style-type: none"> - Fundraising is half of what it was last year. - November 21 is Survivors of Suicide Loss Day (virtual). More info to come. <p>Brian Dagle Foundation https://brianshealinghearts.org/</p> <ul style="list-style-type: none"> - Grief support groups are being held in person outside adhering to physical distancing guidelines. When groups move inside, there will be more groups of smaller size. - Understanding Your Grief is a new grief program. - The Jingle Bell 5K: December 5, 2020 (in-person and virtual). Collaborating with a local children’s museum to create a family scavenger hunt to find elves with bells. <p>Jordan Porco Foundation https://www.rememberingjordan.org/</p> <ul style="list-style-type: none"> - The “Linked 4 Life” event and Hartford Marathon are two events the weekend of October 10, 2020. <p>Grief Coalition</p> <ul style="list-style-type: none"> - No update. <p><u>Committees</u></p> <p>Data and Surveillance</p> <ul style="list-style-type: none"> - Next meeting is November 16, 2020, 10:00am-11:30am - ACES prevention grant awarded to CT. - CDC released a new National Vital Statistics Report on State Suicide Rates Among Adolescents and Young Adults Aged 10–24: United States, 2000–2018 discussing trends in suicide rates and state comparisons. - Substance Abuse and Mental Health Services Administration released the 2019 National Survey on Drug Use and Health (NSDUH). - CDC released <i>Morbidity and Mortality Weekly Report</i>, “Youth Risk Behavior Surveillance – United States, 2019,” includes an MMWR Surveillance Supplement featuring several articles written by experts from the CDC’s National Center for Injury Prevention and Control. 	

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	<p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> - The tear-off sheet with resources for police officers and OCME to give families at the scene of a suspected suicide is available to order on the www.preventsuicidect.org site. - The committee is working with a community on best practices following the untimely death of a youth and adults. <p>Lethal Means</p> <ul style="list-style-type: none"> - DEA National Prescription Drug Take Back Day on October 24, 2020, will be promoted through social media channels. <p>Attempt Survivors/Lived Experience</p> <ul style="list-style-type: none"> - The committee is working to establish a speakers' bureau. If anyone is interested, contact paul.hammer@yale.edu - The committee has acquired 10 free slots in the December 2020 Didi Hirsch Mental Health Services' Survivors of Suicide Attempts (SOSA) Group Facilitator Training for 5 teams of CT clinicians and individuals with lived experience so they may initiate this group model in the state. More information will be sent to the listserv. - An Alternatives to Suicide Group will begin in New Haven. More information to come. <p>Zero Suicide</p> <ul style="list-style-type: none"> - Next meeting is October 28, 2020. - Andrea Duarte, Nancy Hubbard, Patty Graham, and Sara Wakai reviewed the results of the learning community survey, which will help identify agenda items going forward. <p>Clinical Workgroup</p> <ul style="list-style-type: none"> - Meeting date to be scheduled. <p>Advocacy</p> <ul style="list-style-type: none"> - Many of the state legislators who have supported suicide prevention efforts are up for re-election in November. <p><u>Suicide-related Federal Initiatives</u></p> <ul style="list-style-type: none"> - Preventing ACEs (Adverse Childhood Experiences) grant was awarded to CT. <p><u>Regional Suicide Advisory Board Meetings</u></p>	

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	<p>https://www.preventsuicidect.org/about-us/regional-sab-business/</p> <ul style="list-style-type: none"> - Contact the lead for each region for more information regarding meetings and trainings. - North Central: At the August 25 meeting, discussed and provided resources for NSPM. CHR provided updates on their postvention training for Manchester and will share the report/plan with group to promote postvention in other communities. Hosted Talk Saves Lives TOT for the group and continues to promote QPR/Narcan training in the region. Next meeting is November 19 where the 2025 Plan will be reviewed and discussion will occur on goals/strategies to focus on going forward. - Eastern: Postvention training October 22 and 23. Regional suicide advisory board meeting is November 5. Moving forward with postvention plan development. QPR/Narcan virtual trainings occur on Thursdays. - Western: Reviewed Plan 2025 at the September meeting. Will be planning a postvention training. Continuing the virtual QPR/Narcan trainings. - South Central: Postvention training scheduled. - Southwestern: Many of the towns in the region are getting their sectors together to create their postvention plan. Members are currently being identified to be part of the prevention and postvention subcommittees. The new Commissioner of Greenwich Human Services is a member of the board. <p>Awareness Campaign/Website/Outreach https://www.preventsuicidect.org/</p> <ul style="list-style-type: none"> - New materials added to the website. 	
<p>V. Member Updates</p>	<p>H.R.7293 - STANDUP Act of 2020 https://www.congress.gov/bill/116th-congress/house-bill/7293/text</p> <p>Sandy Hook Promise release related to youth and trusted adult education https://www.prnewswire.com/news-releases/sandy-hook-promise-launches-new-no-cost-programs-to-prevent-youth-suicide-and-violence-301122336.html</p> <p>Meeting adjourned 11:08am.</p>	
<p>VI. 2019-2020 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>Dates/Presentations:</p> <ul style="list-style-type: none"> - 11/12/20: Dr. Michelle Forella, <i>CT Vet Medical Association, Wellness Committee Efforts</i> 	

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<p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<ul style="list-style-type: none"> - 12/10/20 Amy Johansson, <i>Smile Anyway/Hidden in Plain Sight</i> <p><u>2021 Meeting Dates/Presentations:</u></p> <ul style="list-style-type: none"> - 1/14/21: Tom Steen, Steen Consulting, <i>QPR for Substance Use Disorder Treatment</i> - 2/11/21: Gabriel Lomas, WestConn and Paula Gill Lopez, Fairfield University, <i>School System Peer Crisis Response</i> - 3/11/21: Sara Wakai, UConn Health, <i>Garrett Lee Smith Grant Outcomes (2015-20)</i> - 4/8/21: Erika Cruz, DMHAS and United Way of CT/211, <i>ACTION Line: Adult Mobile Crisis Call Center</i> - 5/13/21: Paul Hammer, Yale, and Valerie LePoutre, NAMI CT, <i>Attempt Survivor Advocacy</i> - 6/10/21: Maureen Pasko, VACT Healthcare, <i>Homelessness and Suicide</i> - 7/8/21: Kathy Chapman, DMHAS, <i>Impact of Gender on Suicide</i> - 8/12/21: Audrey Silva, UConn, <i>A Deaf Perspective of Mental Health and Suicide</i> - 9/9/21: Annual Meeting - 10/14/21: Sara Gaer, Suicide Prevention Specialist/Author, <i>Trauma and Suicide</i> <p>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</p>	