

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** Thursday, May 14, 2020

**Location:** Zoom Virtual Meeting

**Present:** Jeanette Baker (United Way CT), Scott Barton (Mashantucket Pequot Tribal Nation), Rebekah Behan (CHDI), Kevin Borrup (CCMC), Heather Clinger (Wheeler), Heather Clinton (DPH), Yvette Cortez (DCF), Erika Cruz (DMHAS), Belle Cyr (CHR), Ann Irr Dagle (Brian Dagle Foundation), Michelle Devine (SERAC), Andrea Duarte (DMHAS), Mike Dutko (CTARNG), Ellen Econs (DMHAS), Amy Evison (CHR), Luz Feliz (Advocacy Unlimited), Tom Fulton (Wheeler), Marisa Giarnella-Porco (Jordan Porco Foundation), Paul Hammer (Yale Program for Recovery and Community Health), Adriana Hilerio (Sayuri Integrative Services), Walter Krauss (DMHAS), Sarah Lorenzini (CTARNG/Western CT Coalition), Jodi Lott (Gaggle), Cathy Ludlum (Second Thoughts Connecticut), Mike Makowski (DPH), Tim Marshall (DCF), Crystallee Martel (Prevention Corps), Alexis May (Wesleyan University), Katie McMullan (UConn), Melanie Meyer (Tri-Town Youth Services), Lonny Mo (Scouts BSA, CT Rivers Council), Allyson Nadeau (Amplify CT), Lucy Orellano (OCA), John Panicek (Scouts BSA, CT Rivers Council), Jonathan Perloe (CT Against Gun Violence), Jonathan Pohl (CCSU), Simone Powell (CHR), Michelle Queen (Beacon Health Options), Nydia Rios Benitez (DMHAS), Jennifer Roberts (OCME), Scott Serviss (Solutions EAP), Gregory Simpson (Beacon Health Options), Brian Smith (DDS), Heather Spada (United Way CT), Janet Spoltore (Connecticut College), Tom Steen (Steen Consulting), Jennifer Sussman (CPES UCHC), Robin Tousey-Ayers (DPH), Faith VosWinkel (OCA), Sara Wakai (UCHC), Margaret Watt (The Hub), Marissa White (Correctional Healthcare Quality Improvement Solutions), Abby Wood (Western CT Coalition), LoriBeth Young (DSS), and Carleen Zambetti (DMHAS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
<b>I. Welcome and Introductions</b>	Andrea Duarte, Tim Marshall and Tom Steen welcomed the group via Zoom.	
<b>II. Presentation</b>  <i>Suicide Prevention, Assisted Suicide, and Vulnerable Populations</i> Cathy Ludlum Second Thoughts Connecticut <a href="mailto:cathyludlum@cox.net">cathyludlum@cox.net</a> 860-649-7110	Cathy Ludlum presented a comprehensive overview of assisted suicide, its incongruity with suicide prevention efforts and the impact on vulnerable populations.  View the presentation at this link: <a href="https://zoom.us/rec/share/3e9EK5vI_11JQ6_RsRuDWYMBEbjGeaa81ikX_6ENy0eHFEPBPCKuVNtAB_JSrkJZ?startTime=1590509548000">https://zoom.us/rec/share/3e9EK5vI_11JQ6_RsRuDWYMBEbjGeaa81ikX_6ENy0eHFEPBPCKuVNtAB_JSrkJZ?startTime=1590509548000</a>  View the PowerPoint at this link: <a href="https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_Assisted_Suicide_2020_05_14_FINAL.pdf">https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/CTSAB_Assisted_Suicide_2020_05_14_FINAL.pdf</a>	
<b>III. Review of Minutes</b>	April minutes approved.	
<b>IV. Updates</b>	<b><u>Foundations</u></b> <b>American Foundation for Suicide Prevention (AFSP)</b> <a href="https://afsp.org/">https://afsp.org/</a> <ul style="list-style-type: none"> <li>- Fall walks are being planned.</li> <li>- Talk Saves Lives trainings are being held held virtually.</li> <li>- Every Friday there is a check-in through Facebook Live on the Connecticut page.</li> </ul>	

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	<p><b>Brian Dagle Foundation</b> <a href="https://brianshealinghearts.org/">https://brianshealinghearts.org/</a></p> <ul style="list-style-type: none"> <li>- Grief support groups are being held via Zoom.</li> <li>- Save the date for the Jingle Bell 5K: December 5, 2020</li> </ul> <p><b>Jordan Porco Foundation</b> <a href="https://www.rememberingjordan.org/">https://www.rememberingjordan.org/</a></p> <ul style="list-style-type: none"> <li>- Check In At Home is a modified version of Fresh Check Day. <a href="https://www.rememberingjordan.org/check-in-at-home/">https://www.rememberingjordan.org/check-in-at-home/</a></li> <li>- Westfield State University held a successful virtual Fresh Check Day. There will be a webinar June 16 for colleges on how to conduct a virtual Fresh Check Day.</li> <li>- Junior Advisory Committee</li> <li>- The gala is virtual.</li> </ul> <p><b>Grief Coalition</b></p> <ul style="list-style-type: none"> <li>- No update.</li> </ul> <p><b><u>Committees</u></b></p> <p><b>Data and Surveillance</b></p> <ul style="list-style-type: none"> <li>- Data is being reviewed internally.</li> <li>- Virtual meeting on May 18.</li> <li>- 2019 Connecticut School Health Survey can be accessed at: <a href="https://portal.ct.gov/DPH/Health-Information-Systems--Reporting/Hisrhome/Connecticut-School-Health-Survey">https://portal.ct.gov/DPH/Health-Information-Systems--Reporting/Hisrhome/Connecticut-School-Health-Survey</a></li> </ul> <p><b>Intervention-Postvention Response</b></p> <ul style="list-style-type: none"> <li>- Creating a tear-off sheet for police so they can share resources.</li> <li>- 500 packets have been distributed by OCME; more packets will be supplied.</li> </ul> <p><b>Lethal Means</b></p> <ul style="list-style-type: none"> <li>- United Way is conducting a pilot with CCMC and IOL on the distribution of medication lockboxes.</li> </ul> <p><b>Attempt Survivors/Lived Experience</b></p> <ul style="list-style-type: none"> <li>- Meeting immediately following CTSAB at 11:15am via Zoom.</li> <li>- Looking into incorporating suicide prevention into peer specialist support training; if anyone knows of peer support programs, contact Paul Hammer <a href="mailto:paul.hammer@yale.edu">paul.hammer@yale.edu</a> or Valerie Lepoutre <a href="mailto:vlepoutre@namict.org">vlepoutre@namict.org</a></li> </ul>	

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	<p><b>Zero Suicide</b></p> <ul style="list-style-type: none"> <li>- Approximately 40 systems are involved in the learning community.</li> </ul> <p><b>Clinical Workgroup</b></p> <ul style="list-style-type: none"> <li>- On hold due to the COVID-19 response.</li> </ul> <p><b>Advocacy</b></p> <ul style="list-style-type: none"> <li>- AFSP Virtual Advocacy Day will be June 1 for one hour. Contact Ann Irr Dagle if interested in attending. <a href="mailto:ann@brianshealinghearts.org">ann@brianshealinghearts.org</a></li> </ul> <p><b>Armed Forces Committee</b></p> <ul style="list-style-type: none"> <li>- On hiatus during the response of the Guard to the COVID-19 pandemic.</li> </ul> <p><b>State Conference</b></p> <ul style="list-style-type: none"> <li>- Due to the COVID-19 federal and state guidelines regarding large group events, there will not be a state conference in September. Resources will be reallocated to support current mental health efforts related the impact of the COVID-19 pandemic.</li> <li>- The state plan will be presented via a virtual meeting on September 10, 2020.</li> </ul> <p><b>State Plan</b></p> <ul style="list-style-type: none"> <li>- Data collection and feedback is complete. The plan will be presented in September.</li> </ul> <p><b>Suicide-related Federal Initiatives</b></p> <ul style="list-style-type: none"> <li>- DMHAS submitted a proposal for the National Strategy Suicide Prevention grant, which is community-focused for adults 25 years-old and older.</li> <li>- SAMHSA released an RFP to support states and communities during the COVID-19 pandemic to prevent suicide and includes a special focus on victims of domestic violence.</li> <li>- DPH is preparing a proposal for the suicide prevention RFP that was released by the Centers for Disease Control and Prevention (CDC).</li> <li>- The National Suicide Prevention Lifeline calls are increasing.</li> <li>- Mobile Crisis Intervention Services calls have started to increase since March.</li> </ul> <p><b>Regional Suicide Advisory Board Meetings</b>  <a href="https://www.preventsuicidect.org/about-us/regional-sab-business/">https://www.preventsuicidect.org/about-us/regional-sab-business/</a></p> <ul style="list-style-type: none"> <li>- Transitioned to virtual meeting and conference calls. Contact the lead for each region for more information.</li> </ul>	

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	<p><b>Awareness Campaign/Website/Outreach</b> <a href="https://www.preventsuicidect.org/">https://www.preventsuicidect.org/</a></p> <ul style="list-style-type: none"> <li>- Materials can be ordered on the website.</li> </ul>	
<b>V. Member Updates</b>	<p>Tim Marshall reported that the parent caregiver support line “Talk it Out Line” 1-833-258-5011 launched. The focus is to provide a compassionate presence offering care and support. <a href="http://www.talkitoutct.com/">http://www.talkitoutct.com/</a></p> <p>Jennifer Sussman, DMHAS Center for Prevention Evaluation and Statistics (CPES) at UConn Health, thanked CTSAB members who completed the Community Readiness Survey.</p> <p>Meeting adjourned 11:02am.</p>	
<p><b>VI. 2019-2020 Meeting Schedule</b></p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>Meetings are currently scheduled virtually. Please refer to the monthly meeting announcement for meeting information.</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a></p> <p><b>Dates/Presentations:</b></p> <ul style="list-style-type: none"> <li>- 6/11/20: Maureen Sullivan Dinna, <i>Health Assistance InterVention Education Network</i></li> <li>- 7/9/20: John P. Halligan and Emily B. Dickson, Book- <i>Ryan's Story: A Father's Hard-Earned Lessons about Cyberbullying and Suicide</i></li> <li>- 8/13/20: Lisa Buckley and Tim Buckley, <i>Project Paws: Animal Assisted Activity &amp; Therapy</i></li> <li>- 9/10/2020: <i>State Suicide Prevention Conference &amp; State Plan Release</i></li> <li>- 10/8/20: TBD</li> <li>- 11/12/20: Dr. Michelle Forella, <i>CT Vet Medical Association, Wellness Committee Efforts</i></li> <li>- 12/10/20 Amy Johannson, <i>Smile Anyway/Hidden in Plain Sight</i></li> </ul> <p><u>2020 Dates:</u> 1/9, 2/13, 3/12, 4/9, 5/14, 6/11, 7/9, 8/13, 9/9 (Nat’l SP Wk-State Conference), 10/8, 11/12, 12/10</p> <p><b>Subcommittee meetings are listed in the monthly meeting announcement sent on the CTSAB listserv.</b></p>	