AT RISK STUDENTS
Students in some groups are at higher risk for suicide than other students. These groups may include:

- Students who previously attempted suicide or who know someone who died by suicide
- Students with a mental health concern
- Victims of abuse or harassment
- Students who harass or abuse others
- Students who are gay, lesbian, bisexual, transgender, or questioning their sexuality
- Students who abuse alcohol or other drugs
- Students who are highly aggressive or impulsive
- Perfectionists and high-achievers, or potential dropouts
- Students dealing with a recent loss in the family, including pets
- Students experiencing stressful life events (divorce/separation, move, parent loss of job)
- Students that do not have an adult to go to for help
If you observe the following student behaviors, please take the time to share your concern with the student:

- Expressions of sadness and/or hopelessness
- Expression of wanting to harm him – or herself, or die
- Major change in affect, appearance or academic performance
- Major change in behavior such as aggression, withdrawal from peers or social isolation
- Struggling to keep up with routine

About 8 high school students in a classroom of 30 had a two-week period of a depressed mood in the past year.

Children may come to you before a counselor. Your observations and actions can help students.

IN CONNECTICUT IN 2015
About 4 high school students in a classroom of 30 seriously considered suicide.

IF YOU OBSERVE ANY OF THESE BEHAVIORS PLEASE BRING YOUR STUDENT TO: