



Meeting Date: October 3, 2019

Location: SERAC

Present: Valerie Geato, Scott Barton, Ann Dagle, Emily Belvale, Kim Davis, Joe Trelli, Angela Skelley, Katie Bell, Janelle Turley, Sabena Escott, Virginia DeLong, Carolyn Wilson, Tina Salcedo, Tracy LaChapelle, Allie Nadeau

Staff: Michele Devine, Angela Duhaime, Christine Miskell, Vickie Meyer, Deborah Walker, Peter Schultheis, Alaina Milukas

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Purpose of Postvention Team	To make recommendations regarding possible action in the event of a traumatic loss.	NA
Action Plan Ideas	<ul style="list-style-type: none"> • Developing a community postvention plan before a tragic event occurs • Identifying gaps in services • Identifying the five-top people in the community, making sure the right people are aware of what happened. • Identifying with the assistance of the immediate family any secondary relationships such as school system, workplace, youth services, sports teams, clubs, activities, churches, work environment, neighborhoods and communities. • Providing support to all of those systems and creating a long-term plan to maintain outreach especially special times like graduation, prom, birthdays, holidays, etc. • Create a flow-chart for each community to contact. • The postvention team would need a point team for each community. 	SERAC staff will begin drafting a flow chart for post-vention activities. Members will also begin conversations at their respective agencies to explore who the key leaders are at the town level.
Suicide Advisory Report:	Suicide Advisory Board reported that an upcoming survey's results, along with qualitative information, and local voices will help inform the state's suicide planning.	N/A

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Postvention Issues	<ul style="list-style-type: none"> • Further explore the best practices in holding candlelight vigils. • Social media posts and the most beneficial response to comments. • Increasing language sensitivity from “commit nor complete suicide” but instead using “lost or death to suicide or suicide death.” • Exploring the ripple effect suicide causes the community • How to gain permission from family to contact and permission to share how they died • Making sure that the information received by all parties in a school is the same message • How to control when and where students receive it • How to convey the message in the same consistent manner 	Next step is formalizing the process and creating materials for “toolkit.”
Postvention Barriers	<ul style="list-style-type: none"> • How quickly news spreads with kids and phones • Mass emails • Language with clergy • Cultural barriers 	Members agreed to follow up for more details and actions to overcome the barriers.

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Who needs to be included in postvention	Family would assign a key postvention person who would answer questions and field phone calls as a postvention liaison EMS/Police—state police, town police, (dispatchers)→ to police regarding EMPS Family—immediate family (family structure) School—superintendent/principal (recommend reaching out to social worker) Town Official/tribal member—town CEO (recommend you reach out to YSB, park/rec, youth sports) Mobile Crisis Outreach (youth/adult) Employer Interests/Hobbies Neighborhood Providers, mental health, physician, therapist Church Military	Information will help to provide information in creating a flow chart.
Possible training opportunities with:	Church community Schools Tribes Law enforcement Workplaces Military bases/housing	Members will reach out to their communities and suggest training opportunities at the local level.