



**SERAC Region 3 Postvention Planning Meeting Minutes**

**Meeting Date:** November 7<sup>th</sup>, 2019

**Location:** SERAC

**Present:** Janelle Tuney, Leigh Raposa, Kristen King, Tracy LaChapelle, Katie Bell, Michele Devine, Jen Buckley, Vickie Meyer, Peter Schultheis, Deborah Walker, Alaina Milukas

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
Update from last month's meeting	K-Company (Groton Sub-Base) provides support for the family for a tragic loss but does not provide additional support for the community at large.	NA
Postvention liaison role	Currently there is no sustainable state infrastructure for suicide prevention. Each community liaison would be the point person to notify stakeholders and ensure there are supports in place within the community. EAPs may be a good resource within towns and businesses. In communities with coalitions, the coalition leader could become the liaison. It is recommended that someone counseling the community in crisis should not be the postvention liaison in effects to promote positive self-care practices.	The Executive Director will follow up on conversations with DMHAS representatives on the development of an infrastructure.
Structure of Community notification of tragic loss	<p>A discussion took place regarding:</p> <ul style="list-style-type: none"> <li>• Familial notification prior to postvention conversations with the community</li> <li>• Establish a family spokesperson</li> <li>• The organization of a call tree (see attached)</li> <li>• The importance of EMPS to the schools and summer programs, responding to any tragic loss.</li> <li>• The difficulty of reaching people outside of business hours and establishing a 24/7 contact list</li> </ul>	NA

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Opportunities/Barriers	<ul style="list-style-type: none"> <li>• Training and communication templates available to stakeholders prior to crisis.</li> <li>• Training on appropriately communicating loss to students.</li> <li>• Difficulties keeping confidentiality within the community about the nature of the loss.</li> <li>• Encourage superintendent to reach out to EAP to provide support for faculty</li> <li>• Allow faculty to be a part of the crisis team so that they can maintain ongoing support to students</li> <li>• Research local emergency preparedness plans to see if there are opportunities to integrate postvention plans</li> </ul>	<p>A suggestion was made to members to inquire about town department/organizational plans for emergency preparedness for discussion at the January meeting.</p>